Physician-Focused Payment Model Technical Advisory Committee LOI: Environmental Scan & Relevant Literature

BenchMark Rehab Partners Letter Dated: 9/20/2017 Letter Received: 9/21/2017

BenchMark Rehab Partners (BMRP) is an outpatient physical rehabilitation provider operating 300+ private outpatient clinics across 13 states. BMRP is proposing a payment model called CMS Support of Wound Care in Private Outpatient Therapy Clinics that lowers cost of care while providing chronic wound care services to Medicare beneficiaries.

The model will demonstrate the cost savings of using physical and occupational therapists in private outpatient settings compared to traditional outpatient hospital-based wound care centers. BenchMark aims to serve as a pilot institution for measuring the effectiveness of physical or occupational therapy intervention to manage wounds in Medicare recipients by tracking the patients' functional outcomes, total cost of treatment, and total time in treatment in 20 facilities nationwide, in geographically dispersed areas. This model proposes to treat and track patients by eliminating the Medicare cap and threshold exceptions, implementing a one-time reimbursable charge of \$250 per patient for wound care supplies, and allowing for the use and billing of the low cost skin substitutes and bioengineered dressings for patients. BMRP intends for this payment model to help demonstrate the effectiveness of physical and occupational therapy in the healing of chronic wounds, demonstrate the overall increase in functional outcomes experienced by patients with chronic wounds who are being primarily managed by physical and occupational therapists, and demonstrate the cost savings of utilizing physical and occupational therapists in outpatient, private settings versus traditional outpatient hospital-based wound care centers.

BenchMark's expected participants include 200 physicians, 10 physicians from each of the 20 wound treatment location.

Key Search Terms			
Active wound healing; Chronic wound care services; Cost; Hospital outpatient; Intervention; MACRA;			
Medicare; Medicare cap; Occupational therapy; Payment model; Physical therapy; Private outpatient;			
Reimbursement; Trad	itional hospital-	-based; Wound care	
Research Task	Research Task Section Contents		
Environmental Scan	Section 1	Key documents, timely reports, grey literature, and other materials gathered from internet searches (7).	
Relevant Literature	Section 2	Relevant literature materials (3).	
Related Literature	Section 3	Related literature materials (2).	

LOI Research Materials: Benchmark Rehab Partners

Section 1. Environmental Scan

Environmental Scan				
Key words: Cap; MACRA; Physical Therapy				
Organization	Title	Date		
Centers for Medicare &		Accessed on: 9/26/2017		
Medicaid Services (CMS)	Therapy Services	Last Modified: 9/19/2017		
Purpose/Abstract				
Background: Physical and	l occupational therapists will use a tot	al of eight new CPT codes to bill		
Medicare for evaluations	and re-evaluations.			
require the corresponding require the "GP" modifier Under Medicare Part B, "t incurred expensive for OT	, and (b) the new OT codes (97165 – 9 herapy caps" commonly refer to the a	(a) the new PT codes (97161 – 97164) 97168) require the "GO" modifier. annual limitations on per beneficiary mbined physical therapy and speech-		
	Additional Notes/Commer	nts		
	ut the therapy caps and other therapy	y payment policies, please see:		
	ms Processing Manual, <u>Chapter 5</u> .			
 For applicable cov Policy Manuals: 	erage policies for therapy services, pl	ease refer to the Medicare Benefits		
	20 and 230 of <u>Chapter 15</u> , and <u>Chapte</u> ensive Outpatient Rehabilitation Facili			

Environmental Sca			
Key words: Chronic woun	d care; CMS; Healing; Payment model; Reimbursem	ent	
Journal	Title	Date	
Today's Wound Clinic	Wound Care Reimbursement in 2017:		
	Manufacturers & Management Companies	3/3/2017	
	Speak Out		
	Purpose/Abstract		
 information on how their reimbursement system for <i>Summary</i>: Alliqua Biomedic and efficient resu- published covera- outpatient depar Comprehensive H hyperbaric progra alternative option readmissions and Integra LifeScien- incentives to end they receive. How wounds since wo system moving to deliver, and are r tissue-based pro- customized to dii leads to direct co- in increasing acco- system. ManukaMed is a Analysis and Cod- manufacture a p 	nufacturers and management companies in the Unit r business models are adapting to the volume-driver or wound care. dical, Comprehensive Healthcare Solutions Inc., Inter- cess and limitations within their models. al states that while their products are clinically provults, their best clinical outcomes are not cost-effective age policies. They state the biggest challenge with M rtment packaging of payments into the primary serv Healthcare Solutions Inc. has assisted in developmer ams in hospitals nationwide. Comprehensive offers ns to produce cost-effective wound care service tha d length of hospital stays. ces states the current fee-for-service (FFS) model pr courage practitioners to deliver more services to incr wever, an FFS healthcare system is not cost-efficient bund care requires multiple visits from the patient. L owards a value-based structure, practitioners are par rewarded or penalized for patient outcomes. Integra ducts have shortened healing times compared to sta fferently sized wounds to reduce waste. The reduce ost savings on the products and total cost of the care ess of care to patients and lowering overall cost of c small wound care company who faced challenges w ling (PDAC) ruling made in August 2015. The compar roduct that met CMS specifications, called MEDSAF, options as fixed-fee-coded dressings covered by CMS	n and value-driven egra Life Sciences, and ren to produce effective ve. There is a lack of ledicare is the hospital ice. In tof wound and/or customization and it helps reduce rovides financial rease the reimbursement t to healing chronic Jnder a healthcare aid in the services they a's advanced cellular and andard therapies, and are d number of applications e, which ultimately results are to the healthcare with the CMS Pricing, Data ny was able to that can be included in	

Environmental Sca	n	
Key words: physical therapy; wound management		
Journal	Title	Date
Academy of Clinical Electrophysiology & Wound Management (ACEWM)	The Role of Physical Therapists in Wound Management	1/2017
Purpose/Abstract		
Management Special Inte will be recognized as vita <i>Summary</i> : This white par discussion of contemport involvement across pract physical therapist can co required of entry-level ar several exercise interven wound management var state. PT involvement ran paper also discusses stra	Background : The Academy of Clinical Electrophysiology and Wound Management's (ACEWM) Wound Management Special Interest Group's (WMSIG) vision for the future is that physical therapists (PTs) will be recognized as vital members of the multidisciplinary wound management team. Summary : This white paper describes the role of physical therapists in wound management through discussion of contemporary entry-level education, intervention, state-specific considerations, and involvement across practice settings, and reimbursement issues. The paper states ways in which a physical therapist can contribute to a wound care team. It discusses the extensive knowledge required of entry-level and post-professional PTs on wound management as well as provides a list of several exercise interventions to enhance healing and improve functional outcome. PT involvement in wound management varies by state, since there is clearly defined text regarding PT practice for each state. PT involvement ranges from acute care, outpatient, and skilled nursing practice settings. The paper also discusses strategies to help establish a structure for reimbursing PTs in wound management around coverage, coding, and payment.	
	Additional Notes/Comments	

Environmental Scan		
Key words: Code; Billing; Medicare; Wound care		
Organization	Title	Date
Centers for Medicare & Medicaid Services (CMS)	Billing and Coding Guidelines for Wound Care	1/1/2017
Purpose/Abstract		
guidelines for wound car <i>Summary:</i> The document and four coding guideline	t provides 13 billing guidelines (CPT Codes 97597, 9 es. Additionally, the guidelines also indicate two rea ement in POS other than inpatient hospital, outpatie	7598 and 11042-11047) sons for denial: 1)
	Additional Notes/Comments	
additional resources on t	py Association (APTA) provides summaries, fact she he Medicare physician fee schedule for billing and c yment/Medicare/CodingBilling/FeeSchedule/	

Environmental Sca	า			
Key words: Medicare; Outpatient therapy				
Organization	Title	Date		
Noridian Healthcare	Outpatient Therapy Services	2017		
Solutions, LLC	<u>Outpatient merapy services</u>	2017		
	Purpose/Abstract			
-	Provider Outreach and Education (POE) Advisory Gr	•		
	presenting materials related to Outpatient Therapy Services for Medicare beneficiaries.			
	ion provides a background on Outpatient Therapy S	•		
	general therapy guidelines, information on Therapy			
evaluation of new codes, advance beneficiary notice, documentation, and additional Medicare				
information. More detailed Information can be found via links provided within the presentation.				
Additional Notes/Comments				

Environmental Scan		
Key words: Medicare; Wound care		
Journal	Title	Date
Advances in Wound Care	Medicare Payment: Surgical Dressings and Topical Wound Care Products	8/1/2014
Purpose/Abstract		
acute care hospitals, skilled suppliers, hospital-based o offices. <i>Summary:</i> According to nu party payer for patients wi patients' access to surgical professionals should consid dressings and topical wour payment systems, in additi or approval, when they are Specifically under the Outp payment system hospital-b receive payment for the se provided to the patients at wounds, are separately pay the patient has Medicare P Administrative Contractor supplies as durable medical equipment, canisters, dress medical equipment supplies for the negative pressure w Negative Pressure Wound	eviews the Medicare payment systems in acute care d nursing facilities, home health agencies, durable m utpatient wound care departments, and qualified h merous wound care management companies, Medi th chronic wounds. The Medicare payment system g dressings and topical wound care products. Qualifie der these payment systems, as well as the medical m d care products. Scientists and manufacturers shou on to the Food and Drug Administration (FDA) requ e developing new surgical dressings and topical wou patient Prospective Payment Systems (OPPS) resource pased outpatient wound care departments (HOPD), rvices, procedures, and/or separately payable drugs e each visit. Biologicals, such as cellular and/or tissue yable to the HOPDs if they are assigned a separately eart B coverage, and if the products are covered by t (MAC). Medicare considers negative pressure woun al equipment by Medicare, thus the HOPDs are not r sings etc. Instead, the patients acquire those items f er. However, the qualified wound care professionals wound therapy pumps, must follow the guidelines of therapy Pumps. The HOPDs can bill for the work of ump and dressings, as long as a surgical procedure (nedical equipment ealthcare professional icare is the largest third- greatly influences the ed healthcare necessity for surgical ild also consider these irements for clearance ind care products. ce-based Medicare the departments s and biologicals e-based products for y payable HCPCS code, if the Medicare id therapy pumps and required to supply the from their durable s, who write the order f the Medicare LCD for applying the negative

Additional Notes/Comments

subcutaneous tissues) is not performed at the same encounter.

Environmental Scan		
Key words: Medicare; Priv	ate outpatient; Wound care	
Organization	Title	Date
Centers for Medicare &	Developing Outpatient Therapy Payment	1/2012
Medicaid Services (CMS)	Alternatives (DOTPA)	1/2013

Purpose/Abstract

Background: Outpatient therapy services, composed of physical therapy, occupational therapy, and speech-language pathology, are covered by Part B of the Medicare program. The report provides descriptive information about the use and expenditure for outpatient therapy services in CY 2010. **Summary:** The overall results in CY 2010 for Outpatient Therapy Utilization are as follows: a total of 4,697,349 individuals received physical therapy (PT), occupational therapy (OT), and/or speech-language pathology (SLP) services. This number represents 13.5 percent of the 34,682,126 FFS beneficiaries11 enrolled in Part B, and a 1.4% increase from the total number of outpatient therapy users in CY 2009. PT had the most users at 4,156,895 (89.0 percent), followed by OT with 1,043,011 users (22.0 percent), and SLP with 526,628 users (11.0 percent). Note that the sum of users of PT, OT, and SLP services is greater than the total number of users because some patients receive therapy from multiple disciplines. Of the 4,697,349 beneficiaries who received therapy services under Medicare Part B in CY 2010, a total of 971,716 (20.7 percent) reached or exceeded at least one of the two therapy caps. Of those receiving OT, 236,148 (22.6 percent) exceeded the OT therapy cap; among those receiving either PT or SLP, 902,188 (20.5 percent) reached or exceeded the PT/SLP cap.

Additional Notes/Comments

Section 2. Relevant Literature

Relevant Liter	atura	
	c wound care; Medicare	
Journal	Title	Date
Value in Health	An Economic Evaluation of the Impact, Cost, and Medicare Policy Implications of Chronic Nonhealing Wounds	9/19/2017
Purpose/Abstract		
beneficiaries in ag <i>Methods:</i> This ret included beneficia ulcers, chronic ulc infections, surgica infections. The ma each wound type <i>Results:</i> Nearly 15 (not pneumonia). diabetic infections to \$96.8 billion. In (\$11.7, \$13.1, and highest cost estim followed by hospi <i>Conclusions:</i> Med recognized, with c appropriate qualit	n of this study was to determine the cost of chronic wound car gregate, by wound type and by setting. rospective analysis of the Medicare 5% Limited Data Set for car aries who experienced episodes of care for one or more of the ers, diabetic foot ulcers, diabetic infections, pressure ulcers, s I wounds, surgical infections, traumatic wounds, venous ulcer ain outcomes were the prevalence of each wound type, Medic and aggregate, and expenditure by type of service. % of Medicare beneficiaries (8.2 million) had at least one type Surgical infections were the largest prevalence category (4.0% s (3.4%). Total Medicare spending estimates for all wound type cluding infection costs, the most expensive estimates were fo \$38.3 billion), followed by diabetic foot ulcers (\$6.2, \$6.9, and ates in regard to site of service were for hospital outpatients tal inpatients (\$5.0–\$24.3 billion). icare expenditures related to wound care are far greater than care occurring largely in outpatient settings. The data could be by measures and reimbursement models, which are needed for arter spending for this growing population.	alendar year 2014 following: arterial kin disorders, skin s, or venous care expenditure for e of wound or infection 6), followed by es ranged from \$28.1 r surgical wounds d \$18.7 billion,). The (\$9.9–\$35.8 billion), previously used to develop more
	Additional Notes/Comments	

Wound care	
Title	Date
Physical Therapy in Wound Care	12/2015
	Title

Purpose/Abstract

Background: Management of chronic wounds remains unsatisfactory in terms of treatment cost and time required for complete wound closure (CWC). This study aimed to calculate the healing rates, estimated cost, and time required for CWC in wounds; compare estimated wound care costs between healing and nonhealing wounds; and compare cost effectiveness between venous leg ulcer (VLU) and non-VLU.

Methods: This was a retrospective cohort study performed at a physical therapy (PT) wound care clinic. Deidentified patient data in the electronic medical database from September 10, 2012 to January 23, 2015 were extracted.

Results: Among 159 included patients with wounds, 119 (74.84%) patients were healed with CWC. The included patients were treated for 109.70±95.70 days, 29.71±25.66 visits, and at the costs per treatment episode of $$1629.65\pm1378.82$ per reimbursement rate and $$2711.42\pm2356.81$ per breakeven rate. For patients with CWC (healing group), the treatment duration was 98.01±76.12 days with the time for CWC as 72.45±64.21 days; the cost per treatment episode was $$1327.24\pm1143.53$ for reimbursement rate and $$2492.58\pm2106.88$ for breakeven cost. For patients with nonhealing wounds, treatment duration was found to be longer with costs significantly higher (P < 0.01 for all). In the healing group, no differences were found between VLU and non-VLU in treatment duration (95.46 days vs. 100.88 days, P=0.698), time for CWC (68.06 days vs. 77.38 days, P=0.431), and cost (\$2756.78 vs. 2397.84 for breakeven rate, P=0.640) with the exception of wound dressing costs (\$329.19 vs. 146.47, P=0.001).

Limitations: Healing rates may be affected with patient exclusions. Costs at physicians' offices were not included.

Conclusion: Incorporation of PT in wound care appeared to be cost effective. PT may thus be a good referral option for patients with wounds. However, the results should be interpreted cautiously and further studies are warranted.

Additional Notes/Comments

Journal	c wound care; Intervention Title	Date
Applied Health	Economic Evaluations of Guideline-Based or	2000
Economics and Health	Strategic Interventions for the Prevention or	3/11/2014
Policy	Treatment of Chronic Wounds	
	Purpose/Abstract	
studies regarding guide	nronic wound care are significant, but systematic rev ine-based or strategic interventions are scarce.	
	es were to assess/compare the cost effectiveness o	
•	lesigned to improve the prevention/treatment of ch	
	rent care and provide decision makers with informa	tion on which to base
future interventions for	chronic wound management	
	-	
Study Eligibility Criteria	, Participants, and Interventions: The authors inclu	•
Study Eligibility Criteria economic evaluations o	r, Participants, and Interventions: The authors inclu f interventions published in English designed to prev	vent or treat adult chroni
Study Eligibility Criteria economic evaluations o wounds that were guide	, Participants, and Interventions: The authors inclu f interventions published in English designed to pre- eline-based or strategic in nature and from which ar	vent or treat adult chroni i incremental cost-
Study Eligibility Criteria economic evaluations o wounds that were guide effectiveness ratio or in	, Participants, and Interventions: The authors inclu f interventions published in English designed to pre- eline-based or strategic in nature and from which an cremental net health benefit was reported or could	vent or treat adult chroni i incremental cost- be calculated.
Study Eligibility Criteria economic evaluations of wounds that were guide effectiveness ratio or in Study Appraisal and Sys	b, Participants, and Interventions: The authors inclu f interventions published in English designed to pre- eline-based or strategic in nature and from which ar cremental net health benefit was reported or could inthesis Methods: Study and model characteristics a	vent or treat adult chroni i incremental cost- be calculated. nd outcomes were
Study Eligibility Criteria economic evaluations of wounds that were guide effectiveness ratio or in Study Appraisal and Sys	, Participants, and Interventions: The authors inclu f interventions published in English designed to pre- eline-based or strategic in nature and from which an cremental net health benefit was reported or could	vent or treat adult chroni i incremental cost- be calculated. nd outcomes were
Study Eligibility Criteria economic evaluations o wounds that were guide effectiveness ratio or in Study Appraisal and Sy extracted into pre-desig	b, Participants, and Interventions: The authors inclu f interventions published in English designed to pre- eline-based or strategic in nature and from which ar cremental net health benefit was reported or could inthesis Methods: Study and model characteristics a	vent or treat adult chroni i incremental cost- be calculated. nd outcomes were d on literature-reported
Study Eligibility Criteria economic evaluations o wounds that were guide effectiveness ratio or in Study Appraisal and Sy extracted into pre-desig	r, Participants, and Interventions: The authors inclue f interventions published in English designed to pre- eline-based or strategic in nature and from which an cremental net health benefit was reported or could inthesis Methods: Study and model characteristics a speed tables. Quality assessment of studies was based	vent or treat adult chroni i incremental cost- be calculated. nd outcomes were d on literature-reported
Study Eligibility Criteria economic evaluations of wounds that were guide effectiveness ratio or in Study Appraisal and Sy extracted into pre-desig methods. Studies were makers. Results: A total of 16 he	<i>p</i> , <i>Participants, and Interventions:</i> The authors inclue f interventions published in English designed to pre- eline-based or strategic in nature and from which and cremental net health benefit was reported or could <i>inthesis Methods:</i> Study and model characteristics a gned tables. Quality assessment of studies was based assigned strength of evidence ratings and recomme walth economic evaluations were included, of which	vent or treat adult chroni incremental cost- be calculated. nd outcomes were d on literature-reported ndation level for decision ten were trial based and
Study Eligibility Criteria economic evaluations of wounds that were guide effectiveness ratio or in Study Appraisal and Sy extracted into pre-desig methods. Studies were makers. Results: A total of 16 he	p , Participants, and Interventions: The authors inclue f interventions published in English designed to pre- eline-based or strategic in nature and from which and cremental net health benefit was reported or could inthesis Methods: Study and model characteristics a gined tables. Quality assessment of studies was based assigned strength of evidence ratings and recomme	vent or treat adult chron incremental cost- be calculated. nd outcomes were d on literature-reported ndation level for decision ten were trial based and
Study Eligibility Criteria economic evaluations of wounds that were guide effectiveness ratio or in Study Appraisal and Sy extracted into pre-desig methods. Studies were makers. Results: A total of 16 he six were wholly model b	<i>p</i> , <i>Participants, and Interventions:</i> The authors inclue f interventions published in English designed to pre- eline-based or strategic in nature and from which and cremental net health benefit was reported or could <i>inthesis Methods:</i> Study and model characteristics a gned tables. Quality assessment of studies was based assigned strength of evidence ratings and recomme walth economic evaluations were included, of which	vent or treat adult chroni incremental cost- be calculated. nd outcomes were d on literature-reported ndation level for decision ten were trial based and moderate, strength of
Study Eligibility Criteria economic evaluations of wounds that were guide effectiveness ratio or in Study Appraisal and Sy extracted into pre-desig methods. Studies were makers. Results: A total of 16 he six were wholly model b	b, Participants, and Interventions: The authors inclue f interventions published in English designed to pre- eline-based or strategic in nature and from which and cremental net health benefit was reported or could inthesis Methods: Study and model characteristics a gned tables. Quality assessment of studies was based assigned strength of evidence ratings and recomme walth economic evaluations were included, of which wased. Only three studies had high, and five studies in	vent or treat adult chroni i incremental cost- be calculated. nd outcomes were d on literature-reported ndation level for decision ten were trial based and moderate, strength of e shortcomings regarding
Study Eligibility Criteria economic evaluations of wounds that were guide effectiveness ratio or in Study Appraisal and Sy extracted into pre-desig methods. Studies were makers. Results: A total of 16 he six were wholly model b evidence and were reco time horizon, costs, effe	p , Participants, and Interventions: The authors incluin f interventions published in English designed to pre- eline-based or strategic in nature and from which and cremental net health benefit was reported or could in thesis Methods: Study and model characteristics a gread tables. Quality assessment of studies was based assigned strength of evidence ratings and recomme walth economic evaluations were included, of which based. Only three studies had high, and five studies in mmended for decision makers. All studies had some	vent or treat adult chroni incremental cost- be calculated. nd outcomes were d on literature-reported ndation level for decision ten were trial based and moderate, strength of e shortcomings regarding studies had major flaws.

Section 3. Related Literature

	cupational therapy; Payment; Physical therapy	
Journal	Title	Date
Physical Therapy	Refinements of the Medicare Outpatient	C /40 /2015
Physical Therapy	Therapy Annual Expenditure Limit Policy	6/18/2015
	Purpose/Abstract	
congressionally establish 2011, these caps were \$ \$1,870 for occupational Objective: This article co caps by therapy disciplin a single combined cap, a and functional status. Methods: Alternative the users (N=4.9 million). A r a quantile regression est assessments of functional Results: Equal discipline- speech-language patholo 2011 cap policy. A single expenditures above the across beneficiaries and diagnosis and functional Limitations: One limitati beneficiaries or provider caps was limited by sam Conclusions: Equal discip language pathology are in pathology than current of caps is a change that pol	nsiders the distributional effects of replacing cur e (physical therapy, occupational therapy, and sp nd risk adjusting the physical therapy cap using b grapy cap policies are simulated with 100% Medi- sk-adjusted cap for annual physical therapy expe- mated on a sample of physical therapy users wit I ability merged to their claims (n=4,210). specific caps of \$1,710 each for physical therapy, gy result in the same aggregate Medicare expen- combined-disciplines cap of \$2,485 also results i rap. Risk adjustment varies the physical therapy of equalizes the probability of exceeding the physic status groups. on of the study was the assumption of no behavi is to a change in cap policy. Additionally, analysis	review requirements. In pathology combined and rent cap policy with equal peech-language pathology) of eneficiary characteristics care claims for 2011 therap enditures is calculated from h diagnoses and clinician occupational therapy, and ditures above the caps as n the same aggregate cap by as much as 5 to 1 al therapy cap across oral response on the part of of risk adjusting the therapy nal therapy, and speech- rapy and speech-language peech-language pathology e therapy caps is a first step

Journal	Key words: CMS; Cost; Medicare; Physical therapy		
Journai	Title	Date	
The Journal of Bone and Joint Surgery	Associations Between Preoperative Physical	10/1/2014	
	Therapy and Post-Acute Care Utilization Patterns		
	and Cost in Total Joint Replacement		
	Purpose/Abstract		
bontributor to regional were operative physical the uring primary hip or known and the demographic character of the demographic char	e costs following acute hospital care have been identify variation in Medicare spending. This study investigated herapy and post-acute care resource use and its effect of hee arthroplasty. Ims data were analyzed using the Centers for Medicare r Diagnosis Related Group 470. Analysis included descr aracteristics, comorbidities, procedures, and post-acute d skilled nursing facility, home health agency, or inpatie y-day period after a surgical hospitalization. To evaluate ivariate techniques focused on post-acute care use and ta Set provided 4733 index hip or knee replacement ca Medicare hospital referral cluster. Post-acute care utiliz of care for the ninety-day episode. Overall, 77.0% of p ery. Post-acute care utilization decreased if preoperative f the preoperative physical therapy cohort using post-ac non-preoperative physical therapy cohort used post-ac nic characteristics and comorbidities, the use of preoper gnificant 29% reduction in post-acute care use, includin a largely by a reduction in post-acute care use, includin a largely by a reduction in payments for skilled nursing ind inpatient rehabilitation (\$172). preoperative physical therapy was associated with a 2 ervices. This association was sustained after adjusting stics, and procedural variables. th-care providers can use this methodology to achieve athway using preoperative physical therapy.	I the associations of on the total cost of card & Medicaid Services riptive statistics of the care utilization ent rehabilitation te the associations, we d total episode-of-care uses for analysis within the total episode-of-care uses for analysis within total episode-of-care uses for analysis within total episode-of-care uses for analysis within total episode-of-care uses for analysis within the total episode-of-care uses for analysis within total episode-of-care uses for analysis within the total episode-of-care uses for analysis within the total episode-of-care uses for analysis within total epi	

Overview

Title: Literature review regarding the evidence behind the use and effectiveness of skin substitutes in chronic wound care

Objective/ Research Question: What is the effectiveness of skin substitutes in the care of chronic wounds?

Methods: We searched Pubmed and GoogleScholar for recent systematic reviews (within the last 5 years) and randomized trials of skin substitutes for the treatment and care of chronic wounds in older adults. Within PubMed, systematic reviews as study type were searched for studies on the use of skin substitutes using keywords skin substitutes, chronic wounds, wound care, wound care program, diabetes, ulcers.

Six systematic reviews on topic were retrieved from 2015-2018, with preference given to more recent reviews and free articles. Most reviews and RCTs evaluated the efficacy or effectiveness of single product for single wound type—these were not retrieved as more summative information was needed for this limited review.

Background

Chronic wounds have a profound effect on a patient's health and quality of life, similar to that of living with serious kidney disease and heart failure⁶. Chronic wounds are those that fail to heal by three months and result in significant morbidity and mortality, particularly among older adults⁶. Estimates indicate that 6.5 million individuals are affected per year and numbers may be growing². Chronic wound incidence increases with age, with venous ulcers occurring three to four times as frequently and pressure ulcers five to seven times as frequently in individuals aged 80 or older, even when compared to those aged 65 to 70⁶. Ninety percent of all chronic wounds stem from diabetic ulcers, venous ulcers, or decubitus ulcers⁴, with 15 percent of patients with diabetes developing at least one foot ulcer in their lifetime⁵. These conditions are expensive for both patients and the health system, with estimates ranging from \$30,000 to as high as \$50,000 a year per patient^{2,4}. These costs can amount to between \$10 billion and \$25 billion annually for the medical system, and it is likely adults aged 65 and older account for the majority of these costs^{2,6}.

Standard of Care/Skin-Substitutes

The current standard of care (SOC) for chronic wounds includes debridement, infection control, pressure relief, and compression techniques. Closure rates for diabetic ulcers, for example, range from 21-35 percent (at 12-20 weeks, respectively), with high relapse rates even when closure is initially successful⁴. Ensuring a patient's nutritional status is critical for wound healing at every age including among elder adults, and evidence is emerging that glycemic control is particularly important for rate of wound healing among patients with diabetes^{2,6}. Ulcers stemming from diabetes, for example, fail to close at a rate of 30 percent within 20 weeks⁵. Alternative and second-line care approaches include negative-pressure wound therapy, hyperbaric oxygen therapy, electrical stimulation, ultrasound, and the use of skin-substitutes⁶.

Skin-substitutes can consist of biological substances, synthetic materials, or engineered as a hybrid of both materials that allow for placement on the site of a wound^{1,2}. Skin substitutes are broadly defined as being either cellular or acellular¹. Cellular substitutes contain viable cells seeded over matrix

material, which promote healing through secretion of cytokines and growth factors, while acellular substitutes function more as scaffolds on which the patient's natural fibroblasts and endothelial cells can synthesize new tissue¹. Both variations can be further broken down into the types of material, ranging from amniotic and placental substitutes with the widest applications, to more narrowly used bioengineered/human skin replacements⁴.

Evidence for the effectiveness of particular brands compared against SOC is more widely available than studies dedicated to the efficacy of any one type of skin substitute over another, making broad judgments about the efficacy of types of skin substitutes for types of wounds or groups of patients difficult³. Depicted in the table below are examples of results from clinical studies included in systematic reviews showing improved wound closure rates across brands when compared to control groups at 12 weeks^{1,4}:

Brand	Wound Closure Rate	Control Wound Closure Rate
Apligraf	51.5% - 56%	26.3% - 38%
Dermagraft	30% - 71.4%	14.3% - 18.3%
EpiFix	30%	18.3%
Grafix	62%	21%
OrCel	50%	31%
Oasis	54% - 55%	32% - 34%

Quality of the Evidence

Despite promising results, however, concerns about the quality of clinical trials of skin substitutes exist as well, with many limited by poorly defined outcomes, lack of standardization in data collection, and variation in the measurement and treatment of wounds⁶. In addition, skin-substitutes are costly though several studies indicate cost-effectiveness over a one-year period². Evidence of long-term wound closure rates and limb salvage rates are both currently lacking, thus any long-term cost-saving estimates must be considered cautiously^{2,5}. Biases have also been documented in studies of skin substitutes, partly because adequate blinding of study participants is almost impossible due to the highly visible nature of the intervention^{3,5}. Industry involvement in such studies is also a mainstay, with publication biases against negative results documented as well⁵. Finally, there is less evidence available for the effectiveness of skin-substitutes for non-diabetic ulcer wounds³.

In summary, skin-substitutes are thought to be effective when used as part of a multidisciplinary approach for managing chronic wounds that do not respond to more conservative or first-line therapies. For diabetic ulcers in particular, providing cells, soluble mediators, and matrix materials via skin substitutes can stimulate healing^{1,5}. Although skin-substitutes seem to increase the rate of healing, there is not yet enough evidence to form guidelines on their appropriate use at this time; current use is likely more dependent on availability and cost than effectiveness³. Cost-benefit analyses that use survival

analytic approaches and consider important outcomes such as rate of amputation, long-term follow-up, relapse and recurrence rates, and more comparable or homogenous measures of closure rate would help alleviate uncertainty about long-term results, effectiveness and cost-effectiveness if used broadly⁵.

References

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4: Pourmoussa A, Gardner DJ, Johnson MB, Wong AK. An update and review of cell-based wound dressings and their integration into clinical practice. Ann Transl Med. 2016 Dec;4(23):457. (Link)

5: Santema TB, Poyck PP, Ubbink DT. Systematic review and meta-analysis of skin substitutes in the treatment of diabetic foot ulcers: Highlights of a Cochrane systematic review. Wound Repair Regen. 2016 Jul;24(4):737-44. (Link)

6: Gould L, Abadir P, Brem H, Carter M, Conner-Kerr T, Davidson J, DiPietro L, Falanga V, Fife C, Gardner S, Grice E, Harmon J, Hazzard WR, High KP, Houghton P, Jacobson N, Kirsner RS, Kovacs EJ, Margolis D, McFarland Horne F, Reed MJ, Sullivan DH, Thom S, Tomic-Canic M, Walston J, Whitney JA, Williams J, Zieman S, Schmader K. Chronic wound repair and healing in older adults: current status and future research. J Am Geriatr Soc. 2015 Mar;63(3):427-38. (Link)

PRT Members requested staff respond to several questions (numbered below) related to PT/OT billing for application of skin substitutes, scope of practice, and debridement. Staff circulated the responses to PRT members via email on March 23, 2018.

1. The most important thing we need to clarify about reimbursement for wound care products is whether PT/OTs can currently bill and be paid for the skin substitute products under Medicare FFS and if not, why not (i.e., is there a coverage document somewhere that describes who can and can't bill and that explains why PTs/OTs can't bill for products that others can). Then we also want to confirm that all of these products are paid based on invoice cost for those who can bill for them.

The skin substitute products are only billed in conjunction with codes for application of a skin graft codes 15271-8 and C5271-8. Reimbursement for skin substitutes is packaged with the application procedure. CMS classifies skin substitutes as high cost and low cost based on ASP. The <u>2018 update to</u> <u>OPPS</u> has a table with high/low cost products, updated annually—providers bill 1527X if they use a highcost product or C527X for a low-cost product. In 2018, none of the substitutes qualifies for pass-through status (Puraply's pass-through status (Q4172) expired 12/31/17).

The submitter requested the ability to bill for C527X (low cost) codes. CMS confirmed that these are OPPS codes and must be billed in a hospital (or an ASC). CMS stated that PTs/OTs may be able to bill these codes in a hospital setting and/or under the guidance of physicians.

We did find some coverage documents that provide explanations for policies re billing for skin substitutes. I took away two main arguments from the MACs for restricting billing. The MAC viewed these codes as surgery that should be performed by physicians or other qualified health professionals (NPs, clinical nurse specialists, and PAs—no mention of PT/OTs). Medicare classifies these codes (TOS) as <u>Type 2</u>, <u>Surgery</u>. The MAC also stated the survivability of the skin substitute was jeopardized by inadequate handling. See <u>United Healthcare</u>, <u>Novitas</u> for examples.

2. The scope of practice issue relates specifically to "sharp debridement," not noninvasive debridement, and there is also a distinction within sharp debridement between "surgical debridement" vs. "conservative sharp debridement" and we need to understand whether scope of practice permits the latter. I doubt that surgical debridement is within scope for PTs/OTs anywhere, but conservative sharp debridement may be.

Below is a summary of different codes referenced in application of skin substitutes and wound care: <u>15002-15005</u>:

Description: Surgical preparation or creation of recipient site by excision of open wounds, burn eschar, or scar (including subcutaneous tissues), or incisional release of scar contracture, trunk, arms, legs; first 100 sq cm or 1% of body area of infants and children

No indication that PTs/OTs can bill for these codes; submitter didn't ask to bill for them. From <u>AAPC commentary</u>: "Codes 15002-15005 apply specifically to describe the work of "preparing a clean and viable wound surface for placement of an autograft, flap, skin substitute graft or for negative pressure wound therapy," according to CPT® guidelines. Surgical prep codes would not be reported for removal of nonviable tissue or debris in a chronic wound when it is left to heal by secondary intention. When a wound requires serial debridement, report active wound management (97597-97598) or debridement (11042-11047). If a wound requires negative pressure wound therapy, 15002-15005 are applicable in addition to 97605-97606."

97597/97598 (active wound management)

Debridement (eg, high pressure waterjet with/without suction, sharp selective debridement with scissors, scalpel and forceps), open wound, (eg, fibrin, devitalized epidermis and/or dermis, exudate, debris, biofilm), including topical application(s), wound assessment, use of a whirlpool, when performed and instruction(s) for ongoing care, per session, total wound(s) surface area; first 20 sq cm or less PTs/OTs can bill for this, subject to state scope of practice and LCDs; see <u>CGS LCD on outpatient therapy</u> Some background: stemming from <u>an OIG report</u> that found overuse and poor coding of codes 11040 and 11041 (debridement, skin—partial and full thickness), CMS deleted these codes in 2011 and directed all clinicians to use 97597/98 instead. If PTs/OTs bill them, they need to use the G-modifier and the codes are subject to the therapy cap; billing by other providers is not subject to therapy caps.

97602 (non-selective debridement):

Description: Removal of devitalized tissue from wound(s), non-selective debridement, without anesthesia (eg, wet-to-moist dressings, enzymatic, abrasion, larval therapy), including topical application(s), wound assessment, and instruction(s) for ongoing care, per session PTs/OTs can bill for this, subject to state scope of practice (also referenced in CGS LCD)

11042-11047 (subcutaneous/excisional debridement)

Description: Debridement, subcutaneous tissue (includes epidermis and dermis, if performed); first 20 sq cm or less

Notes: (For debridement of skin [ie, epidermis and/or dermis only], see 97597, 97598) <u>http://www.hcpro.com/HIM-283163-8160/Differentiate-between-types-of-wound-debridement.html</u>

Several coverage documents indicate that PTs/OTs cannot bill for these 1104X codes <u>Noridian</u> LC article on coverage for debridement restricts 11000 series to physicians, NPPS, and clinical nurse specialists (subject to scope of practice) The <u>CGS LCD on debridement</u> (L34032) specifically excludes PT/OTs.