

PHYSICIAN-FOCUSED PAYMENT MODEL TECHNICAL
ADVISORY COMMITTEE (PTAC)

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PUBLIC MEETING

+ + + + +

Virtual Meeting via Zoom

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Monday, February 23, 2026

PTAC MEMBERS PRESENT

TERRY L. MILLS, JR., MD, MMM, Co-Chair
HENISH BHANSALI, MD, FACP
LAURAN HARDIN, MSN, FAAN
LAWRENCE R. KOSINSKI, MD, MBA
JOSHUA M. LIAO, MD, MSc
WALTER LIN, MD, MBA
DAVID C. TYSON, MA

PTAC MEMBERS IN PARTIAL ATTENDANCE

LINDSAY K. BOTSFORD, MD, MBA
KRISHNA RAMACHANDRAN, MBA, MS

PTAC MEMBERS NOT PRESENT

SOUJANYA R. PULLURU, MD, Co-Chair
JAY S. FELDSTEIN, DO

STAFF PRESENT

MARSHA CLARKE, PhD, MBA, COR III, Designated
Federal Officer (DFO), Office of the
Assistant Secretary for Planning and
Evaluation (ASPE)
STEVEN SHEINGOLD, PhD, ASPE

A-G-E-N-D-A

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P-R-O-C-E-E-D-I-N-G-S

9:30 a.m.

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2
3 * CO-CHAIR MILLS: Good morning.
4 Welcome to this meeting of the Physician-
5 Focused Payment Model Technical Advisory
6 Committee, known as PTAC. My name is Dr. Lee
7 Mills, and I'm one of the co-chairs of PTAC,
8 along with Dr. Chinni Pulluru.

9 Since 2020, PTAC has been exploring
10 themes that have emerged from stakeholder-
11 submitted proposals over the years. Previous
12 PTAC theme-based discussions have focused on
13 topics such as reducing barriers to
14 participation in alternate payment models and
15 supporting primary and specialty care
16 transformation, encouraging rural
17 participation, improving management of care
18 transitions, and using data and health
19 information technology to transparently empower
20 consumers and support providers.

21 At this meeting, we've brought
22 together various subject matter experts to gain
23 perspectives on improving multi-payer alignment
24 in value-based care. We know that this topic
25 is also of interest to the CMS¹ Innovation

1 Centers for Medicare & Medicaid Services

1 Center. Before our first session of the day,
2 we're honored to have opening remarks from Ms.
3 Amy Turner, Deputy Director for Policy at the
4 Innovation Center. Ms. Turner brings over 25
5 years of experience in employee benefits,
6 regulatory policy, and health care
7 administration. Prior to joining the
8 Innovation Center, she was Deputy Director for
9 Policy for CMS' Center for Program Integrity,
10 where she was responsible for preventing fraud,
11 waste, and abuse in Medicare, Medicaid, and the
12 Marketplace.

13 Ms. Turner began her career at the
14 Department of Labor, where she led numerous
15 HHS², Department of Labor, and Treasury health
16 care regulatory teams, including serving as the
17 ACA³ implementation lead for the Department of
18 Labor and eventually Deputy Assistant Secretary
19 at Department of Labor's Employee Benefits
20 Security Administration.

21 Welcome, Amy.

22 * **Amy Turner, JD, Deputy Director for**
23 **Policy, Innovation Center, Centers**
24 **for Medicare & Medicaid Services**

2 Health and Human Services
3 Affordable Care Act

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(CMS) Remarks

MS. TURNER: Well, thank you. I am very excited to be here, although I admit here is actually my basement because it is snowing. I am sorry that I don't get to see everyone in person. I understand for those flying in, it probably ended up being a better call because it would've been horrible, particularly if you were connecting through some airport or something like that, to get stuck. Look forward to the opportunity, maybe, to see people in person next time. That would be great.

But I wanted to follow up just for maybe five or 10 minutes on some of Abe's remarks from last time when he talked to you in September, and talk to you about some of the progress that we've made, because I think we have been doing a lot to promote value-based care in ways that are of mutual interest since he spoke in September.

So folks may remember when Abe talked last time, he spoke about our strategy, which really just it is a piece of everything we do. We all have it memorized. We all think about it daily, if not hourly. We have three

1 strategic pillars. One is promoting preventive
2 care. The second is empowering patients. The
3 third is driving choice and competition. And
4 that is all built on a foundational principle
5 of being careful stewards of taxpayer funds.

6 So what have we done since
7 September? A lot. We actually, in 2025, when
8 Abe came in, he took a very holistic view at
9 the entire model portfolio, and there were some
10 models that were terminated early. There were
11 some where it was a decision made that they
12 would be terminating soon and just to let them
13 terminate because they weren't really showing
14 the results consistent with our statutory
15 mandate to either improve quality while holding
16 costs constant, reduce cost while holding
17 quality constant, or sort of, like, the perfect
18 scenario, nirvana, which is bringing down costs
19 while improving quality.

20 So there was this very holistic
21 look, and there was a decision made to launch -
22 - the hope was to launch 10. We ended up
23 launching nine new models in 2025. The tenth
24 model will hopefully be rolling out in the next
25 month or two. Those models all fit within
26 those principles. Four of them were drug

1 models. They all have these really catchy
2 names. BALANCE⁴, GLOBE⁵, GUARD⁶, and GENEROUS⁷.
3 The drug models, very, very focused on trying
4 to reduce costs in both Medicare and Medicaid,
5 free up those dollars for states, free up those
6 dollars for the Medicare Trust Fund, and,
7 speaking of multi-payer alignment, really maybe
8 set some principles and do some things that
9 other kinds of payers can also copy, employer-
10 sponsored insurance, for example, so that the
11 entire health care delivery system is
12 benefiting from savings.

13 So there were the four drug models.
14 We also did -- we did WISeR, which is the
15 Wasteful and Inappropriate Services Reduction
16 Model, before he spoke to you, so I'm not going
17 to focus there. But we launched the ACCESS⁸
18 Model. ACCESS, I think, is really exciting.
19 Like WISeR, it -- the idea is to leverage
20 technology to try to improve both care delivery
21 and reduce costs.

22 The thing about ACCESS is is that
23 it's using technology-supported care for people

4 Better Approaches to Lifestyle and Nutrition for
Comprehensive hEalth

5 Global Benchmark for Efficient Drug Pricing

6 Guarding U.S. Medicare Against Rising Drug Costs

7 GENERating cost Reductions fOR U.S. Medicaid

8 Advancing Chronic Care with Effective, Scalable Solutions

1 in original Medicare, but the payments are
2 outcome-aligned payments. So that, I think, is
3 really exciting and really new, where the
4 payments are not just a service was performed,
5 pay for it, an item was given, pay for it.
6 They're outcome-aligned payments. The payments
7 are tied to actual outcomes. I think that that
8 is a very, very exciting proposition.

9 Earlier this month, we announced a
10 wide range of payers representing 165 million
11 Americans with Medicare Advantage, Medicaid,
12 and private health insurance, that had signed
13 on to adopt an outcome-based payment structure
14 that is aligned with the ACCESS Model. More
15 and more information is starting to come out
16 about how we think that's going to work. We
17 really look forward to hearing folks. Folks
18 have been very active in giving us feedback,
19 and we're looking forward to continuing to
20 iterate with a wide variety of external
21 stakeholders to test ACCESS and see how we can
22 make it work in a way that really drives both
23 cost savings and improvements in the quality of
24 care.

25 Another thing I wanted to talk

1 about, MAHA ELEVATE⁹. This was announced on
2 December 11th, and this is -- as its name
3 portends, it is the Make America Healthy Again
4 agenda. The idea, I think, the way I think
5 about MAHA ELEVATE, is we have a lot of ideas.
6 We have a lot of really, really smart people
7 with interdisciplinary backgrounds. They are
8 physicians. We have pharmacists. We have
9 economists, PhD economists. We have lawyers.
10 We have people with all sorts of different
11 backgrounds. But despite the fact that the
12 Innovation Center prides itself in innovating,
13 we don't own all the good ideas. We are very,
14 very aware of that.

15 So one thing we do is we meet with a
16 lot of people and we take ideas, but MAHA
17 ELEVATE is actually put -- would put money out
18 there, put grants out there, essentially, for
19 other people to come up with ideas. So this
20 is, I think, a great opportunity to allow
21 others to find ways to attack sort of the root
22 causes of disease and health problems and look
23 for ways for others to innovate with grant
24 money given by the Innovation Center, we'll be

9 Make America Healthy Again: Enhancing Lifestyle and
Evaluating Value-based Approaches Through Evidence

1 taking applications, and look for ways to
2 improve health.

3 The last thing that I was going to
4 sort of focus on is the LEAD¹⁰ Model, which is
5 kind of the follow-up to the ACO¹¹ REACH Model.
6 So it's kind of -- I think of ACOs as kind of
7 the bread and butter of the Innovation Center.
8 But what we're trying to do there is just
9 constantly improve, constantly iterate. So the
10 idea behind LEAD, I think, is to sort of --
11 well, there's a lot of different ideas, but one
12 of them, and one I want to focus on with this
13 group since we're talking about multi-payer
14 alignment today, is really to emphasize on the
15 integration of Medicare and Medicaid services,
16 working with our partner states to develop a
17 framework for ACO-Medicaid partnership
18 arrangements. I think that that is very
19 exciting. There are a lot of people who are
20 duals, near-duals. I think there are a lot of
21 opportunities there.

22 So those are the -- some of the
23 things that we did in 2025. There were a rush
24 of them at the end of November and in December,

10 Long-term Enhanced ACO Design
11 Accountable Care Organization

1 and there is a lot more that we have plans that
2 I am sworn by secrecy, I can't talk about, but
3 I think there will be a lot more. Roughly the
4 same number of models we announced in 2025, I
5 expect there to be on or about a similar number
6 in 2026.

7 Some of those models will be
8 finalizing rules. For GLOBE and GUARD, they
9 were rulemakings. We did a notice of proposed
10 rulemaking. Same with IOTA¹², the kidney care
11 model. So we're -- we'll be looking to
12 finalize those in 2026. But there are also
13 other things that we are very energized about,
14 very excited about, and we'll be looking
15 forward to make announcements in 2026.

16 So appreciate thinking and talking
17 and discussions you guys are going to be having
18 today. We have a lot of our team that are
19 going to be listening in and doing other
20 presentations and looking for ways that we can
21 collaborate and share all of our learnings and
22 make sure that what we're doing is sort of
23 putting out the best ideas that we can, and
24 making sure that we're leveraging the multi-
25 payer alignment to have the most sort of bang

12 Increasing Organ Transplant Access

1 for our buck, thoughtful, and well-constructed
2 approach to improving health care delivery.

3 So with that, I think those were
4 most of the things that I planned to talk
5 about. I want to thank you in advance for your
6 time. I think it is a really, really, really
7 important goal and agenda and sort of mission
8 that we all share, which is to bend the cost
9 curve, frankly, and do something about the fact
10 that currently in this country, we are throwing
11 massive amounts of money at health care while
12 getting, my words, kind of meh, mediocre
13 results. Compared to other OECD¹³ countries, we
14 don't live as long. We don't live as well. We
15 throw a lot of money at the problem.

16 So working together, I think we can
17 find ways to turn that around and do a better
18 job for Americans. So thank you for having me
19 here today. I will be in and out throughout
20 the day, listening to some of the conversations
21 that you're having, and really appreciate the
22 work that you're doing. Thank you very much.

23 * **Welcome and Co-Chair Update -**
24 **Improving Multi-Payer Alignment in**
25 **Value-Based Care Day 1**

1 CO-CHAIR MILLS: Wonderful. Thank
2 you for sharing those remarks, Amy. We
3 appreciate your continued collaboration,
4 support, and engagement, and we look forward to
5 continuing our collaboration with the CMS
6 Innovation Center moving forward. So thank you
7 for those remarks.

8 For this public meeting's agenda, we
9 will explore a range of topics on improving
10 multi-payer alignment in value-based care,
11 including perspectives on multi-payer alignment
12 across programs within Medicare, lessons
13 learned from state value-based care models that
14 have implemented multi-payer alignment, and
15 addressing challenges to advance multi-payer
16 alignment.

17 This public meeting will focus on
18 direct multi-payer experiences with the goal of
19 identifying practical, actionable steps,
20 lessons learned, and innovative approaches that
21 CMS and other stakeholders can apply to advance
22 and operationalize multi-payer value-based care
23 models. The background materials for this
24 public meeting, including an environmental
25 scan, can be found on the public meeting
26 registration site and will be posted online on

1 the ASPE PTAC website's meeting page and the
2 public meeting registration site.

3 Throughout the meeting, we will hear
4 from many esteemed experts with a variety of
5 perspectives. I want to mention that tomorrow
6 morning will include a public comment period.
7 Public comments will be limited to three
8 minutes each. If you would like to give an
9 oral public comment tomorrow but have not yet
10 registered to do so, please email
11 ptacregistration@norc. Again, that's
12 ptacregistration@norc.org.

13 The discussion, materials, and
14 public comments from this public meeting will
15 inform a report to the Secretary of HHS on
16 improving multi-payer alignment in value-based
17 care. Over the next two days, the Committee
18 will discuss and shape our comments for the
19 upcoming report. In December, we posted a
20 request for input on the ASPE PTAC website to
21 give stakeholders an opportunity to provide
22 written comments to the Committee on improving
23 multi-payer alignment in value-based care. And
24 to date, we have received four responses that
25 the Committee may consider during their
26 discussion time.

1 I would also like to note that, as
2 always, the Committee is ready to receive
3 proposals on possible innovative approaches and
4 solutions related to care delivery, payment,
5 and other policy issues from the public on a
6 rolling basis. We offer two proposal
7 submission tracks for submitters, allowing
8 flexibility depending on the level of detail of
9 their payment methodology. You can find
10 information about submitting a proposal on the
11 ASPE PTAC website.

12 Lastly, on behalf of PTAC, I'm
13 pleased to share that the Committee is now
14 producing a series of Issue Briefs that
15 summarize the latest information and evidence
16 related to value-based care that the Committee
17 has explored, along with the input of experts
18 at the public meeting. Currently, six Issue
19 Briefs, along with highlights from PTAC's 2020
20 through 2025 theme-based public meetings, are
21 posted now on the ASPE PTAC website. The
22 Committee will be publishing new Issue Briefs
23 on additional topics in the near future.

24 *** PTAC Member Introductions**

25 CO-CHAIR MILLS: At this time, I'd
26 like to invite my fellow PTAC members to please

1 introduce themselves. Please share your name,
2 your organization. If you'd like to, feel free
3 to describe any experiences you have with our
4 topic. I'll start out.

5 I'm Lee Mills. I'm a family
6 physician. I serve as Chief Medical Officer of
7 Aetna Better Health of Oklahoma, one of the
8 state's three contracted managed Medicaid
9 plans. I spent 25 years in health care and
10 medical group operations and had the pleasure
11 to practice within, guide, or lead
12 approximately six CMMI¹⁴ innovation models over
13 the last 20 years.

14 Next, we will turn to Henish.

15 DR. BHANSALI: Morning, everyone.
16 My name is Henish Bhansali. I'm a primary care
17 physician by training in internal medicine. I
18 spent about 15 years working in value-based
19 care on the inpatient-outpatient side, most
20 recently as Chief Medical Officer for Medical
21 Home Network, prior to which I was at Duly,
22 DuPage Medical Group, as their Senior Vice
23 President for Medicare Advantage and ACO REACH.
24 Prior to that, I was at Oak Street Health.
25 Before that, at the University of Chicago.

14 Center for Medicare and Medicaid Innovation

1 I think the next person is Lindsay.

2 DR. BOTSFORD: Thanks, Henish.

3 Good morning. I'm Lindsay Botsford.
4 I'm a family physician in Houston, Texas, where
5 I continue to see patients, including Medicare
6 beneficiaries, as a PCP¹⁵, and serve as the
7 Regional Medical Director for the Midwest and
8 Texas for Amazon One Medical. I've been
9 working in ACOs and value-based payment models
10 for the last 15 years, including currently as
11 the Chair of the governing body of the Iora
12 Health Network, our ACO REACH entity, which is
13 continuing to produce savings over the last
14 couple performance years.

15 I'll pass it to Walter.

16 DR. LIN: Good morning, everyone.
17 My name is Walter Lin. I am a practicing
18 physician, founder of Generation Clinical
19 Partners. We are a medical group based in St.
20 Louis focused on the care of frail, expensive
21 Medicare beneficiaries living in senior living.
22 I'm also the Chief Clinical Strategy Officer
23 for LTC ACO and a Medical Director for our
24 PACE¹⁶ program as well.

15 Primary care provider

16 Program for All-Inclusive Care for the Elderly

1 I'll go ahead and pass it over to
2 Larry.

3 DR. KOSINSKI: Good morning,
4 everyone. I'm Larry Kosinski. I'm a retired
5 gastroenterologist. I practiced for 35 years
6 in the Chicagoland area, building the largest
7 GI¹⁷ practice in Illinois, the Illinois
8 Gastroenterology Group. Submitted one of the
9 very first PTAC proposals back in 2017, Project
10 Sonar, which was ultimately recommended (audio
11 interference) testing by the Secretary.

12 What Project Sonar did launch was a
13 -- SonarMD, which has taken the same value-
14 based initiative and applied it in the
15 commercial space. We are in multiple Blue
16 Cross plans around the country, and it's now
17 been active since 2020.

18 I am also the fractional CMO¹⁸ for a
19 startup, Jona, which is an AI¹⁹-powered
20 microbiome company. And then finally, my most
21 recent initiative is a company named VOCnomics,
22 built around a patient monitoring device, which
23 you can think of as an olfactory Alexa. I've
24 been on the Committee for five years. I look

17 Gastrointestinal
18 Chief Medical Officer
19 Artificial intelligence

1 forward to the next two days.

2 And I will --

3 CO-CHAIR MILLS: Lauran?

4 DR. KOSINSKI: -- pass it on to --
5 oh, Lauran. Okay.

6 MS. HARDIN: Good morning. I am
7 Lauran Hardin. I'm a nurse by training and
8 Chief Integration Officer for HC² Strategies.
9 HC² is focused on building healthy, connected
10 community approaches to complex populations.
11 My current work involves a lot of cross-sector
12 integration, bringing public health, health
13 systems, counties, states, and community-based
14 organizations into integrated models to serve
15 those with the highest needs.

16 My background has primarily been
17 focused on complex populations, originally
18 design and care management and multiple value-
19 based payment arrangements, as well as leading
20 an all-payer complex care center model that
21 scaled, was very successful, and was recognized
22 by the National Academy of Medicine and the
23 American Academy of Nursing.

24 I joined the Camden Coalition and
25 was part of the initial team to start the
26 National Center for Complex Health and Social

1 Needs, scaling models for complex populations
2 across the country with multiple partners. And
3 now I'm working deeply in that cross-sector
4 work, as well as innovation in Medicaid.

5 I will pass it on to Krishna.

6 MR. RAMACHANDRAN: Thanks, Lauran.

7 Krishna Ramachandran. I'm Chief
8 Information Officer for UnitedHealthcare. I've
9 spent 24 years in health care from a
10 technology, provider, and payer perspective,
11 most of it furthering value-based care, and
12 spent a few years in the multi-payer alignment
13 work as well. Yeah. Good to be in this
14 meeting. Exciting topic.

15 I will pass it on to Josh.

16 DR. LIAO: Morning, everyone. Josh
17 Liao, internal medicine physician. I've had
18 the pleasure over the last decade or more to
19 work on Alternative Payment Models and value-
20 based care and population health in a number of
21 different ways, including leading a portfolio
22 of research, engaging with state and other
23 policymakers, including states that have had
24 multi-payer initiatives and alignment, and also
25 kind of having system roles related to
26 population health and payment and care delivery

1 redesign strategy.

2 Currently, I'm a National AVP²⁰ for
3 Clinical Transformation at Ascension, where we
4 target Medicare and other Medicaid and
5 populations with technology within a policy
6 framework, including those related to APMs²¹.
7 I'm also a professor at the University of Texas
8 Southwestern Medical Center.

9 I believe I'll pass it to --

10 CO-CHAIR MILLS: David.

11 DR. LIAO: -- David.

12 MR. TYSON: Did you say David?
13 Okay. Yeah. Good morning. David Tyson. I'm
14 at Novant Health. I'm the Senior Director of
15 Public Policy. I believe I'm the newest member
16 of the PTAC, and also one of the few non-
17 physicians, so happy to be with you all and
18 look forward to getting started with the PTAC
19 moving forward.

20 * **PCDT Presentation: Improving**
21 **Multi-Payer Alignment in Value-Based**
22 **Care**

23 CO-CHAIR MILLS: All right. Thank
24 you all. Now, let's move to our introductory

20 Associate Vice President

21 Alternative Payment Models

1 presentation. PTAC members, you'll have an
2 opportunity to share any comments and ask
3 follow-up questions after the presentation.
4 Four PTAC members served on the Preliminary
5 Comments Development Team, or PCDT, which has
6 collaborated closely with staff in preparing
7 for this meeting.

8 Josh Liao was the PCDT lead, with
9 participation from Lindsay Botsford, Lauran
10 Hardin, and myself. I'm thankful for all the
11 time and the effort the PCDT has put into
12 organizing today's agenda. The PCDT will share
13 some of the findings from their analysis to set
14 the stage and the goals to frame up for the
15 meeting.

16 I'll turn it over to Josh. Take it
17 away.

18 DR. LIAO: Thanks, Lee.

19 And as Lee mentioned, you know, I am
20 one of a few members of the PCDT. And even
21 though I am holding the proverbial microphone,
22 a number of people and effort went into this
23 report, not just Lindsay, Lauran, and Lee's
24 time, but also staff from HHS and our partners
25 with NORC. I wanted to extend a word of
26 gratitude to them. Without their effort, we

1 wouldn't be able to present what we're having
2 here in this presentation.

3 So next slide, please.

4 So I think, just to give you a sense
5 of where I'd like to go over the next, you
6 know, 30 minutes or so, you know, I want to
7 begin with this idea of, you know, why are we
8 here online at this meeting? And why does PTAC
9 care about this topic of multi-payer alignment?
10 And then we'll zoom out from there, you know,
11 and kind of start with the why purchase and
12 begin with the proverbial end in sight.

13 You know, I think many conversations
14 about the health care system often begin with
15 what's broken and what needs improvement. And
16 that's important, and we'll give that
17 treatment. But I think beginning with the
18 outcomes that we want both in the ideals, but
19 also in -- for patients. And not just what we
20 want for models, but also for markets and
21 communities I think is important. So we'll
22 begin there with vision and value, and then
23 we'll kind of back our way in in this
24 conversation, and then think about if that's
25 the vision and the value of multi-payer models,
26 what might components of high-functioning

1 models look like? Identify some challenges
2 along the way.

3 And while that concept is really
4 good, I think it's also important to ground it
5 in what's happening now. What have we learned,
6 so to speak, from the ground? So where have we
7 seen public and private initiatives converging?
8 What's real? What's aspirational still? We'll
9 talk about those initiatives. And then
10 finally, just to kind of come back in, we'll
11 preview upcoming sessions that we have with
12 some of our subject matter experts over the
13 next day and a half.

14 So with that said, maybe a next
15 slide, please, and we'll jump right in.

16 So the reasons and objectives for
17 this theme-based meeting. I think, you know,
18 one is to identify successful approaches and
19 solutions for overcoming barriers to multi-
20 payer alignment in value-based care. And we
21 mean that widely, not just federal or state
22 models, but also across public and private
23 payers. Again, those ideas are great but
24 really identifying what are some concrete
25 short-run steps to get us to that alignment
26 that we aspire to. But then still, finally,

1 keeping our eye on this long-term goal of
2 alignment. You know, alignment is not just
3 getting quality measurements set up or a
4 playbook, but it is much bigger and much
5 broader, and it ends with the health and better
6 outcomes for patients and communities. So
7 those are our objectives here.

8 Next slide, please.

9 So why does PTAC care? You know, we
10 have spent a lot of time and a lot of
11 deliberation over a number of meetings, over a
12 number of years, looking at different
13 proposals. And you can see there, of 36, 28 of
14 those have been deliberated in our public
15 meetings like this one today. And Committee
16 members have found that half, 14 out of 28
17 proposals, have included potential approaches
18 that either focus on or relate to multi-payer
19 alignment, which is to say that a large
20 proportion of the Committee's work has focused
21 on things that relate to multi-payer alignment,
22 and this issue is very salient to us as a
23 Committee.

24 Next slide, please. So again, next
25 slide, please.

26 We'll start with the vision and

1 value of these multi-payer models. So as a
2 level set, you know, how are we approaching
3 this word? You know, I think oftentimes, you
4 know, we say the same things, but don't always
5 mean the same thing in conversations like this
6 in the policy and practice and health
7 community.

8 So PTAC is working off of this
9 definition for multi-payer alignment. I will
10 read this word for word, just so that we are
11 all kind of level-set here. So we are
12 conceptualizing multi-payer alignment as
13 agreement among payer programs and products,
14 including those offered through traditional
15 Medicare, Medicare Advantage, Medicaid fee-for-
16 service and Managed Care, commercial insurers
17 and employers, on model alignment areas
18 necessary to promote value-based care. Model
19 alignment areas in this definition include but
20 are not limited to the goals and strategies,
21 care delivery, financial incentives, quality
22 measures, and data sharing.

23 And while I think this was our
24 attempt at being thoughtful about how we define
25 multi-payer alignment, we do want to
26 acknowledge that this will continue to evolve

1 as we collect information from stakeholders.

2 Next slide, please.

3 So why multi-payer alignment? At
4 the risk of kind of stating the obvious, it's
5 important to surface this, regardless, that
6 value-based care can help improve population
7 health, which is the reasons to launch models
8 like those you heard from Amy and those that
9 have come before it and to reduce spending
10 growth. However, you know, the financing
11 landscape remains a mix, not just in kind of
12 the different payers in that landscape, but
13 also the mix of incentives such as fee-for-
14 service or value-based care incentives.

15 If those are the design and
16 incentives, also, the implementation has
17 variation across program and payer, and so this
18 concept of alignment becomes very important for
19 us to address these issues. It's hard to
20 address these first two bullets without really
21 thinking about alignment.

22 Next slide, please.

23 So you know, what are some of the
24 potential benefits of multi-payer alignment?
25 More collaborative work and alignment between
26 providers and multiple payers serve to yield a

1 number of benefits, including stronger care
2 pathways for disease prevention and management,
3 more time to focus effort on care
4 transformation, greater data-sharing and more
5 informed clinical decisions, lower cost for
6 investing in capabilities to improve care, and
7 less administrative burden and costs. Again, a
8 number of things that perhaps many of us that
9 are tuning in today have known, felt, have
10 maybe lived in our jobs and responsibilities.
11 Certainly, these are many areas that the PTAC
12 has discussed that all relate to multi-payer
13 alignment.

14 Next slide, please.

15 So a little bit of a taxonomy here,
16 because, again, I think a word and a concept as
17 big as alignment can be hard to really talk
18 about concretely. So you know, we as a PCDT
19 identified a few different dimensions of
20 alignment that are worth highlighting. The
21 first, perhaps most obviously, is the types of
22 alignment. I think most people and groups
23 think about this as across payers, but we
24 wanted to highlight that -- not just alignment
25 across different payers, but within payers, so
26 recognizing their different products and

1 programs within each payer. Alignment there is
2 very important as well. Perhaps a little more
3 pragmatic in terms of whether it's achievable,
4 but relevant here.

5 Beyond types, we think about extent
6 of alignment. So are we talking about the
7 number of programs or payers involved? That's
8 one way to measure extent. Other ways include
9 the level of payer involvement, so number of
10 staff involved, length of time a payer is
11 engaged in a multi-payer initiative. And then
12 another might be geographic spread of patient
13 populations within payers engaging in multi-
14 payer initiatives.

15 Beyond types and extent, we've also
16 conceptualized degree of alignment, so thinking
17 about things that are exact versus directional,
18 exact being agreement or alignment on specific
19 details of a model. And we'll get into this in
20 subsequent slides, very important, but
21 challenging, giving goals, and very time-
22 consuming. As opposed to directional alignment,
23 which is that we agree in direction of certain
24 measurement or certain goals or care delivery
25 strategies or incentives, but maybe not
26 matching up specifically in the details.

1 So different types, different
2 extent, and different degrees of alignment I
3 think are relevant. And I hope this provides a
4 scaffolding for everybody here as we go into
5 our sessions and deliberation.

6 Next slide, please.

7 So bringing together kind of how we
8 are going to spend the next 10 to 15 minutes, a
9 lot of the things we -- I've talked about in
10 the last few slides really live on the right
11 side of this slide. So you know, what are the
12 outcomes we want? You know, again, better
13 outcomes for patients, less administrative
14 burden for providers, you know, benefits to
15 payers and different stakeholders.

16 But that's one thing, to say
17 outcomes. Look at the left part of the slide.
18 To get there, what do we need? Well, we need
19 payers and multiple payers. There are a number
20 of critical stakeholders, patients and
21 populations being one, but providers,
22 purchasers, convener organizations that
23 facilitate value-based care being others. And
24 then these payers and stakeholders then kind of
25 flow into a number of factors that live out in
26 the environment. So engagement of

1 stakeholders, market circumstances, certain
2 regulation related to compensation --
3 competition, I'm sorry, and trust, facilitator
4 involvement, et cetera.

5 And then it gets into the technical
6 aspects of model design. If we want a model
7 that's aligned across payers, not only do we
8 need to align in the who's at the table and the
9 stakeholders that inform these models. But
10 also, you know, the goals and strategies, the
11 care delivery specifics, methodology for
12 payment and incentives, measurement of quality,
13 attribution, benchmarking, risk adjustment,
14 data interoperability. It becomes very
15 technical and very pragmatic in some ways. And
16 so we wanted this slide to represent both the
17 aspiration and the goals, but also the
18 technical details that we need to land in order
19 to get there. So I hope this is kind of a
20 framing piece for us as we keep going here.

21 Next slide.

22 Getting into those components, this
23 -- one more slide forward, please. This will
24 put words to some of the things you're seeing
25 in that conceptual diagram slide, but in more
26 detail. So when we think of stakeholders, we

1 think of that in a broad sense. As I listed
2 earlier, payers, providers, purchasers, and
3 employers, patients, and state agencies, and
4 also municipalities. These are all different
5 groups that we need in collaborative design,
6 implementation, and evaluation of multi-payer
7 models. Perhaps more than any topic that is
8 relevant in value-based care and Alternative
9 Payment Models, when you think of multi-payer
10 alignment, the necessity of having multiple
11 stakeholders is essential, right?

12 And, you know, in that, one of the
13 outflowings of that essence is a governing body
14 that oversees activities and promotes
15 transparency and accountability. The governing
16 body would be benefited by a trusted
17 facilitator, such as a convener. That might be
18 a state entity. It might be a different type
19 of group that's put together. But the key idea
20 is that facilitators kind of balance and align
21 competing interests, manage expectations,
22 facilitate collaboration among payers, as well
23 as stakeholders. And then having measurable
24 goals is really important to monitor progress
25 and ensure engagement.

26 Next slide, please.

1 So as I mentioned earlier, you know,
2 there are aspirational ideas of multi-payer
3 alignment and initiatives, but there's also
4 technical aspects of it, and so having
5 technical assistance for those who need it is
6 very important. We give an example here of how
7 CMS has supported facilitated learning
8 collaboratives to share best practices in
9 different models and different initiatives.
10 And I think some version of that is going to be
11 important for any future models that we were to
12 create.

13 Consideration of characteristics and
14 needs of different patient populations and
15 providers. I think that goes without saying,
16 but it's worth still boldfacing and
17 highlighting here, that really understanding
18 we're solving for patient populations and
19 clinicians and delivery organizations that take
20 care of those patients is important. We're not
21 designing alignment in a vacuum. And then I
22 think having a common payment model with, you
23 know, things that are standardized to the best
24 we can, whether that be rates or enhanced
25 transparency or ways to reduce provider burden,
26 I think become very important as well. So just

1 a few more kind of technical and pragmatic
2 components of this.

3 Next slide, please.

4 Just continuing on here,
5 flexibility. So while we want standardization
6 and kind of system-ness, we also want to
7 provide flexibility in structuring payments to
8 accommodate different, really, patient
9 population, as well as provider and payer
10 needs. And when we think about the other
11 things I showed you on that conceptual diagram
12 slide, performance and quality measure
13 alignment, things like attribution
14 benchmarking, risk adjustment, data
15 interoperability, health information exchanges.
16 Again, things that you see on this slide here,
17 these are all really successful -- components
18 of successful multi-payer and aligned models.
19 And as we'll get into over the next day and a
20 half, really require a lot of effort to design
21 intentionally and thoughtfully.

22 Next slide, please.

23 So if we've talked about the vision
24 and the value, the vision is really improving
25 the health of our patients and communities, and
26 the value is not just for those patients and

1 communities, but also for the providers and the
2 payers and the purchasers, public and private.
3 If there are values there, there are benefits
4 there. And the components are what I listed
5 out, both aspirational, but also technical,
6 related to a number of areas. What are some of
7 the challenges standing in the way? Why don't
8 we have multi-payer models suffusing our
9 community left and right here? And so I'll
10 spend a few slides talking about that.

11 So most fundamentally perhaps,
12 payers may have different goals for payment
13 models related to the things you see there. I
14 think affordability and quality of population
15 health, reduce disparities, and reduce provider
16 burden, are all agreed-upon goals. How we get
17 there, though, becomes a little bit different
18 and how, for different patient populations and
19 communities, these might be weighed against
20 each other may vary.

21 Achieving exact alignment on model
22 areas can be challenging as a result of that,
23 because of the differing needs of patient
24 populations and really organizational
25 priorities. And so you know, this is where we
26 talked about exact versus directional

1 alignment. Perhaps in these cases, directional
2 alignment can allow different participants and
3 payers to align, but tailor those care delivery
4 approaches within a payment model to enable and
5 facilitate flexibility. And getting exact
6 matching on attribution, benchmarking, and risk
7 adjustment may then be less feasible. Allowing
8 variation there as long as things are
9 directionally aligned may be potentially useful
10 here.

11 Next slide. Other challenges, I
12 think you can see here, significant financial
13 and technical barriers that the PCDT identified
14 and want to surface for discussion here today,
15 related to data sharing and who bears
16 responsibility to develop solutions for that.
17 Payer measure sets. Measures themselves can be
18 different, but then access to measure sets may
19 be uneven because of proprietary sets. And
20 that in turn impedes broad use and
21 standardization using measure sets.

22 And when we think about, kind of,
23 delivery organizations and clinicians, their
24 existing billing systems and other, kind of,
25 processes that they use may be difficult to
26 adapt across payers and multi-payer

1 engagements. And then workforce shortages, you
2 know, and churn. It's easy to design these
3 models, assuming that we have the individuals
4 and the teams and the units that we need. But
5 as we know from other prior PTAC meetings and
6 other sources, that's not true, that shortages
7 and churn can really make it challenging for
8 delivery organizations and clinician groups to
9 navigate all these processes, even in a single-
10 payer initiative, much less a multi-payer.

11 Next slide, please. Just a few more
12 challenges here. Again, as I alluded to
13 earlier on the conceptual diagram slide, you
14 know, some things are challenges within a
15 patient population or a provider group, but
16 also thinking now about, more broadly, what
17 about competitive market conditions in a
18 region? What about community needs in that
19 region? Specifically thinking about, is it
20 practical to customize models and multi-payer
21 models within markets of large or small scale,
22 including -- particularly small market areas?
23 And then thinking about, you know, payers'
24 willingness to engage in these initiatives, how
25 they're influenced by market share. You see
26 here, payers -- we've identified that payers

1 with a dominant market presence may be more
2 likely to steer decision-making. Payers
3 without that dominant presence may be less
4 likely to benefit from those improvements. I
5 think it's also important to note that in
6 markets where competition is the strategy,
7 alignment here really highlights some of the
8 challenges in getting alignment across payers.

9 Next slide, please. Federal
10 antitrust laws restricting collaboration among
11 payers to do the things that would be required
12 for multi-payer alignment are really notable.
13 You can see a few, kind of, sub-bullets that
14 we've highlighted. How certain initiatives at
15 the state level may be eligible for immunity
16 from certain laws. But that, you know, non-
17 state-led initiatives may need to work around
18 some of these things and acknowledge them.
19 We've highlighted anti-kickback and Stark Law
20 as specific examples that prevent certain care
21 processes, like referrals, that involve
22 kickbacks and financial benefit that may impede
23 the types of, kind of, patient flows and
24 interactions and coordination that we may want.
25 Critical laws, very important for integrity and
26 regulation, but how does that interact with

1 some of the goals of payment models that we may
2 want to see and, in particular, multi-payer
3 ones?

4 Next slide, please. So we spent
5 some time again, just talking about where we
6 want to go, what are the components of the
7 aspiration around multi-payer alignment, but
8 some of the challenges therein. I want to
9 spend the -- kind of the rest of our time, the
10 bulk of it talking about what's been done over
11 the preceding years. This is not a blank
12 canvas. Many entities have engaged and
13 participated in some of these initiatives. And
14 so what have we learned from them? What are
15 some of the results, and how can that inform
16 how PTAC listens to and engages with our
17 subject matter experts over the next day and a
18 half?

19 Next slide, please. So here what
20 we're looking at is kind of the broadest
21 catchment, at least we found in the PCDT
22 assessment, related to multi-state multi-payer
23 models and initiatives. And many of these are
24 led by CMS as really a leader and a vanguard in
25 this space and with a unique position to
26 convene and engage a number of public and

1 private groups to do multi-payer initiatives.
2 So you can see a number of models here on the
3 left side. I won't read them all to you here,
4 but, you know, they encompass a number of
5 different programs related to primary care,
6 state-based transformation collaboratives, and
7 innovation models. There are a number of
8 years. You can see some of these models date
9 back to the early 2010s. Some are currently
10 present or span into the next decade. Look at
11 the right side of the slide here, payer
12 participants. With a few exceptions, many of
13 these touch Medicare, Medicaid, and commercial,
14 so are really intent and designed to be a
15 multi-payer in the broadest sense. So I think
16 what I take away from this slide is that there
17 has been a lot of work over many years,
18 engaging a number of payers to do multi-payer
19 models.

20 Next slide, please. So some
21 accomplishments and lessons learned. And this
22 is really not so much about, kind of, the
23 impact and the outcomes. We'll get to that in
24 a few slides. But really about, you know, if
25 stakeholder engagement, a governing body, a
26 facilitator, you know, making sure we align in

1 some way, to some type, to some extent, to some
2 degree on the goals and the strategies. If
3 that's the goal, then what have we learned
4 about that? And you can see here that some are
5 too early yet to draw conclusions from. But I
6 think some of the themes you can see
7 highlighted in the boldface text are that -- a
8 blueprint to kind of memorialize and articulate
9 multi-payer alignment becomes important. And
10 you know, kind of thinking about ways in which
11 when goals are not aligned, you might have
12 limited payer participation alignment in a
13 program such as PCF²².

14 As you see from CPC+²³ at the very
15 bottom there, again, kind of facilitating data
16 aggregation facilitated by a neutral convener.
17 And kind of bringing all lines of business
18 together and aggregating data into a single
19 tool. I think you're seeing a coming together
20 of very specific things like data aggregation,
21 but undergirded by blueprints, convener, and
22 kind of a governing body.

23 Next slide, please. Just to kind of
24 emphasize that point, again, you know, from the

22 Primary Care First

23 Comprehensive Primary Care Plus

1 SIM²⁴ Initiative, we saw really that
2 relationships are everything. You heard a
3 little bit about the pledge that Amy Turner
4 mentioned earlier about groups that have signed
5 on, related to the ACCESS Model. I think, you
6 know, there are echoes of this in prior
7 programs related to relationships, and
8 establishing a pledge and an alignment around
9 the need for multi-payer alignment becomes
10 really critical. You can see this concept of
11 relationships kind of cascading through
12 programs like CPC as well. You begin to see
13 recurring themes around single tools, bringing
14 different groups together to use the same tools
15 or take the same approach. But that
16 collaboration, trust building, all takes time
17 and is complex and -- but is critical to these
18 initiatives. I think that's what I take away
19 from this slide as well.

20 Next slide, please. So if that was
21 kind of in the how do we convene, how do we
22 govern, how do we build trust, how do we get
23 alignment about where we want to go, we also
24 wanted to be very pragmatic here about some of
25 these models that I showed you on prior slides.

24 State Innovation Models

1 What are some of the results? And so you can
2 scan the right column here to look at the
3 results. I think in some cases, you can see
4 that there was some effect. In other cases,
5 you can see there was a minimal effect. In
6 some cases, there were effects in certain
7 regions and not others.

8 And I think, again, if you -- this
9 is a lot to go row by row. We won't do that,
10 because each of these models had very specific
11 design elements that are relevant to the PTAC.
12 But if we kind of aggregate it for those of us
13 on the call today, what are the themes I take
14 away from this slide? I think number one is
15 that multi-payer models have potential. That's
16 what I take away from this. Number two,
17 success is not guaranteed in the outcomes that
18 we want. Third, I think if you put this with
19 the slides you saw before, sometimes when not
20 enough time was given, when the complexity of
21 alignment and governance and shared tools may
22 have not have been given enough time, that may
23 impact success versus failure in certain areas.
24 And finally, you can see that certain areas had
25 certain outcomes versus others. And I think
26 that reflects, again, the market and community

1 factors and the patient population factors that
2 come to bear.

3 So I hope this kind of brings to
4 life what we've been talking about over the
5 preceding slides that there is potential.
6 There are challenges. And the factors that
7 we've identified in our conceptual diagram and
8 in the preceding slides really come to bear on
9 this.

10 Next slide, please. So if that was
11 multi-state kind of broader initiatives, I just
12 want to highlight that as a kind of complement
13 to that, there have been a number of state-
14 based multi-payer initiatives. And a number of
15 these models have also been supported by CMS.
16 And you can see there in different flavors: CMS
17 Innovation Center models, SIM awards, state
18 transformation collaboratives, really focused
19 on individual states. And that while a number
20 of states have engaged, we are going to focus
21 on the subsequent slides on nine states that
22 you see listed here that have taken what we can
23 consider substantial work, implementing multi-
24 payer models and initiatives.

25 Next slide, please. So again, a
26 busy slide, but kind of lists initiatives from

1 those nine states. And I think the key
2 takeaway qualitatively from this is that again,
3 spanning a number of years, dating back more
4 than a decade in some cases, but engaging a
5 number of payer segments and payer participants
6 in these models. So a number of lessons that
7 we can learn from and kind of plumb the depths
8 of to understand more from these models.

9 Next slide, please. So just kind of
10 getting into, again, the lessons learned, kind
11 of mirroring a few slides ago from the multi-
12 state initiatives. If we look at state-based
13 multi-payer models, you can see kind of, again,
14 I'm drawing some qualitative things out from a
15 busy slide, but just to say that, you know,
16 buy-in and engagement become important from
17 stakeholders. Here you're seeing in the
18 Arkansas case, the governor, as well as Walmart
19 as a large private employer, getting
20 stakeholder consensus within the state becomes
21 important, and ensuring that as they move
22 forward, simplifying the design process to
23 allow those stakeholders to engage, were some
24 of the lessons.

25 You know, the California Advanced
26 Primary Care Initiative, I interpret to have a

1 similar concept around inclusion of independent
2 practices. It is a reflection in my mind that
3 different states have different stakeholder
4 groups, and it looks different, but engaging as
5 many of them, as widely as possible, becomes
6 critical. And again, one more time, just to
7 kind of underscore yet again. In Colorado,
8 thinking about a broad range of stakeholders
9 and the need to align across plans, including
10 national health plans, are some of the lessons
11 learned from the APM Alignment Initiative.

12 Next slide, please. So continuing
13 on here, you know, in Maryland, Minnesota,
14 Pennsylvania, again, three more state-based
15 models. And I think the highlight again, the
16 highs and the potential lows of multi-payer
17 models here. So you're seeing similar themes:
18 partnerships, setting groundwork, making things
19 -- make sure that there's engagement, alignment
20 there. Broad stakeholder group in Minnesota
21 for instance. On the other side, you're seeing
22 things related to, you know, what are some
23 barriers? Lack of clear goals. The market
24 conditions that create a competitive nature
25 between plans. When it's time to then land the
26 technical aspects of things, you know, how to

1 actually do that for different providers such
2 as rural hospitals versus not. And the real
3 things related to predicting global budgets and
4 those technical aspects that have become
5 certain challenges that we've highlighted.

6 Next slide, please. Rhode Island,
7 Vermont, and Washington, just three more that
8 we'll highlight from this group of state-based
9 initiatives. I'm beginning to sound like I'm
10 repeating myself, but I hope the repetition
11 underscores the critical nature of some of the
12 themes that we're highlighting here. But I
13 think you're seeing, again, where you see
14 successes, it's engaged leadership. It is
15 clear, attainable goals. It's multi-payer
16 alignment. In the case of Washington, at the
17 bottom of the slide, it is developing and
18 getting kind of buy-in on memorandums of
19 understandings and collaboration about what
20 different payers are trying to solve in these
21 types of initiatives.

22 And, you know, then there are kind
23 of elements of the technical design. Do you
24 make this voluntary, or do you mandate
25 participation? You know, how do you fund these
26 initiatives? And so lots of specifics around

1 this broader alignment work that each of these
2 states seems to represent in some way.

3 Next slide, please. So I want to
4 pause here. I've covered a lot in a relatively
5 short period of time, but I hope this
6 presentation has helped kind of set the
7 proverbial table around why does PTAC care
8 about multi-payer alignment? We do because
9 it's critical to the work that we're mandated
10 to do. What is the vision and value for
11 patients, populations, communities, as well as
12 providers and payers and public groups, like
13 CMS and state Medicaid agencies? I hope that's
14 clear. We are not working in a vacuum. There
15 are components that we have identified from
16 initiatives that exist, but also from published
17 literature and from our collective experience.
18 There are components of successful multi-payer
19 initiatives, but there are a number of
20 challenges that dot the path to those goals.
21 And again, these are informed from a number of
22 statewide, as well as multi-state, initiatives
23 that have been implemented over the last 10 to
24 20 years. So with all that said, I want to
25 just preview what's coming in the next day and
26 a half.

1 So if you can go to the next slide,
2 please.

3 We'll start talking about
4 perspectives on multi-payer alignment across
5 programs within Medicare. So again, our
6 definition being broad enough to think about
7 products and programs within a payer. I think
8 we'll begin there with Medicare as an example.
9 And then we'll kind of shift to thinking about
10 state-based models that have implemented
11 alignment. Many of the examples that you saw
12 from the slides, talking about lessons learned
13 and outcomes. We're excited to hear from
14 stakeholders and different groups about that.
15 And then we'll also talk about challenges, in
16 taking us from where we are now to where we
17 want to go with advancing multi-payer
18 alignment. So a really exciting next day and a
19 half. I look forward to learning from them and
20 to the deliberation from the Committee.

21 Here, I'll stop and maybe pass it
22 back to the PTAC chair.

23 CO-CHAIR MILLS: Wonderful. Thank
24 you, Josh. Appreciate that really cogent,
25 clear outline of where we are and where we're
26 going in the next two days.

1 Before I open it to the full
2 Committee, any PCDT members have additional
3 comments to add?

4 MS. HARDIN: I'll just jump in with
5 one comment.

6 Josh, you did a fantastic job.

7 Having been involved in multiple of
8 these models across states, I'm really
9 interested in hearing from our experts about
10 even when you get the financing right and the
11 measures right, a culture change can sometimes
12 be the hardest to implement. So really hearing
13 what facilitated that within payers, within
14 delivery systems, and within communities to
15 really move the dial from fee-for-service to
16 value-based.

17 CO-CHAIR MILLS: All right. Other
18 Committee members, comments or thoughts?

19 Well, I'll offer that I was struck
20 during the PCDT's work, as you look at all
21 that's happened in the last 20 years around
22 multi-payer alignment, that -- multi-payer
23 alignment truly is necessary if not wholly
24 sufficient, of course, by itself. It's like,
25 as we've heard in the last meeting or two ago

1 from CEOs²⁵ and CFOs²⁶ of major national health
2 systems, essentially that it takes multi-payer
3 alignment to have enough volume of patients and
4 populations involved, enough revenue involved
5 to be -- to make -- get their attention to be
6 willing to change the machinery of what the
7 health system delivers every day. From a
8 provider leadership perspective, medical group
9 perspective, an initiative that only affects,
10 you know, five percent or 10 percent of your
11 patient population doesn't change the culture
12 of how -- or the mechanics of how a group
13 practices. So multi-payer alignment really is
14 the necessary very narrow thread the eye of
15 needle step to actually get leadership on board
16 to fully engage. CMS, of course, is in a very
17 unique position with classic Medicare, MA²⁷,
18 ACO, Medicaid, of being able perhaps to move
19 the needle themselves. But we've seen in many
20 of these multi-state initiatives that having
21 commercial payer involved is really critical.

22 Larry.

23 DR. KOSINSKI: Great job, Josh. You
24 just -- it was so clear. I enjoyed the

25 Chief Executive Officers
26 Chief Financial Officers
27 Medicare Advantage

1 presentation. You used the word, at the
2 closure of your presentation, the word mandate.
3 And, you know, we have a mandate, but I'm going
4 to -- I'm going to really look to see how many
5 of our subject matter experts feel that we can
6 do this on a voluntary platform or whether
7 we're going to have to have a -- some type of a
8 mandate in order to get buy-in from all the
9 groups. It may be necessary. We'll be able to
10 -- we'll -- I'm going to be curious to see how
11 everybody approaches (audio interference).

12 CO-CHAIR MILLS: Yeah. Other
13 follow-up questions or comments from the
14 Committee? We've got about five minutes left
15 before a planned break. Any other follow-up
16 questions or comments? All right.

17 Amazing job, Josh. Great setup for
18 the next two days.

19 Seeing no further comments or
20 questions, we will go ahead and move to our
21 break. We will return and start fresh with the
22 live public meeting at 10:40 Eastern Time.
23 Please join us at that time as we welcome a
24 great group of experts for our first session on
25 perspectives on multi-payer alignment across
26 programs within Medicare. Thank you very much.

1 We're -- we will stand in recess, a brief break
2 until 10:40 Eastern Time. See you soon.

3 (Whereupon, the above-entitled
4 matter went off the record at 10:30 a.m. and
5 resumed at 10:40 a.m.)

6 * **Session 1: Perspectives on Multi-**
7 **Payer Alignment Across Programs**
8 **Within Medicare**

9 DR. BHANSALI: Welcome back. I'm
10 Dr. Henish Bhansali, one of the PTAC members.
11 Josh and the PCDT laid the foundation for this
12 public meeting and some of the questions we
13 want to explore. I'm excited now to welcome
14 four esteemed experts to share their
15 perspectives on multi-payer alignment across
16 programs within Medicare. You can find their
17 full biographies and slides posted on the ASPE
18 PTAC website and the public meeting
19 registration site.

20 At this time, I ask our session
21 participants to go ahead and turn on video if
22 you haven't already done so. After all experts
23 have presented, the Committee will have plenty
24 of time to ask questions and engage in what we
25 hope to be a robust discussion. First, we are
26 pleased to welcome Mr. Nicholas Minter, Deputy

1 Director of the Seamless Care Models Group at
2 the CMS Innovation Center.

3 Nicholas, welcome.

4 MR. MINTER: Thank you so much. And
5 it's a pleasure to be here today. I'm going to
6 give the CMS Innovation Center perspective on
7 multi-payer alignment today, and look forward
8 to hearing the discussion to come.

9 Next slide. So my name is Nicholas
10 Minter. I have been with the CMS Innovation
11 Center for 10 years. I currently lead the
12 portfolio of models that includes what you see
13 here. It's Medicare Advantage, kidney health,
14 Accountable Care Organization work on total
15 cost of care, value-based payment and care.
16 And then our prescription drug portfolio, which
17 is also growing rapidly. Previously, I spent
18 six years managing the CMS Innovation Center
19 primary care portfolio. And before that, I
20 spent five years at the Assistant Secretary for
21 Financial Resources or the HHS budget office,
22 researching Medicare payment policy.

23 Next slide, please. So first off, I
24 thought we would talk a little bit about the
25 definition. So multi-payer alignment, as we
26 define it in the CMS Innovation Center, largely

1 refers to the coordination and the
2 collaboration among health insurance payers to
3 meet, you know, common goals and patient
4 outcomes, such as improving quality and
5 reducing administrative burden. It largely is
6 an acknowledgement that CMS can't influence or
7 can't drive all change alone, especially those
8 that are provider-focused, where a provider is
9 most effective at driving change at a practice
10 level. And Medicare fee-for-service or even
11 Medicare Advantage together are not going to be
12 60 to 75 percent of a provider's patient load,
13 what is really necessary to compel a provider
14 to change the way that they practice for all of
15 their patients.

16 And so this is something that we
17 think quite a bit about when we are driving
18 provider-based behavioral change through our
19 models. And, you know, the incentive for us is
20 that we are more able to see how better
21 payments for care coordination, different types
22 of interventions that we believe will make a
23 difference, affect patients at a practice level
24 because we know that that is being delivered to
25 all patients regardless of payer. And for
26 other payers, the incentive is it can be

1 varied, but often it is better patient outcomes
2 and therefore lower cost of care given the way
3 that the U.S. health system works.

4 The multi-payer alignment goals and
5 tactics vary by model, but they often fall into
6 three common categories. We often try to align
7 on quality measures because we know that
8 narrowing the focus of what a provider is being
9 incentivized to maximize, to optimize, will
10 help drive their focus on those more narrow set
11 of goals. Payment alignment is really
12 important to, sort of, strengthen the
13 incentives on achieving goals. If we're all
14 incentivizing care coordination, it's going to
15 be a lot more effective than a smattering of
16 incentives incentivizing all sorts of different
17 care. And then aligning data, because data is
18 really important for helping providers to
19 understand what is driving patient outcomes.
20 And in so much as that data is aligned across
21 payers, they're more likely to use those tools
22 and achieve the goals that those are meant to
23 drive forward.

24 And so you know, while the ultimate
25 goal is to lower cost and to achieve better
26 outcomes, multi-payer alignment does have

1 intermediate goals that I wanted to acknowledge
2 here as well. And those are to reduce
3 administrative burden. And in doing so,
4 increase provider engagement. In essence, we
5 want the provider to go all in at the changes
6 that we believe will make a difference in
7 patient lives, but that's difficult with there
8 being different incentives and signals coming
9 across the entire payer landscape. And so one
10 way to lessen that is to really align and to
11 ensure that the provider is able to focus on
12 patients and not managing different incentives
13 across payers within their own practice and
14 standard of care.

15 Next slide. So where are we focused
16 on multi-payer alignment, both present and
17 past? First, I want to acknowledge that we
18 have a couple of models currently that have
19 factored multi-payer alignment into the
20 successful testing and, sort of, our theory of
21 action. The first is the ACO Primary Care Flex
22 model, where we are aligning actively with the
23 Medicare Shared Savings Program, as well as
24 other payers. And then the Enhancing Oncology
25 Model, where we're driving better coordination
26 of care for those patients that are needing

1 oncology treatment with private payers in a few
2 of the areas in where we're testing. We are
3 also integrating much more significantly, I
4 think, than in some models' multi-payer
5 alignment in the following models: the AHEAD²⁸
6 Model, where we're focusing on global budgets
7 across Medicare and Medicaid, to drive better
8 preventive care; the ACCESS Model, where we
9 are making technology available across payers
10 to better address chronic care issues; and the
11 LEAD model, which is our forthcoming ACO model,
12 which is also looking to, among other alignment
13 issues, work very closely in a couple of
14 states, for now, with -- to align Medicare and
15 Medicaid care.

16 These -- all of these new models, as
17 well as our current models, apply lessons
18 learned from past models that tested multi-
19 payer alignment, particularly in the advanced
20 primary care space. And you see those past
21 models here: Comprehensive Primary Care Plus,
22 Primary Care First, and Making Care Primary.
23 And we're going to talk about what we learned
24 from a couple of those models in the
25 forthcoming slides.

28 Achieving Healthcare Efficiency through Accountable Design

1 Next slide, please. So first, a
2 little bit about the models that I want to
3 reflect on today. First, Comprehensive Primary
4 Care Plus, it was tested from 2017 and ended at
5 the end of 2021. It was a five-year model for
6 two cohorts. It essentially paid an additional
7 payment on top of the normal fee-for-service
8 set of payments for care coordination in
9 primary care clinics and family medicine, et
10 cetera. It also had a small performance-based
11 payment/debit approach. It enrolled over 3,000
12 practices at one point across 18 different
13 states and regions. And at model start, had 63
14 payers across those 18 regions that signed up
15 to provide similar additional support in terms
16 of learning, payment, and data to those
17 practices that agreed to participate in CPC+.

18 The other model that we'll talk
19 about is the successor model of CPC+, and that
20 is the Primary Care First Model, which began in
21 2021 and then carried through until the end of
22 last year, 2025. It was a five-year model as
23 well. And it had a -- essentially, a partial
24 up-front payment, as well as a capitated
25 payment for primary care, but also incorporated
26 upside and downside risk. It had 1,700

1 practices across 26 states and regions and 17
2 payers aligned at model start. And we'll talk
3 about, sort of, how that changed over time.

4 Next slide. So wanted to note,
5 again, not specific to each model, but some of
6 the takeaways, both positive and negative, from
7 our experience implementing multi-payer
8 alignment in these models. The first is that
9 just the focus on multi-payer alignment often
10 fosters incredibly important discussion that
11 otherwise may not happen. Often, starting the
12 conversation is the hardest part. And payers
13 due to, you know, different regulations
14 regarding antitrust and concerns about talking
15 to competitors in the market are often not
16 willing to think things through or feel
17 somewhat stymied in their ability to think
18 through how to improve care in a way that will
19 affect providers because they, of course, are
20 dealing with multiple payers at a time. And
21 having CMS at the table had a real tangible
22 impact in that focus.

23 Additionally, what we found is that,
24 especially in CPC+, some of the collaboration
25 that began during the model and would have
26 ended in 2021 has continued and still continues

1 to this day. And so that's something that I
2 think has been really interesting for us, in
3 terms of just CMS' presence to move a
4 conversation forward. Also, multi-payer
5 alignment does enhance support for behavioral
6 change. One of the things that's very true is
7 that providers are more willing to participate
8 and more excited about change when they know
9 that it has the potential to reduce friction
10 across the different provider or the different
11 payers that are dictating how they provide
12 care.

13 So as I said before, Medicare fee-
14 for-service amounts to, what we found in our
15 practices, between 33 -- well, I should say 20
16 to 40 percent of providers' revenue. And so
17 that leaves 66 percent of revenue that can be
18 pulling providers in a different direction.
19 And if we can have everyone pull in the same
20 direction, then we move a lot quicker. And so
21 aligning data learning and other resources was
22 something that providers universally really
23 appreciated in our models. That being said,
24 it's hard to drive behavioral change without
25 enough payers who are pulling in the same
26 direction. And so as a result, what we did

1 find, especially in Primary Care First, but
2 also in CPC+, is that in some regions,
3 providers felt that even with a number of
4 payers supporting, there still just wasn't
5 enough momentum for them to change the way that
6 they provided care at a practice level. And it
7 was too disruptive for them to differentiate
8 how they provided care at a patient level.

9 And so especially in PCF, where we
10 had less multi-payer alignment over time, we
11 actually saw that many practices decided --
12 started to drop out or jump to test other
13 innovations because they didn't really feel
14 like there was enough oomph for them to make
15 the change that would really improve patient
16 behavior, given that there is friction in
17 making change to begin with.

18 Let's keep going. Next slide,
19 please. Which gets to, you know, I think one
20 of the more important takeaways from -- that
21 we've learned on multi-payer alignment. Which
22 is that it helps to think and define, both for
23 payers and providers that may be participating
24 in models, what multi-payer alignment is going
25 to be defined as for a given model. Do we want
26 them to be equal partners, such that if we're

1 putting in a dollar per patient, they're
2 putting in a dollar per patient, or is that
3 equity less important than us all just, sort
4 of, moving in the same direction? What we
5 found is, we defined it more along the first
6 lines, with an idea that we wanted to get
7 payers to be providing more equitable support
8 over time. We never quite got there. And so
9 what we found, and as you see in the graph to
10 the right here, is that CMS ended up paying an
11 inequitable or a disproportionate amount of the
12 payments above fee-for-service and above what
13 would otherwise be available for each model.
14 And so along those lines, we also found that
15 some of the payments that were coming in from
16 other payers were aligned to programs that they
17 already had running. And that's not
18 necessarily a bad or a good thing, but it's
19 important that we're all, sort of, speaking
20 with the same voice and how we want providers
21 to change.

22 However, what we found is our
23 provider participants were often confused and
24 somewhat dismayed that they were not receiving
25 more additional payments from all of their
26 payers. And that put them at a position of

1 either only treating CMS payments with -- or
2 sorry, CMS patients with the additional care
3 coordination and additional services that they
4 believed would affect their entire practice or
5 in effect CMS' additional support was cross-
6 subsidizing care transformation at a lower
7 level because the funding wasn't there to test
8 it at the level we wanted to, but cross-
9 subsidizing that change for patients that were
10 covered by other payers other than Medicare
11 fee-for-service.

12 And so that brings us to the last,
13 sort of, challenge that I think that we have
14 acknowledged and are grappling with in our
15 models going forward. Which is that the
16 limited scope of CMMI tests creates
17 administrative fragmentation, especially in our
18 larger Medicare Advantage organizations and
19 just general national payers at large. So in
20 PCF, we had six payers that left in the
21 beginning -- I should say throughout the model,
22 not at the beginning, because they realized
23 that they needed a dedicated staff; the
24 capitated payment changes required additional
25 infrastructure; and the return on investment
26 would've been too slow for them to actually,

1 sort of, see that being a positive for them
2 long term. And I think that is something that
3 we have heard across all of our primary care
4 models, that especially for national programs,
5 they are thinking about driving change at
6 scale. And asking them to invest in smaller
7 changes, especially those that require
8 significant investment up front and have a slow
9 return on investment, is a big ask.

10 And so that's our takeaway, that
11 multi-payer alignment is hard when the
12 population is broad, the services are numerous,
13 and the return on investment is slow and
14 uncertain. And so going forward, we're
15 thinking about how to focus our change in a
16 different way. And we'll talk about that
17 quickly on the next slide.

18 So with those lessons in hand, I
19 just wanted to highlight what the future areas
20 of interest for multi-payer alignment is. For
21 us, we are -- these are areas that we're
22 thinking about. We are, you know, in different
23 stages of planning all the time for how to
24 address new health care problems because they
25 are numerous and complicated. And so one of
26 the areas that we are thinking about is

1 Medicare Advantage, especially as Medicare
2 Advantage has eclipsed fee-for-service over
3 time in terms of the number of Medicare
4 beneficiaries covered, we want to think about
5 how to increase value-based care. We also want
6 to reduce, you know, frankly speaking and
7 specifically, the administrative burden of
8 providers that are participating in multiple
9 models that include Medicare Advantage, because
10 we know that, you know, there will always be, -
11 - unless we address some of these lacks of
12 alignment, there will be friction between
13 things like real-time patient outcomes that
14 come from an EHR²⁹ and Stars rating -- Stars
15 ratings and those measures because they look at
16 something different. And the incentives are
17 already strong in Medicare Advantage. And so
18 we've got to think about how to align those
19 going forward for providers to be able lean in
20 in models that address Medicare Advantage
21 outcomes.

22 And the other area we're thinking
23 about quite a bit is condition-specific
24 populations. As I said, primary care models
25 are characterized by prevention, which has a

29 Electronic health record

1 slow return on investment across a broad
2 population, but there are providers and
3 populations that have -- that are at much
4 higher risk for future acute care issues that
5 we can focus on and believe that we can make a
6 difference in terms of return on investment on
7 a much shorter time frame.

8 You can think of the chronic kidney
9 disease population as one such area, where
10 averting future crashes into ESRD³⁰ and hospital
11 visits, as someone reaches that stage of
12 remedial care, can save a lot of money, both
13 for Medicare, but also for payers who have to
14 then fund a very expensive transition period.
15 And so as we think through those potential
16 possibilities, we believe there is a lot of
17 hope and potential for multi-care alignment in
18 the future. Thank you. And I look forward to
19 the discussion.

20 DR. BHANSALI: Thank you, Nicholas.
21 We're saving all questions from the Committee
22 until the end of all presentations. Next, we
23 are glad to welcome Ms. Dana Rye, who is the
24 President of Value-Based Care at Duly Health
25 and Care. Dana, please go ahead.

30 End-stage renal disease

1 MS. RYE: Thanks, Dr. Bhansali. And
2 thank you all for the opportunity to
3 participate in this important conversation. I
4 have the opportunity of representing Duly
5 Health and Care.

6 You can go to the next slide,
7 please.

8 The largest independent multi-
9 specialty provider in the country. I am the
10 President of Value-Based Care. This is an
11 important and high-performing part of our
12 business encompassing over 400,000 patients
13 across payers and risk arrangements.

14 Next slide. A bit more about Duly.
15 You can think of us as a large single practice,
16 but we're so much more than that. We're really
17 a full integrated delivery system. We have
18 1,800 clinicians, 190 different locations, a
19 full suite of ancillary services from lab,
20 diagnostic imaging, ASCs³¹, urgent care, and
21 infusion centers. We serve 1.2 million
22 patients, and as I mentioned, nearly 400,000 of
23 those are in some form of value-based care or
24 risk arrangement. We have incredibly high
25 provider retention, best-in-class patient

31 Ambulatory surgery centers

1 experience scores, and, of course, are most
2 proud of our clinical quality.

3 Next slide. Now, this footprint
4 makes us uniquely suited to excel in both fee-
5 for-service and value-based care. With our
6 primary care at the center, we leverage the
7 strength of this model to provide timely, cost-
8 effective, high-quality care. Because of our
9 multidisciplinary footprint, we're able to keep
10 the majority of our office-based professional
11 services in-house, which enables countless
12 life-changing stories of same-day appointments
13 and referrals. For example, just a few weeks
14 ago, PCP uncovered a possible macular hole.
15 She walked the patient down the hall for a
16 same-day evaluation by a retinal surgeon who
17 confirmed the diagnosis and scheduled an
18 immediate procedure, likely saving that
19 patient's vision. Just one example of many
20 that happen every single day because of the
21 ability to deliver care across specialties and
22 ancillaries.

23 Next slide, please. So a large part
24 of the success is because of who we are. We
25 have tenured patients who, on average, have
26 been seeing our highly aligned, mostly

1 shareholder physicians for over 10 years. That
2 allows the physician to deploy care across
3 specialties and our ancillaries, all while
4 integrating our value-based care data and care
5 management seamlessly into the provider
6 workflows.

7 Next slide. On top of this core
8 foundation, we deploy programs that wrap around
9 that physician-patient relationship and ensure
10 the patient receives needed support between
11 physician appointments. Some examples of that
12 are noted here. For example, our care
13 management teams are in the clinic, so
14 physically located with the team, serving as a
15 true part of that physician's care team versus
16 an external unknown person, which is how many
17 care management teams will operate.

18 Duly at Home, a program that enables
19 that patient's provider to treat them even if
20 the patient can't come into the office,
21 facilitating a telehealth with the provider who
22 knows the patient, knows their story, knows
23 their background, while a certified paramedic
24 can actually put hands and eyes on the patient,
25 checking vitals, administering IV fluids, and
26 more. We have programs that manage

1 hospitalizations, readmissions, and support
2 patients through post-acute and specialty
3 journeys, all of which is coordinated through
4 our primary carers.

5 Next slide. And our numbers affirm
6 that these -- this foundation, plus our
7 programs, drives positive results, whether it's
8 the important operational metrics, like having
9 90 percent hospital follow-up visits or proper
10 documentation of acuity achieved by seeing
11 these patients regularly, at the right side of
12 service, at the right time, by the right
13 provider. For example, over half of our
14 orthopedic procedures now take place in an ASC
15 versus a higher-cost hospital setting, and
16 we're really proud of driving that improvement,
17 which is a better patient experience and drives
18 significant cost savings to the system.

19 I'm most proud, however, that we've
20 reduced hospitalizations by 43 percent for our
21 most medically complex patients in our Care
22 Ally program. This is our version of care
23 management. It is nurses working with the
24 riskiest and most complex patients that we have
25 as an extension of the primary care and
26 ensuring that those patients receive everything

1 they need to positively impact their health
2 outcomes. We've also reduced readmissions by
3 half for patients that we see at homes through
4 that Duly at Home program or a 30 percent
5 reduction in our oncology patients needing to
6 visit the ER³² because of those care management
7 programs. We're incredibly proud of this
8 patient impact, and this has translated into
9 significantly impressive and strong value-based
10 care program results across payer types.

11 Next slide, please. So as I
12 mentioned, we're active and top-performing
13 participants in a range of both Medicare
14 Advantage and original Medicare programs,
15 previously ACO REACH and now MSSP³³. We have
16 roughly equal patients in both programs, so
17 this allows us to compare results across
18 meaningful populations. Each of them has tens
19 of thousands of patients in them. And
20 importantly, we deploy our internal programs
21 consistently across the two.

22 We will, of course, distinguish
23 between patients, for example, the highest-risk
24 patients needing a different level of care than

32 Emergency room

33 Medicare Shared Savings Program

1 a patient of average risk, but we don't look at
2 their insurance when figuring out how to deploy
3 those programs. And so, it is interesting,
4 then, that we see much better outcomes in our
5 Medicare Advantage risk population than we do
6 in traditional Medicare. For example, as you
7 see here, hospitalizations are 35 percent
8 higher and readmissions 14 percent higher for
9 the original Medicare population, even though
10 the number of chronic conditions per patient is
11 not materially different.

12 So given that these programs are
13 deployed consistently and the population does
14 not appear different in terms of their level of
15 acuity, we see three main reasons for this
16 diversion. First, attribution and the strength
17 of the PCP relationship. When a patient is
18 closely tied to a Duly PCP, outcomes are
19 better. More Medicare Advantage have a Duly --
20 patients have a Duly PCP, and they engage with
21 their PCP more frequently than ACO REACH
22 patients do.

23 Number two, data accessibility.
24 Medicare Advantage provides significantly more
25 and more timely data than we've received
26 through ACO REACH or MSSP.

1 And finally, supplemental programs.
2 These are offered by Medicare Advantage plans,
3 who are also highly incentivized to improve
4 outcomes and lower cost. They use tools like
5 utilization and -- utilization management and
6 prior authorization, which, while not perfect,
7 are an example of why we saw one percent of the
8 skin substitute spend in Medicare Advantage
9 than we did in the ACO REACH population, again,
10 despite roughly equal population sizes. They
11 include a host of other patient services as
12 well, again, sometimes additive to the ones
13 that we provide internally.

14 Next slide, please. Here, we'll go
15 a little bit deeper on that first point of
16 attribution and PCP alignment, and you can see
17 here that the data clearly shows when there's a
18 -- an aligned Duly PCP, clinical outcomes are
19 better. And, you know, some examples that are
20 listed here, right, 150 percent more admissions
21 in original Medicare when there's not a Duly
22 PCP, roughly 65 percent greater readmissions,
23 roughly 70 percent greater emergency room
24 rates. And as this shows, this is true across
25 payers, but it is more pronounced in original
26 Medicare, as fewer patients have that aligned

1 relationship due to the stricter, more
2 formulaic attribution compared to Medicare
3 Advantage.

4 While we make every effort to engage
5 patients and offer them Duly's excellent care,
6 Medicare Advantage plans and their attribution
7 offer exit ramps for patients who are truly not
8 seeing Duly or do not want to engage with the
9 system, as well as multiple paths to add those
10 patients so that we can provide all of these
11 services for them when we're actively providing
12 care for those patients. Our Medicare
13 Advantage patients also see their primary
14 carers more frequently, which enables the PCP
15 to more effectively quarterback that care.

16 Next slide. Expanding on the other
17 differences that we see, Medicare Advantage
18 provides more and more timely data on the left
19 side of the slide. This allows us to act
20 instantly. For example, our ability to
21 coordinate discharge planning while a patient
22 is still in the hospital for that hospital
23 follow-up versus learning about the
24 hospitalization through claims data much later.

25 Third-party companies do sell this
26 information, and we purchase it for original

1 Medicare, but it's expensive. And more
2 problematically, it is not comprehensive, as it
3 requires each hospital to agree to share that
4 data with the third party. So as an example,
5 to put this into context, while we have 35
6 percent more admissions in ACO REACH than we do
7 in Medicare Advantage, as we showed on the
8 prior slides, you would expect 35 percent more
9 notifications. We see far fewer notifications
10 come through for ACO REACH than we do for
11 Medicare Advantage, meaning it is more
12 difficult for us to act on that in a timely
13 manner.

14 Lastly, on the right side, Medicare
15 Advantage plans offer supplemental programs
16 that, at times, are additive to our consistent
17 internal approach. Examples of this can
18 include added -- excuse me, expanded care
19 management and wellness programs. Others that
20 I mentioned earlier, like UM³⁴, which, when
21 deployed appropriately, can be another lever to
22 both help the patient and avoid wasteful low --
23 low-value spend, such as the skin substitute
24 example that I mentioned earlier.

25 So to close, we appreciate PTAC's

34 Utilization management

1 interest in this important topic. And thank
2 you very much for including Duly's perspective.
3 We're glad to address any questions during the
4 Q&A portion.

5 DR. BHANSALI: Thank you, Dana.
6 Next, we are happy to welcome Dr. Karthik Rao,
7 who is the Chief Medical Officer at agilon
8 health. Welcome, Karthik.

9 DR. RAO: Thanks, Dr. Bhansali.
10 Appreciate it. And so, pleasure to be here and
11 nice to meet everyone. Karthik Rao, primary
12 care physician at Lahey Clinic in Boston and
13 Chief Medical Officer at agilon health.

14 Please flip to the next slide. You
15 know, I'll actually start with our mission. So
16 our mission is to be the trusted long-term
17 partner of community-based physicians,
18 ultimately enabling them to reimagine the care
19 experience for seniors and lead the
20 transformation of care delivery in their
21 communities. And so, when we think about our
22 care model and how we do that, there's really
23 three pillars that we focus on. One is
24 partnership; two, our platform; and three, our
25 network.

26 And so, from a partnership

1 perspective, every partner or group that we
2 work with is truly a partnership, which means
3 we form long-term JVs³⁵ for full-risk, multi-
4 payer Medicare lines of business. And what
5 that does is it ultimately aligns economics
6 with outcomes that we are trying to create with
7 that group for those patients.

8 To our platform, you know, I really
9 think about it as a purpose-built platform
10 specific for Medicare across all lines of
11 business. And I think that the key to note
12 here is what we're really doing in that
13 platform is we're taking disparate pieces of
14 data, claims, EMR³⁶, ADT³⁷, creating a patient-
15 level profile of them, and driving point-of-
16 care insights across our care model to
17 ultimately create better quality care. And
18 I'll talk in more depth on how we do that.

19 Lastly, I think is also really
20 important, which is our network. We are a
21 network of 3,000 physicians, taking care of
22 500,000 lives, who are all full-risk. And our
23 physicians are entrepreneurial. They're
24 innovative, and we share best practices that

35 Joint ventures

36 Electronic medical record

37 Admission, discharge, transfer

1 they come up with and drive those across the
2 network, which allows us to innovate quickly
3 and efficiently.

4 And so, with that, let's move to the
5 next slide, here. And so, where are we? So
6 we're in 28 markets across 12 states. And a
7 few things to know. I mentioned we are roughly
8 500,000 lives. 400,000 of those are Medicare
9 Advantage full-risk. About 100,000 are in ACO
10 REACH.

11 We have several different archetypes
12 of community-based groups that we work with:
13 community-based health systems, multi-specialty
14 groups, large IPAs³⁸, and also singletons, which
15 both creates unique opportunities for us in the
16 value space and also unique challenges that we
17 have to work through.

18 We can flip forward one more here.
19 And so, you know, I mentioned in our care
20 model, we're trying to create a single Medicare
21 experience for physicians and patients. And on
22 the left, you'll see the challenges are our
23 community-based groups we're dealing with prior
24 and how we've helped solve some of those
25 problems on the right.

38 Independent Physician Associations

1 And so, to walk through this in some
2 detail, the first I'll mention is disparate
3 contracts with different plans in Medicare
4 Advantage that required different parameters
5 for success. Whether that was quality metrics,
6 thresholds for quality metrics, or how those
7 incentives were ultimately passed back to the
8 group, create a lot of challenges for them in
9 naturally operating to those contracts.

10 Two is point-of-care insights and
11 data. Ultimately, to perform in these
12 contracts and change the ways care is
13 delivered, you really have to deliver point-of-
14 care insights. That's the core providers
15 making the best decision for that patient in
16 that moment in time. That's very challenging
17 to do when you're data-constrained. Your
18 exchanges are challenged, and you have
19 different metrics you're operating against.

20 And lastly, you know, I think the
21 reporting against performance has also been a
22 challenge previously. You can imagine the
23 complexity of getting to streamline reporting
24 when there are so many metrics and contracts in
25 place. So on the right, what we've really
26 tried to do through our partnerships with our

1 groups is create a single line of business for
2 senior lives. And so, we look at a senior life
3 as a senior life. We don't differentiate
4 between plans or CMS full-risk programs. We
5 really just focus on doing the right thing for
6 that patient in front of us. And so that
7 creates a single MA line of business
8 experience.

9 And two, we spend a lot of effort
10 actually making sure every patient has a
11 complete dataset that integrates claims, EMR
12 data, and ADT data. And we construct our care
13 model to perform against a set of metrics and
14 outcomes that -- where we are trying to
15 optimize both quality of care and reduce
16 unnecessary care that does not add to the
17 experience or benefit of that patient. And we
18 deliver those insights to nudge PCP behavior at
19 the point of care. We think that's critical to
20 actually changing care for those patients.

21 And so, I'll talk a little bit about
22 our care model on the next slide. And so, you
23 know, just to summarize, single line of
24 Medicare business that we've transitioned our
25 groups to, ultimately trying to standardize
26 quality metrics that they perform against and

1 delivering those insights at the point of care.
2 So what are those insights really trying to
3 achieve?

4 And so, if we look at this slide,
5 our care model is really built on a patient-
6 centric lens of understanding where we have the
7 biggest opportunities to improve quality of
8 care but also reduce spend that does not
9 contribute to better outcomes.

10 And the way we think about this is
11 really in three ways. One, really
12 understanding who our patients are, and so we
13 use algorithms to risk stratify patients based
14 on a number of factors. Two, really matching
15 and really being purposeful about the
16 interventions that we are creating for those
17 patients. We can't do everything. So we
18 really have to focus on a narrow set of
19 activities that we think will meaningfully move
20 the needle. And I think that's important to be
21 focused because we make significant investments
22 on core capabilities that you see across the
23 bottom of this slide, on really getting good at
24 those things and continually optimizing. And
25 I'll share a few examples of what that looks
26 like.

1 So for our most complex patients,
2 which you see in the second column, these are
3 patients with advanced illness, end-stage heart
4 failure, end-stage renal care, end-stage COPD³⁹.
5 We offer 24/7 access in the home for these
6 patients because they are at critical points in
7 their care journey. And we think we can really
8 meaningfully make a difference in their lives
9 by offering them that added level of service.
10 And that also holds true for many of our high-
11 risk patients, which are in a slightly separate
12 tier, but again, multi-comorbid patients often
13 in and out of the hospital. They're dealing
14 with coordinating care across a number of
15 different specialties and entities. We have
16 in-home care capabilities to support them as
17 well.

18 Clinical pathways. We really
19 believe, for the majority of seniors, there are
20 about five conditions that we want to be best-
21 in-class at managing proactively and end-to-
22 end. And you see those here. CHF⁴⁰, COPD,
23 dementia, CKD⁴¹, and diabetes. These are
24 conditions that are high -- highly prevalent in

39 Chronic obstructive pulmonary disease

40 Congestive heart failure

41 Chronic kidney disease

1 the senior population. They are conditions
2 where we see significant care gaps in care
3 patterns that exist today. And it's for good
4 reason.

5 PCPs are busy. They often don't
6 have the time that's complex to actually treat
7 a lot of these conditions and really close all
8 those care gaps. And so, what we found as a
9 common theme through a lot of these conditions
10 is a need for pharmacy care. And so we have
11 pharmacists across all of these conditions that
12 help close care gaps, will help patients with
13 any cost concerns and find alternatives. And
14 we've seen, just an example, in CHF, moving our
15 guideline-directed therapy rates from baselines
16 of around 20 percent to 70 percent on three-
17 and four-drug regimens. And as a result, we've
18 seen readmissions and admissions for that
19 cohort come down significantly.

20 You know, like most groups in value-
21 based care, we also focus on burden of illness
22 and quality, episodes of care, and high-spend
23 specialties. And, you know, I think -- and we
24 continue to progress and optimize in those
25 areas, as well.

26 So next slide, please. And so we

1 talked about a few things coming together. We
2 talked about our platform. We talked about
3 what our care model looks like, and we talked
4 about our network that helps us innovate. And
5 so, where has that gotten us in terms of
6 results that we've been able to achieve? From
7 a quality perspective, we consistently perform
8 above four stars. We've done that, you know,
9 going back to 2020, and our results continue to
10 be promising in that area.

11 From patient access perspective, we
12 think access is critically important. And we
13 think that's a part of right care, right time
14 at the right place. This is just one measure
15 of that, annual wellness visit completion rate.
16 We're well north of -- we're at 76 percent
17 north of the fee-for-service average, but you
18 also see access metrics such as touch points
19 and PCP-to-specialist visit ratios be
20 meaningfully better for our network relative to
21 comparison groups.

22 And lastly, from an outcomes
23 perspective, are we reducing unnecessary
24 utilization? And so, on readmissions, hospital
25 admissions, and ED⁴² visits, you see our

42 Emergency department

1 outcomes to the right. And what you see across
2 those three metrics is our readmissions being
3 about 20 percent lower than a fee-for-service
4 benchmark, our hospital admissions being about
5 15 percent lower, and our ED visits being about
6 35 percent lower. And so, I think through our
7 care model, our proactive care, our focus on
8 specific disease segments, we've really been
9 able to move the needle on how we perform, both
10 from a quality of care perspective and
11 experience for seniors.

12 Next slide, please. And so, what
13 have we learned through this process? And so,
14 you know, I'll start with the top line, and I
15 think that is full-risk in MA can really mean
16 different things by plan. And what it can
17 sometimes feel like, we operate across 30
18 different payers, that you're really in 30
19 different programs, and that plus ACO REACH and
20 MSSP that we operate in creates a lot of
21 complexity.

22 And I'll hit on three areas where I
23 think that really comes to light. One is
24 attribution. And so our -- we are obviously at
25 full risk for all of the lives that we take
26 care of. We have -- we see real differences in

1 when we get attribution data by plan. So our
2 best payer partners gives -- give us
3 attribution data in January, which allow us to
4 be proactive in engaging with those patients
5 and really helping them benefit from what we --
6 from our full-care model. Other plans don't
7 provide us attribution data until April or May,
8 which really puts us several steps behind both
9 in engaging those patients and put our
10 contracts at risk from being delayed in what we
11 can do. Those tend to be smaller regional
12 payers that are less sophisticated.

13 Two is data asymmetry. We generally
14 have a pretty good experience in ACO REACH,
15 both from the timeliness of data and also from
16 the completeness of that data that we receive.
17 In working with MA plans, we see a lot of
18 variability and timing of data. Incomplete
19 datasets both can be on the claim side and also
20 on the risk adjustment side, and also different
21 data structures.

22 And, you know, again, mentioned we
23 work across about 30 different plans. We
24 spend, you know, upwards of half a million
25 dollars for each of those plans to restructure
26 data, making it usable, allowing us to be able

1 to do things like point-of-care insights that
2 allow us to change care patterns for the
3 patients in our care model.

4 And last, measuring success, which
5 others have hit on as well. And so, there's
6 variation in MA plans and even by MA plan, ACO
7 REACH, and MSSP, and the difference in quality
8 metrics, the thresholds for those quality
9 metrics, and how incentives are paid out create
10 a lot of complexity in how we manage both from
11 a contracting perspective and delivery of care
12 and also in contract performance.

13 And so, you know, moving forward, I
14 think we have a real opportunity to be more
15 clear on what it means to be in full risk by
16 stakeholder, whether that's data requirements,
17 attribution, or quality metrics. I think
18 creating consistency across those things where
19 we do see administrative burden in succeeding
20 these programs and ultimately allow us to focus
21 more on care delivery and the physician
22 education that's required to succeed. And so
23 I'll pause there.

24 DR. BHANSALI: Thank you, Karthik.
25 Finally, we're excited to welcome back Dr.
26 Michael Chernew, Professor of Health Care

1 Policy and Director of the Healthcare Markets
2 and Regulation Lab at Harvard Medical School.
3 Please go ahead, Mike.

4 DR. CHERNEW: Yeah. Thank you so
5 much for having me. It's wonderful to go last.
6 Listening to Nick and Dana and Karthik is
7 really educational for me. I think the reason
8 I do this is so I can just hear what the other
9 speakers say and get the questions. And I have
10 to say, it warms my heart to see all of this
11 type of activity going. And I actually do
12 think there's a lot of merit in what some of
13 these organizations like Duly and agilon are
14 doing, and so we actually see some care
15 transformation happening. And I think the
16 evidence might not be as overwhelming as people
17 would've liked, but I think there's clear
18 evidence that well-designed programs can
19 improve quality and reduce spending. And so,
20 I'm excited about all of that.

21 So now, since -- unlike the other
22 speakers, I don't actually do anything, I'll
23 have a shorter set of comments, and then we can
24 go to the Committee's questions. But can you
25 advance the slide?

26 So first thing I need to say is the

1 opinions, everything I'm going to say now,
2 they're just my personal views. They don't
3 necessarily reflect the views of any
4 organization I'm affiliated with. Most
5 importantly, they don't reflect the views of
6 MedPAC⁴³.

7 All right. Next slide. So I think
8 a key thing here that everyone has emphasized,
9 so I won't emphasize it; I just have more
10 pictures than words, is it's just really hard
11 to succeed when physicians are facing multiple
12 incentives. So they're getting different
13 incentives from the MA plans. They're getting
14 different incentives potentially from ACOs.
15 There's obviously fee-for-service. And this is
16 largely just in Medicare.

17 Now, the way that I put this out, I
18 have the ACO incentives coming at the physician
19 separately from the MA plans, but I think one
20 of the things you've seen from both Dana and
21 Karthik is the ACOs can actually be between the
22 MA plans and help harmonize what goes on. I
23 think that's a very important role for
24 conveners, but the key point here isn't how the
25 arrows go. The key point here is it's very

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1 hard to practice medicine if a lot of different
2 groups are telling you how to practice
3 medicine.

4 So let's go to the next slide. So
5 this is my main point. This will come up again
6 at the end. And, by the way, I'm almost at the
7 end. Alignment's important, and it's easier to
8 align the programs if there are fewer programs.
9 One of the problems that I've seen and that I
10 worry about is there's just a lot of programs,
11 and they're just changing a lot. And so I'll
12 say a little bit more about alignment in a
13 minute, but it's just very hard if you're
14 trying to align population-based health
15 payments, episode payments, and the MA plans
16 are doing their own thing, which CMS doesn't
17 have a direct insight into, and then you have a
18 series of other programs that aren't
19 necessarily exactly episode or ACO-type
20 programs.

21 And so, my sort of first broad
22 comment, and I would say the main theme of this
23 is it is hard to align. Nick pointed that out
24 very clearly for a bunch of reasons, but it's
25 really hard to align if you have so many things
26 going on and you're trying to align micro parts

1 of all those things. And I think one thing
2 that came from Dana and Karthik's point is
3 there's maybe some big-picture areas where
4 alignment might help for at least some of the
5 population-based health things.

6 So let's go to the next slide. So
7 what dimensions of alignment are there? So one
8 is quality measures, and I think that's
9 important. I think there's a lot of stuff
10 going on for quality measures. The more they
11 can be aligned, that's important, so it came up
12 -- data requirements matter, and the -- I think
13 CMS. And the more they can modernize the data
14 requirements and modernize the data flows,
15 things will be better.

16 Risk adjustment matters. So I think
17 there's big differences. Risk adjustment
18 itself, I think, needs a real serious overhaul,
19 but I think aligning it across similar programs
20 ends up being quite important. The one that I
21 think Dana and Karthik mentioned a lot was
22 attribution, and I think that certainly matters
23 a ton. It's hard to succeed in these models if
24 you don't know who's in the model.

25 And then the last one is financial
26 incentives. And I'm going to say a bit more

1 about financial incentives because it happens
2 to be an area of interest of mine, but you do
3 want the financial incentives to work in a way
4 that helps providers succeed if -- financially,
5 if they do the right thing. And that ends up
6 often being a tension between fee-for-service-
7 type programs and ACO-type programs. But I
8 would be remiss if I didn't note that one thing
9 that's happening in fee-for-service is the
10 addition of a whole bunch of codes that are
11 kind of not like population health code --
12 they're sort of like population health codes,
13 but they're not really ACO total codes, a bunch
14 of G codes and things like that. And it's very
15 hard to align the incentives if you're trying
16 to do everything in every program.

17 So next slide. So some challenges
18 to alignment. The programs often have
19 different scopes. So we've talked a lot about
20 total cost of care programs, which is often
21 these groups that take full risk, ACO and even
22 contracts, MA plans where you take full risk,
23 but there's also a bunch of episode-based
24 models. And I think aligning between the
25 episodes and the population-based models will
26 end up being particularly important.

1 There are inherent attribution
2 differences between ACOs and MA. So a lot of
3 people talk about attribution. So I'm not
4 going to dwell on it now, but again, I do agree
5 that attribution and getting it right matters.
6 And I should say the nuance there is that we
7 attribute people to MA plans well. The actual
8 attribution of MA plans to practices is
9 something that's sort of outside of CMS' direct
10 purview. And as was noted, plans -- some do
11 that better than others, but the ACO-type
12 attribution is something that CMS does and
13 figuring out how to align that with other
14 attribution models and across attribution
15 models would be important.

16 One big problem ends up being the
17 multi-nature layer of care. So there's
18 population-based programs and fee-for-service,
19 a bunch of others. There's not enough room to
20 draw all them that affect the provider group or
21 the health system. So there's money going
22 there, but then the doctors themselves or other
23 professionals -- they're getting incentives
24 maybe from their health system that may not
25 exactly match the type of incentives that are
26 coming from the payment model to the provider

1 group or the health system. And so aligning
2 that -- so for example, this fits into the
3 statement that people say, look, you're giving
4 us total cost of care to the delivery system,
5 but the doctors are still rewarded on some fee-
6 for-service basis.

7 So there's some amount of aligning
8 that I personally believe is the responsibility
9 of the provider group or the health system to
10 harmonize their different incentives so that
11 the doctors and the other professionals and all
12 the other things that are going on are kind of
13 moving in the same direction.

14 One of the big problems ends up
15 being legacy systems. You want to align things
16 across payers, but not every group can manage
17 in their IT⁴⁴ systems doing a bunch of things,
18 so it ends up being quite hard. If you want to
19 align quality, for example, or if you want to
20 align risk, you really need to think through
21 how the IT systems in these different groups
22 are working. And those legacy systems can
23 sometimes be a real barrier to what's feasible
24 on the ground.

25 And then the other problem, which I

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1 think is particularly true when you think
2 amongst, let's say, the MA plans, is alignment
3 often requires some version of standardization.
4 Maybe we can have a semantic discussion about
5 the distinction between alignment and
6 standardization, but, typically, it involves
7 some aspect of standardization. And there's
8 often organizations that believe they have some
9 type of secret sauce, and they don't want to
10 align. They want to see what other people are
11 doing and then add their secret sauce sort of
12 on top or below or besides what that is, which
13 is fine, but it makes it complicated to do
14 alignment.

15 The problem is, if you do that
16 standardization, you worry about innovation.
17 You don't want organizations -- say you could
18 do better attribution or better quality or
19 whatever it is, not to be able to do that
20 because now you've aligned everybody doing the
21 same thing.

22 So I think my personal view is we
23 need a little bit more standardization in the
24 scheme of things. I think the administrative
25 burden and the lack of alignment is actually a
26 worse problem, but I think that issue remains

1 up for debate, and the devil will be in the
2 details when there's a particular proposal on
3 the table.

4 Next slide. So this is really my
5 last original slide, but I want to raise one
6 other point about alignment that hasn't really
7 been raised, which is this point that I've made
8 in another piece, which is waste is an asset.
9 So the goal here is that we want to incentive
10 delivery system, provide higher-quality, lower-
11 cost care, and share the savings with them,
12 hence the things like shared savings program.
13 Different Alternative Payment Models assigned
14 the gains from efficiencies to different
15 stakeholders. So there's a total cost of care
16 models, but there's also episode models, and
17 there's different things that might go on in
18 the fee-for-service system when you add certain
19 types of chronic care management codes or
20 certain activities, like avoiding a post-acute
21 stay or shifting someone to a lower-cost
22 imaging procedure, or doing a whole bunch of
23 things, that savings is going to have to get
24 split between organizations, and you may have
25 different organizations that have some claim on
26 that saving, say an episode can be an episode

1 provider or a -- an ACO. And so it's important
2 to think through how waste is assigned, because
3 it affects the incentives to save and
4 participate.

5 So in a world where we have a whole
6 bunch of different models that are floating
7 around, thinking through the participation
8 rules, and who gets to keep the savings, and
9 how to do that in an aligned way, matters. The
10 general gestalt of the MedPAC recommendation,
11 which I believe in, is the APM should be
12 synergistic and default to population-based,
13 say total cost of care models, and then they
14 should add synergistic episodes or other models
15 on top of that base foundation. But I think
16 too often, one problem we have with alignment,
17 is people begin to ask, how can we build a
18 model to accomplish this particular small goal,
19 chronic care management? Well, that's a big
20 goal. But managing a particular patient type
21 in a particular way.

22 And the issue is, even if you do
23 that correctly, understand that in these
24 population-based models that -- the
25 organization that holds population
26 accountability has an incentive to do that.

1 And so trying to figure out how to align the
2 incentives across different types of programs,
3 and how to manage who's able to participate in
4 them, matters. And I think it becomes
5 complicated when you try and build a bunch of
6 population-like features in fee-for-service,
7 which is inherently not well oriented, the
8 population-based management to then align that
9 with what's going on in other say, more direct
10 population-based management type programs, and
11 if you don't do that well or if you're not
12 cognizant of it, you'll mess up the
13 participation decisions, and the entire thing
14 will just become administratively burdensome
15 and too complex to operate.

16 So let's go to my last slide, which
17 was really one of my first slides. So I'm just
18 going to close with this, and I look forward to
19 questions, and I hope I get to engage with
20 Nick, Dana, and Karthik on these points. But
21 again, I think a core point is, it's much
22 easier to align the programs if there are just
23 fewer of them. Having a general vision and
24 building that vision out in an aligned way is,
25 I think, important. And I think that's hard to
26 do if we come to the discussion with the

1 notion, all right, we've launched a bunch of
2 programs in 2026. What are we going to launch
3 in 2027? Or if we come to it from the point of
4 view of, well, I'm in charge of the Part D
5 program, or the Part B program, or pick your
6 letter, and we also need to do something
7 related to chronic care management, drug
8 pricing, psych care, whatever issue you want,
9 and so we're going to launch a new model to try
10 and get it back.

11 Because every time you try and
12 launch a new model to try and get it, whatever
13 the particular thing you're worried about, you
14 have to think about how it interacts with all
15 the other broad models, particularly the
16 population-based models which ideally would be
17 able to have a much more holistic view of
18 pulling these things together.

19 So the next slide, which is just
20 going to say "End." I've enjoyed at least my
21 brief time to be able to talk with you all, and
22 I really look forward to the discussion. So
23 thank you very much.

24 DR. BHANSALI: Thank you so much,
25 Mike. And thank you to all our experts for
26 these great presentations. Now, let's move to

1 the discussion portion of the session. At this
2 time, PTAC members, please raise your hand in
3 Zoom if you have questions for our guests.

4 Additionally, we want to encourage
5 our experts to ask follow-up questions of each
6 other. You can signal that you have a question
7 by raising your hand in Zoom. In the interest
8 of ensuring balance across different
9 perspectives and questions, we encourage
10 experts to keep each response to a few minutes.

11 Now, I am going to take a look to
12 see who has their hand up. And if no one, then
13 I -- oh, I see Lauran with her hand up first.

14 Lauran, please go ahead.

15 MS. HARDIN: Thank you, Henish.
16 Excellent presentations.

17 Dana, I have a couple questions for
18 you, and I welcome the other panelists to
19 comment as well. I was really intrigued by the
20 care management infrastructure that you have,
21 and to see the diversity of roles from
22 paramedicine to nurse case managers managing
23 the highest complex, and it looked like as well
24 community health workers potentially in the
25 Care Ally role. So I'm curious how you
26 coordinate that infrastructure, if it is

1 coordinated and connected at a central level,
2 and what insights you've gained from working
3 with different disciplines and that
4 coordination to achieve the outcomes,
5 reductions in costs, and improvement in quality
6 that you've seen.

7 MS. RYE: Sure. And thank you so
8 much for the question. And it is -- with
9 living in the day-to-day of it, to take a step
10 back and look at that comprehensive suite in
11 the way that we lay it out in that slide is
12 very special for me and something I'm very,
13 very proud of that we've built. And, yes, it
14 is a whole host of individuals, including many
15 of the ones that you mentioned, and a lot of
16 ones that don't jump through. Like there's,
17 you know, MD specialists, for example, involved
18 in that as well. There are front desk
19 employees at our clinics. There's call center
20 staff that serve all of our 1.2 million
21 patients.

22 And so, yes is the short answer. It
23 requires a tremendous amount of coordination.
24 I'm sure we've all seen examples of when, you
25 know, additive services are done in a way that
26 is not well integrated. It makes for, you

1 know, at best, a clunky experience. And then
2 when it plays out worst, you know, patients
3 getting conflicting instructions from different
4 places, which leads to, you know, again, at
5 best, neutral outcomes, if not, you know, poor
6 outcomes.

7 And so we have, because of the scale
8 of our programs and our commitment to value-
9 based care, invested in those back engines,
10 I'll say. And that's everything from data, the
11 processes, and probably the part I'm most proud
12 of, the team, to help make sure -- a team of
13 excellent operators who've been in this space
14 for a long time. And I really do think that is
15 what's necessary to make those pieces all come
16 together. One of the many reasons why it's so,
17 so hard for smaller organizations that don't
18 have, you know, the confidence, the track
19 record, the dollars to invest in aggregating
20 programs to those levels and one of the reasons
21 why I am glad that there are organizations like
22 agilon out there for groups that wouldn't be
23 able to do this on their own. So happy to go
24 into more detail on any of those pieces if
25 helpful, but we'll leave it there for now.

26 DR. BHANSALI: Dana? Lee?

1 CO-CHAIR MILLS: Yeah, wonderful
2 presentation. I appreciate that from
3 everybody. I was really struck that I think
4 I've heard -- you know, involved in PTAC now
5 going on seven years, I guess. I think I've
6 heard something across all four of you that's
7 the first time I've ever heard it said this way
8 in a PTAC meeting or discussion, which is, you
9 know, Dana and Karthik, your team's out there
10 doing the good work every single day. You all
11 both in your own way said really clearly that
12 MA is the winning model, and you try to bring
13 Part B wrapped in an ACO alongside that.

14 But the -- you know, MA is superior
15 for attribution, relationship, better data
16 sharing. I love -- and agilon talked about
17 essentially blending all that together and
18 providing both financial and program arbitrage
19 for your provider so they only see one program.
20 But it makes a big part of that.

21 You know, Mike, you said, you know,
22 it's hard to align with lots of programs, and
23 so fewer programs may be better. And that's
24 the theme we've picked up before saying maybe
25 it's time to stop making up new models and time
26 to start enforcing what we know works, however

1 we do that, right?

2 And then Nicholas, you talked about,
3 you know, CMMI is increasingly aware that it's
4 hard to get to 65 or 70 percent of the patients
5 involved to move systems and providers. If MA
6 isn't involved, and CMMI sounds like it's
7 looking at how MA can be involved, and so
8 that's really a first. And so I guess I'd love
9 to throw it open to all of you to talk about
10 that specifically. Are we kind of entering a
11 new era where multi-payer alignment from CMS'
12 perspective is going to include weaving MA into
13 programs in trying to streamline, you know,
14 metrics, policies, philosophy, as much as we
15 have been focusing for the last 15 years in
16 PTAC pretty much around just Part B alone. So
17 love to hear your reflections on that. Whoever
18 wants to go first.

19 DR. RAO: Yeah. Maybe I can start
20 and then others can layer in. And, Terry, you
21 know, you mentioned one of the things that came
22 out was, maybe MA is the clear winner, and I
23 might take a step back from that and say, I
24 actually think we do pretty well on the ACO
25 REACH side too, and we've had a good experience
26 there. When I think about the 30 MA plans that

1 we work across, it's really tough to say
2 they're all the same.

3 There's a lot of heterogeneity
4 within that. And I would say some are clearly
5 at the top quartile of who we work with. And
6 in that top quartile, what we generally see is
7 pretty standard data requirements, like timely
8 attribution, and I would say benefits that
9 align with our view on what good care means for
10 a patient. Which I think really allows us to
11 get on the same page pretty quickly with them
12 to focus on patient care without all the
13 administrative burden of what we're trying to
14 do in the background.

15 And so I do think there -- to your
16 point on how we can work through requirements,
17 like, it's clearly going well in some places on
18 the MA side. What can we learn from what
19 they're doing and even components of ACO REACH
20 to say, how do we create standard components of
21 that that everyone can get behind?

22 I think Michael mentioned one of the
23 biggest challenges, which is a lot of small
24 regional MA plans have very dated stacks of
25 technology and other things they're using. And
26 if you were to ask them to do that today, they

1 just can't. And so there -- there's probably a
2 will, but not a way. And so there's areas, and
3 I think that's part of the challenge, to work
4 through.

5 MR. MINTER: I guess the one thing I
6 would add -- I mean, I appreciate the summary,
7 and would agree that, you know, multi-payer
8 alignment, I think what we have learned over
9 time -- and I know I walked through two of the
10 models that we had tested from 2017 to now and
11 in main care primary, which, you know, just
12 started getting off the ground before we
13 changed priorities, we saw the same. It's --
14 it is really hard unless you can solve these
15 alignment issues to get to what we see as the
16 tipping point for practices to really lean in
17 on behavioral -- sort of behavioral change. To
18 change the way that they are administering
19 care.

20 And it is a challenge that we
21 continue to sort of think through, especially
22 on the MA side. Because obviously they are our
23 systems that we're putting in place, just to
24 acknowledge CMS sort of regulates both MA and
25 fee-for-service, but it is difficult to move
26 either boat just because of, like, the given

1 inertia and the incentives that exist. It is
2 something that we know we need to think about.

3 I don't know, and I will probably
4 get the best solution is fewer, you know,
5 solving -- or having fewer pieces of the
6 puzzle, so to speak. I think maybe it is sort
7 of designing them smarter so that they are less
8 confusing when viewed together. But
9 especially, as we have been using an only
10 carrot-based model for multi-payer alignment,
11 it is something we have to think quite a bit
12 about.

13 DR. CHERNEW: Yeah. Let me add one
14 quick point. First of all, I am a big fan of
15 MA. I think the evidence suggests -- and this
16 may have been implied by the question -- that
17 MA, on average, is lower-cost and comparable,
18 if not slightly better quality. But to
19 Karthik's point, there is widespread
20 heterogeneity, so it's important to what one
21 thinks there. But my enthusiasm for MA doesn't
22 imply that we don't need to work or build a
23 better fee-for-service system for a few
24 reasons.

25 One is the current MA model is
26 structurally built like on fee-for-service

1 benchmarks and stuff. And second, I think
2 there's a range of reasons why people might not
3 want to subject themselves to some of the other
4 challenges of MA. We focused on a lot of the
5 positives of MA, but we have another meeting
6 about some of the challenges. But in any case,
7 we do need to have a fee-for-service system
8 that is efficient as the fee-for-service system
9 can possibly be, both because some people are
10 appropriate for fee-for-service and because the
11 fee-for-service system sets the benchmarks for
12 the MA plans.

13 So I think the challenge ends up
14 being that Nicholas can only control so much
15 once things get sent over to the private sector
16 like the MA plans. You can't control their
17 legacy systems. Can't control the way they do
18 attribution. You know, and we want that. The
19 whole point of MA is to give them the
20 flexibility to bring innovation and care
21 management. But it does limit our ability to
22 make everything completely harmonized.

23 So, to the extent possible, I think
24 building a better fee-for-service system and
25 harmonizing it around the types of things we
26 would expect in MA, attribution, maybe some

1 quality measure things, core incentives about
2 population, health-type stuff, I think that's
3 really the fee-for-service side where we can --
4 ignoring for a moment aligning with MA, just
5 aligning within the CMS pro payment models
6 would be sort of step one.

7 Then you got to figure out how you
8 may or may not be able to align with MA. I
9 think again, after quality measures, risk
10 adjustment might be a good place to start. And
11 then of course, there's all the other payers
12 that aren't actually MA. I would start with
13 Medicaid because at least the government
14 controls Medicaid, but again, there's a
15 federal-state issue there. This is a very
16 complicated part of the American health care
17 system, and I think for starters we need to try
18 our best to keep it as simple as we can -- it
19 will not be simple. As simple as we can to
20 then begin to align things to work in the right
21 direction. But we're going to need a fee-for-
22 service system. Or I should say a non-MA
23 system. It may actually not be fee-for-
24 service, and I really will be upset at myself
25 later for that misspeaking.

26 DR. BHANSALI: Oh, thank you for

1 that, Mike. And thank you to all the
2 presenters who responded, maybe as a response
3 on comment and maybe even a question to what's
4 been said already. So I've had the chance to
5 work at Duly as a primary care provider, and
6 worked on the value-based care side. And what
7 we had, to the points that have been brought
8 up, is at least the friction that was probably
9 the most prevalent from a primary care
10 provider's perspective was not having as much
11 to do with attribution or risk adjustment, et
12 cetera, it really had to do with the quality
13 piece of things.

14 And this is intra Medicare
15 Advantage, so within all the different Medicare
16 Advantage products, and then between Medicare
17 patients, so if a patient was ACO REACH, or
18 MSSP, or Medicare Advantage. And the quality
19 piece really came into play because the
20 variability of that quality -- of what quality
21 meant when a patient showed up. If it's a
22 total cost of care model, or upside only model,
23 or if the attribution is different, that did
24 create some challenges. But it really had to
25 do with the quality piece.

26 And if we believe fundamentally that

1 the outcomes we want to drive for Medicare
2 patients are standard across Medicare products,
3 then I think this question probably goes to
4 Nicholas first, is: How are we thinking about
5 creating uniform set of quality metrics within
6 a payer class so that the abrasion from a care
7 delivery entity perspective, from a PCP seeing
8 a patient perspective, is minimized? Or the
9 variability of care delivered is minimized?

10 MR. MINTER: I think it's a great
11 question. And to your point, it is -- you
12 know, I think we -- I spent a little bit of
13 time talking about quality being one of the
14 real building blocks for alignment as well, for
15 this reason. It will require us at CMS to
16 think through, internally, sort of where we can
17 not necessarily replace wholesale quality
18 systems, I would proffer, but how we can meld
19 sort of, you know, quality systems in new --
20 forget, call it fee-for-service, original
21 Medicare models with what is being done in
22 Medicare Advantage.

23 The Medicare Advantage quality
24 payment system -- or quality bonus payments are
25 big. There's a lot of momentum behind them.
26 They're not going to be replaced quickly. And

1 even altering them, as you all know, it's a
2 comparative system. And so, you know, changing
3 sort of how we are measuring the Star ratings
4 measures for a CMMI model is really
5 complicated, because it creates ripples in
6 terms of who's being compared on what measure
7 that go far beyond the area and the population
8 that we're testing.

9 But those are the questions that we
10 need to confront. Because, to your point, we
11 don't want to just layer on more quality
12 measures and more incentives and different
13 types of outcomes on top of what already
14 exists. So it is something that we are
15 thinking a lot about. I think it will require
16 us to intelligently try to balance the equity
17 of the way that Medicare Advantage measures
18 quality and distributes payments there, which
19 are significant and move quite a bit of
20 mountains, metaphorically speaking. As well as
21 making sure that, you know, we are addressing
22 Stars ratings measures that may be pulling
23 focus away from the things that we believe
24 tomorrow's health care system really should
25 focus on, and that is best for payments.
26 That's not -- I don't have the how-to plan

1 here. I can tell you it is something we're
2 thinking deeply about and hope to see quite a
3 bit in future models.

4 I will note, we have a little bit of
5 experience with sort of modifying Stars ratings
6 measures in the past, and we moved away from,
7 and I think it's something we're thinking more
8 about. The Enhanced MTM -- sorry. Enhanced
9 Medication Therapy Management Model, which was
10 tested back in 2015, it changed the way that
11 medication therapy management was done for
12 participating plans. For those plans, we
13 actually did alter the Medication Therapy
14 Management measure, because it was prescriptive
15 when we were giving freedom, and I think that
16 there's a blueprint there that we need to keep
17 thinking about for improving the quality system
18 in such a complicated landscape. I'll stop
19 there and turn it back.

20 DR. BHANSALI: Mike, I think you're
21 speaking --

22 DR. CHERNEW: Yeah. If I can just -
23 - if I can just say very quickly. I'm much
24 more skeptical about the entire paradigm around
25 improving quality, I think we need a much more
26 bigger redo. But I'm going to leave that for

1 Nicholas to sort out.

2 DR. BHANSALI: Thank you, Mike.

3 Walter, I believe you're next.

4 DR. LIN: Well, I wanted to thank
5 our panelists for a really informative and
6 thought-provoking presentation and discussion
7 so far. It's just great, and I have --
8 actually, several questions. But I'll start
9 with one. And it's primarily for Karthik.

10 So Dana had highlighted the
11 differential performance at Duly with MA versus
12 traditional fee-for-service for the possible
13 care models. And I'm just wondering, Karthik,
14 through agilon's single Medicare experience for
15 its physicians and patients, if agilon's been
16 able to see a narrowing or elimination of those
17 disparity in outcomes between Medicare
18 Advantage and your ACO REACH Model.

19 DR. RAO: Yeah, it's a good
20 question. You know, the short answer is we
21 haven't. We still -- so we see narrowing from
22 a baseline of when we started with that fee-
23 for-service full-risk population that we bring
24 it down year over year in working with them,
25 but we still see a delta between our fee-for-
26 service full-risk lives and our MA full-risk

1 lives. And I think Dana hit on some of the key
2 reasons for why that's happening. I think its
3 relationship with the PCPs tends to persist for
4 longer periods of time, and we know that's
5 generally one of the biggest components of
6 driving behavior change. And so I think it's
7 that.

8 And I do think, you know, as much as
9 we all kind of point at UM and prior auths,
10 like, some of those are helpful for reducing
11 things like skin substitute spend, and I think
12 there's value in figuring out how can we -- how
13 we can be probably more targeted to reduce some
14 of the abrasion and keep some of the quality
15 improvement or unnecessary spend down in those
16 areas.

17 DR. LIN: Thanks.

18 DR. RAO: Joshua.

19 DR. LIAO: Thanks, everybody.
20 Appreciated those comments. I was -- a few of
21 us on the Committee kind of serve on the base
22 Preliminary Comments Development Team, and I
23 had the privilege of leading that for this
24 meeting. And I was thinking about what you
25 shared and what our team kind of put together.
26 I have a few points, and this is driving to a

1 question, I think, directed at probably Karthik
2 and Mike, but I'd welcome other, obviously, any
3 and all thoughts here.

4 So the idea, you know, from some of
5 our work was that, you know, clinicians and
6 authorities don't operationalize care around
7 pilot programs. They're looking to do things
8 that are more system-wide and transformative.
9 Speaking as a primary care clinician as well,
10 you know, you're not trying to target, you're
11 trying to do the best that you can for all the
12 patients that come through. And I appreciated,
13 Dana, some of the comments that I think
14 reflected that sentiment.

15 In that way, you know, Mike's vivid
16 slide about many incentives and payers coming
17 makes it hard to practice medicine. But one
18 thing I appreciate from Karthik, you -- and I
19 think Mike, you alluded to this as well, is
20 there's actually even more than multiple
21 payers. I think most people think of different
22 public and private payers, but within MA, what
23 I've heard is there are multiple different
24 programs. A couple dozen, Karthik, if I
25 remember your comments correctly. Mike, you
26 mentioned heterogeneity.

1 So I guess, is there anything, maybe
2 one or two practical things you would say, how
3 should we deal with that thing, right? Dealing
4 across Medicare, Medicaid is something --
5 public, private something. But just within MA,
6 if different plans present almost different
7 programs, right, and there's a lot of
8 heterogeneity, how should we think about
9 reducing that if Mike's point, which I agree
10 with, having fewer programs is better? Some
11 standardization without losing innovation.
12 What are some pragmatic ways to do that? Be
13 curious your thoughts.

14 DR. RAO: Yeah. You know, do you --
15 Mike, do you want to start this one? I maybe -
16 -

17 DR. CHERNEW: No, I don't have an
18 answer. You go, Karthik.

19 DR. RAO: I surely don't have an
20 answer, but maybe a couple ideas. And so, you
21 know, one of the things that I think about,
22 right, is even if you take an analogy like
23 railroads, they all had a different gauge they
24 were using when they started, and we switched
25 to the same gauge to basically get
26 interoperability across the country. And Josh,

1 to your point, like, when we think about the
2 senior line of business, like, what are those
3 parameters of standardization that we need?
4 Like, what are just things you have to have?
5 And I think those things you have to have to
6 ultimately promote healthy competition for
7 better quality care and what we're trying to
8 achieve.

9 I think a few areas where we can
10 remove some of that variation are attribution,
11 like we've hit on, I think everyone's hit on
12 that here today, that creates a world of
13 administrative burden that we have to go chase
14 down. Figuring out how to create common, you
15 know, parameters around that would be hugely
16 helpful.

17 Two, I actually think about, from a
18 senior line of business, like, what are we
19 really trying to solve with our care models?
20 And Mike hit on this from like, there's a lot
21 of different care models out there, and it
22 sometimes feel like we kind of flip the table
23 upside down every few years. And which creates
24 a lot of change that you've got to go create in
25 a group, and a change story that you then have
26 to tell physicians on why we're doing what

1 we're trying to do.

2 And so I think being really clear on
3 what we're trying to do within the senior line
4 of business -- and it could be quality goals,
5 or just a very like specific problem statement
6 that spans different elements of that care
7 model, I think would be really helpful for us
8 in terms of program design and prioritizing
9 what we're able to go and do.

10 And ultimately, I think it comes
11 down to, you know, going too broad means you're
12 not focused on anything, and we face -- we kind
13 of battle that a lot within our own
14 organization. So where do we really think,
15 over the next three to five years, our biggest
16 opportunities are in that line of business, I
17 think would help create some clarity for a lot
18 of people operating within this space.

19 And then three, I think this is,
20 like, you know, one of the constant challenges
21 too, but it's data requirements,
22 standardization, and exchange. It's not just
23 us. I think a lot of people spend a lot of
24 effort in this space dealing with different
25 formats of data and creating interoperability
26 within different data systems to ultimately be

1 able to provide the care that we want to
2 provide. So I'll throw those out as a few
3 ideas, not answers, that others can build on.

4 DR. CHERNEW: So just a few quick
5 things. First is, in a world that's sort of MA
6 oriented, which is based on competition, you're
7 going to have a lack of coordination across the
8 MA plans, which you kind of want. And so I
9 think just going into this, you have to be
10 humble about how you're going to solve that
11 problem. I would start by trying to identify -
12 - I don't know what they are, maybe others
13 would, what are the most egregious problems,
14 and how CMS might prevent those? The one area
15 that I know there's a lot of work going on at
16 CMS now that maybe Nicholas can speak to is
17 standardizing aspects of prior auth, at least
18 the data needed for prior auth. And I think
19 that ends up being important.

20 Other than that, I think, as long as
21 we have a bunch of competing MA plans, the MA
22 plans are going to vary in whether they want
23 the providers to engage the patients or they
24 want to engage the patients. Or they want to
25 manage the referrals or the providers managing
26 referrals.

1 One of the things -- so, since I
2 don't have a better answer, I'll try and sum up
3 with a completely tangential point.
4 Independent of any of this, we need to support
5 the delivery system at large. You can't have a
6 well-running primary care system if you don't
7 have a well-running primary care workforce, and
8 so there's a whole bunch of things unrelated to
9 this topic about just how we manage that. And
10 one of the things that's going on in that space
11 has a lot to do with integration. There's both
12 integration of the primary care workforce with
13 large health systems, I mentioned that briefly.
14 There's also integration of primary care
15 workforce with actually large carriers,
16 including many MA plans.

17 And in general, at least in my
18 world, that's viewed with some disdain. And
19 maybe appropriately, I'm not arguing against
20 it, but there is some advantage of having an
21 intermediate structure. If you listen to what
22 I think Duly does, and agilon does, and other
23 groups do, they provide some ability to take
24 very different types of incentives coming at
25 the system, and harmonize them, so when it gets
26 down to the actual people providing care, they

1 can manage the workforce and what happens. And
2 there can be some standardization, or layer,
3 that's not necessarily the layer going in and
4 what -- that's top line layer. But what you
5 need at that top line is you need some
6 harmonization so that folks that are the --
7 running, say, a big health system aren't trying
8 to figure out, should I be in this MSSP track
9 or what about REACH? Wait, now it's going to
10 be LEAD, but I got new TEAM⁴⁵ Model. But you
11 know, if I stay in fee-for-service, I can then
12 get paid with the ASM⁴⁶ Model. And maybe I'd --
13 be better for me if I sorted that out and then
14 -- you know?

15 There's all these different choices
16 that these big organizations have to make. And
17 I think the more you can simplify those big
18 choices, keep the core paradigm of holding the
19 delivery system accountable for clinical and
20 economic outcomes, you can get to a place that
21 is broadly better and focus on getting rid of
22 the most egregious problems. Maybe you need
23 another meeting on what are the most egregious
24 problems; it sounds like attribution is one in

45 Transforming Episode Accountability Model

46 Ambulatory Specialty Model

1 many contexts. And just say, you know what?
2 We have a very fragmented health care system.
3 That's the way the American health care system
4 is built. And the fragmented health care
5 system has some pros and cons. And let's just
6 try and amplify the pros and get rid of the
7 cons.

8 But we're not going to solve
9 harmonization between five or six different MA
10 plans with different benefit designs and
11 different people trying to run what goes on.
12 We just have to limit the extent to which that
13 lack of harmonization causes problems. And
14 that may involve some pruning of types of
15 things that those orgs⁴⁷ can do. I wish I had a
16 better answer.

17 MS. RYE: I would agree with Michael
18 on this one. It -- it's -- we've all heard
19 it's hard to be both simple and fair across all
20 of this, as well, which is probably another
21 problem. But candidly, this standardization of
22 quality metric is not the biggest thing that
23 keeps me up at night. We can overcome a lot of
24 that. It's clunky. It's expensive. It's
25 harder. Karthik was absolutely right about all

47 Organizations

1 of those things. I also recognize I have a
2 smaller number of payers than Karthik has to
3 deal with, though it's not, you know -- it's
4 probably about a third of what you do, not one.
5 But we can overcome a lot of that if we have
6 the right data.

7 If we don't have the right data
8 coming in in the right, you know, formats with
9 the right components, then I -- there's no
10 amount of muscle that helps us get through that
11 to the point where it's all seamless for the
12 provider, getting an alert at the point of care
13 to do the thing that we need them to do. So I
14 would encourage looking at standardizing data
15 requirements as a place to start. So to
16 Michael's point, I think that's more realistic
17 than harmonizing quality measures across plans.

18 DR. LIAO: Yeah, I just -- I -- I'll
19 point quick if that's okay, Henish. I think, I
20 appreciate that. And I ask the question, not
21 having any, you know, perfect answers myself,
22 but I think what I'm drawing from this is that
23 -- and we can bring this up more on future
24 sessions to other Committee members, but the
25 idea that part of the model and competition is
26 part of what we're talking about with MA, so

1 stepping out completely may not be realistic or
2 even desired. I do think there's a spectrum,
3 though, from my view of kind of competitive
4 ability and product flexibility turning into
5 administrative noise. That's kind of what I'm
6 hearing here, as well. And so finding that
7 right dial is just really important, so thank
8 you.

9 DR. BHANSALI: Josh. Thank you,
10 everyone.

11 Larry?

12 DR. KOSINSKI: Thank you, Henish.
13 Like everyone else, I truly enjoyed the session
14 this morning, and I have to compliment the PCDT
15 and staff for an excellent selection of KOLs⁴⁸.
16 This was really something this morning. I
17 always like to grab a quote from one of you,
18 and I'm going to steal Michael Chernew's quote.
19 It's very difficult to practice medicine when
20 multiple groups are telling you how to practice
21 medicine. Love that line. I think it goes to
22 the heart of our problem today.

23 The theme of my question here is,
24 you know, we heard from all of you that
25 increasing participation is key to the success.

48 Key opinion leaders

1 Can we reach critical mass provider
2 participation in a purely voluntary model
3 system? When we look at the landscape right
4 now, Medicare is fully at risk. Medicare
5 Advantage, each of those plans are basically
6 fully at risk. But on the ACO REACH side -- on
7 the, you know, the -- looking at it from the
8 provider's point of view, it's not as cut and
9 dry.

10 And I would like to ask a lead
11 question to both Dana and Karthik. What
12 percentage of the total revenue of your
13 organizations is currently being derived from
14 risk-based, value-based care? You can answer
15 it a very simple way, minority, majority,
16 without going to a specific number, because I'm
17 trying to make a case.

18 MS. RYE: We are equal. 2025.

19 DR. KOSINSKI: Oh, that's
20 impressive. That's impressive. Karthik?

21 DR. RAO: Yeah. For us, it's
22 actually between 95 and, like, 98 percent. So
23 we are across all of our lives and full-risk
24 global cap.

25 DR. KOSINSKI: Okay. All right.
26 That last one was a little surprising. But

1 looking at each of your provider groups inside
2 your organizations, what percentage of their
3 revenues is at risk?

4 DR. RAO: Yeah. So it's pretty
5 close to what Dana said. 50/50.

6 DR. KOSINSKI: Yeah. Yeah. And so
7 the -- I -- I'm a specialist. And looking at
8 it from the specialist point of view, the
9 problem always in getting more participation --
10 maybe this falls into Michael and Nicholas'
11 realm now, that in getting participation is
12 getting those incentives right. On the -- for
13 the cognitive care, are you providing prepaid
14 payments -- your pre-service payments to the
15 providers to build that infrastructure? And
16 are they really incentivized to participate, or
17 can they just crank their fee-for-service
18 revenue from their procedures and not really
19 participate at the same level? How do we move
20 this mountain, Nicholas and Michael?

21 DR. CHERNEW: So I'm not going to
22 say much about mandatory except the obvious,
23 that if you make things mandatory, more people
24 will be involved. I think -- there's
25 organizations I think should be forced to
26 participate the larger you get. I think it's

1 very hard to become mandatory when
2 organizations are smaller. I think we can do a
3 -- if we design the programs better, I think
4 you'll get more participation. And I think we
5 have to be cognizant of what we do in fee-for-
6 service that will encourage or not encourage
7 participation in these other types of models.

8 I actually think with Medicare
9 Advantage growing as rapidly as Medicare
10 Advantage has grown that we actually are doing
11 pretty well at overall participation. I think
12 there's an interesting question, which I,
13 again, don't have a good answer to, about the
14 extent to which you need, for example,
15 hospitals, for that matter some specialists, to
16 be literally on the list participating versus
17 just influenced by the primary care group. I
18 think one of the things we've found, for
19 example, is it's hard to keep people out of a
20 hospital if you're a hospital. So having a
21 world in which the risk is borne by independent
22 primary care groups that can engage the
23 hospitals or move people across hospitals isn't
24 necessarily a bad thing.

25 So again, I come to these things,
26 and I always get encouraged because hearing all

1 the stuff that Nicholas is thinking about and
2 what Dana and Karthik are doing, you can see
3 the potential for success here in a lot of
4 stuff that's going on. I think we need to try
5 and stay the course, but that means, in part,
6 simplify the course. Like just -- I think part
7 of the problem is, and what I would take away
8 from this, is too often we get to where we are,
9 and someone sits around and says, okay, where
10 are we? We've made a lot of progress. What
11 new things do we need? What new things do we
12 build? We had a REACH, now we have LEAD. Soon
13 there'll be next-gen LEAD, LEAD 2. You know,
14 there'll be -- there -- there's TEAMS, and
15 then there's going to be ASM. We need
16 something for the fee-for-service specialist
17 that doesn't want to be in the TEAMS Model, but
18 doesn't have something at -- in BPCI⁴⁹.

19 I just think we need to be much more
20 humble about what we can do, and try and build
21 a very basic structure. So again, my view, I
22 would just get rid of -- I would just get -- we
23 can't do this legislatively. I would get rid
24 of MIPS⁵⁰. I realize that's not what we're

49 Bundled Payments for Care Improvement

50 Merit-based Incentive Payment System

1 doing. Just get rid of MIPS. I would
2 dramatically transform the Stars program. I
3 think it's just making things way worse. You
4 can read the MedPAC reports. I'm not talking
5 for MedPAC, but I think Stars is well beyond,
6 oh, we need to change the payment measures.

7 I would work on attribution. I
8 would work on some risk adjustment changes. I
9 know CMS is doing a ton of stuff on risk
10 adjustment. Maybe Nicholas is doing all of
11 that. And then I would just try and let the
12 system practice. I think all the groups, like
13 Duly and agilon, and some others. I know
14 Aledade. They are really helping physicians
15 practice in a very, very difficult environment.
16 And I think they need some stability, better
17 data, some stability about what the system is
18 going to be like in 2030. I think if you tell
19 them what the system is going to be like in
20 2030, they will find a way to make the system
21 look the way you want in 2030, which is
22 different than saying, oh, but we're going to,
23 you know, change it here. There might -- even
24 if we don't change the program you're in, we
25 might put another one in that's better. Or we
26 might take away some. You put a -- build a

1 program to keep people out of post-acute care.
2 But you know what? We have a new model for
3 post-acute care, and some of those savings are
4 now going to be given to nursing homes, or
5 whomever, right?

6 I think you just need to be very
7 cautious about how the broad infrastructure
8 changes when you do things. So doing less more
9 simply for a longer time horizon I think is
10 important. And I worry some that our penchant
11 to experiment is problematic, because people
12 don't really want to transform if they're just
13 in a few-year experiment.

14 DR. BHANSALI: Thank you so much,
15 Mike. I think we are at time. So I'd like to
16 thank all four of our experts for joining us
17 today. You helped us cover a lot of ground
18 during this session, and you're welcome to stay
19 and listen to as much of this meeting as
20 possible or as you can.

21 At this time, we'll have a break
22 until 1:10 p.m. Eastern Time. Please join us
23 then. We have a great set of speakers for our
24 second session, which focuses on Lessons
25 Learned from State Value-Based Care Models That
26 Have Implemented Multi-Payer Alignment: Part

1 1. Thank you so much.

2 (Whereupon, the above-entitled
3 matter went off the record at 12:10 p.m. and
4 resumed at 1:10 p.m.)

5 * **Session 2: Lessons Learned from State**
6 **Value-Based Care Models That Have**
7 **Implemented Multi-Payer Alignment:**
8 **Part 1**

9 MS. HARDIN: Good afternoon and
10 welcome back. I'm Lauran Hardin, one of the
11 PTAC members, and we're excited to offer this
12 afternoon two very interesting sessions focused
13 on Lessons Learned from State Value-Based Care
14 Models That Have Implemented Multi-Payer
15 Alignment.

16 In the first session, we will hear
17 about the Maryland Total Cost of Care Model and
18 the Vermont All-Payer ACO Model. In the second
19 session, we'll hear about the Pennsylvania
20 Rural Health Model and the Arkansas Health Care
21 Payment Improvement Initiative.

22 At this time, I'm happy to welcome
23 for our next session four remarkable experts to
24 discuss the multi-payer models in Maryland and
25 Vermont. You'll find their full biographies
26 and slides posted on the ASPE PTAC website and

1 the public meeting registration site.

2 At this time, I ask our session
3 participants to go ahead and turn on your video
4 if you haven't done so already. All four
5 experts will present, and then our Committee
6 members will have plenty of time to ask
7 questions.

8 First, we're very excited to welcome
9 back Ms. Katie Wunderlich, who is the Principal
10 of KKW Consulting.

11 Welcome, Katie. Please go ahead.

12 MS. WUNDERLICH: Thank you, Luran,
13 and welcome, and nice to be with all of the
14 PTAC members virtually. My name is Katie
15 Wunderlich, and I'm going to talk a little bit
16 about the Maryland Total Cost of Care Model
17 from the state's perspective. So there'll be
18 other panelists talking more about the provider
19 or other perspective, but really want to give
20 you a little bit more in-depth experience
21 and/or feedback from the Total Cost of Care
22 Model from a state perspective.

23 So the next slide just talks about
24 just basic learning objectives. I want to try
25 to identify some of the strategies that we used
26 during the model that facilitated specifically

1 multi-payer alignment and contributed to the
2 success of the model, how those strategies were
3 used to enhance certain parts of the model and
4 to drive success, and third, finally, of
5 course, understanding how these lessons or
6 strategies could be used to inform future
7 developments of value-based care models that
8 align multi-payers in CMS models.

9 So the next slide, you know, I'm not
10 going to go under -- I'm not going to go
11 through Maryland's Total Cost of Care Model
12 because I know you all have heard lots about
13 it. There have been many evaluations. But
14 just a little bit as a back -- a slight
15 background. We have operated under a CMMI
16 model since the inception of the Innovation
17 Center in 2014. So we had the All-Payer Model
18 from 2014 to 2018, and then the Total Cost of
19 Care Model from the -- from 29 -- from 2019 to
20 2025.

21 Really, during that time, the state
22 demonstrated success in reducing total cost of
23 care, reducing unnecessary utilizations, adding
24 enhanced primary care, and developing
25 coordinated statewide population health
26 interventions to drive success. The state

1 largely met or exceeded all contractual goals,
2 that -- and that eventually led to the
3 evolution under AHEAD, which is where Maryland
4 sits now, under the AHEAD Model within CMMI.

5 Now, the contract for both the Total
6 Cost of Care Model and the All-Payer Model,
7 they included Medicare-focused metrics.
8 However, there was intentional alignment with
9 Medicaid and commercial payers on both cost and
10 quality metrics that was really crucial for
11 maximum impact and for broadest reach of the
12 model.

13 So for the rest of this
14 presentation, I want to talk about four
15 specific strategies that I think were really
16 important from the state's perspective to drive
17 success under the Value-Based Care Model, which
18 was Maryland's Total Cost of Care Model, and
19 specifically how -- why it's important from a
20 multi-payer perspective.

21 So those four strategies here:
22 utilizing existing infrastructure to build on
23 successful care delivery models; creating a
24 governance structure that's inclusive of all
25 health care entities; generating buy-in and
26 stakeholder engagement in both implementation

1 of the model and then also methodology
2 development as the model evolves; and then,
3 finally, identifying shared objectives for
4 statewide priority to leverage resources and
5 improve chances for long-term sustainability.

6 So those are the four kind of
7 lessons that I'm going to go through. On the
8 next slide, we'll start with the first one.
9 Really, why it's important and what are some of
10 the examples of how it played out in Maryland.

11 So the first one, utilizing existing
12 infrastructure. This is so important to
13 understand from a state's perspective: what
14 does the history and context of that state or
15 that region look like? What are the exist --
16 who are the existing players? What are the
17 existing payment and care delivery chassis?
18 It's really important to understand where
19 states and regions are starting with so that
20 you can build onto successful and already-
21 existing infrastructure for care delivery for
22 different payment - Alternative Payment Models
23 for care coordination.

24 This really increases the chance of
25 sustainability when it's built on an existing
26 platform. So that would be the very first

1 thing to really drive home to increase the
2 chances of success.

3 And how that played out in Maryland.
4 We have a history of an all-payer system. As I
5 mentioned, we had been under CMMI models from
6 2014. But even previous to that, we had a
7 history of all-payer rate setting systems. So
8 we had a history of engaging and aligning
9 payers within the State of Maryland under
10 regulatory structures and also under health
11 care delivery system.

12 The other example is our state-
13 designated health information exchange. We are
14 -- the acronym is CRISP⁵¹ in Maryland. But it
15 enabled data to be shared across providers and
16 settings. And this was really important for
17 care coordination and risk stratification as
18 the model developed. It was a really important
19 piece of infrastructure that we had as a state,
20 that we continued to invest in, that was really
21 important -- oh, an important piece of success.

22 The next slide goes to lesson number
23 two, which is an inclusive governance
24 structure. And governance structures are
25 required and encouraged by many CMMI models.

51 Chesapeake Regional Information System for Our Patients

1 You know, it -- they are both at the beginning
2 when you are setting up a model, but then work
3 group governance structures to monitor the
4 model as it goes forward. It's so important to
5 have -- for there to be in -- those governance
6 structures to be inclusive of multi-sector
7 representation, multi-payers, providers, health
8 systems, state agencies.

9 Those governance structures and work
10 groups, moving forward, they really benefit
11 greatly when there is engagement and
12 representation from the different health care
13 sectors. And this really helps to create
14 methodology that's transparent, that can evolve
15 over time as necessary.

16 In Maryland, there were a number of
17 examples of this, both at a high level, a
18 governor's stakeholder group that was really a
19 very high-level, broad stakeholder group that
20 was meant to kind of be the vision for the
21 model in Maryland. But then there were also
22 ongoing work groups where -- that were attended
23 and participated by payers in Maryland,
24 providers, community organizations, et cetera,
25 that helped to look at payment models. So
26 developing innovative payment and delivery

1 models that bridge those different specialties
2 between primary care, specialty care,
3 inpatient, post-acute, long-term care. Having
4 representation on these work groups helps to
5 understand what does it look like on the
6 ground? What do we need to change? What
7 obstacles are there? Where can we address
8 issues of operational feasibility as we -- as
9 you roll out models? So really having an
10 inclusive structure, an inclusive governance
11 structure that hears and has representation
12 from many groups.

13 The next slide is the third lesson
14 that I wanted to kind of talk about, which is
15 generating buy-in through strategic engagement.
16 So, of course, there is buy-in through ongoing
17 governance, but really, as states are looking
18 to add tools or as models are looking to add
19 tools, it's really important to go right to the
20 provider organizations that are going to be
21 delivering the care to understand -- and the
22 payers who will be supporting those providers -
23 - provider organizations to understand how
24 tools can be added.

25 So why this is important. Of
26 course, strengthening that provider

1 participation and model stability by getting
2 feedback; addressing fragmentation of care,
3 which we know happens regularly in health care,
4 but engaging payers and providers in that model
5 development helps to address that
6 fragmentation; increasing the chance of long-
7 term viability; again, methodology development,
8 understanding that methodology; and then, of
9 course, creating consistent quality and
10 financial targets for providers to work
11 towards.

12 So Maryland did this in two
13 strategic tools that it added to its Value-
14 Based Care Model and the Total Cost of Care
15 Model. One was Maryland's primary care
16 program, which we know is a really important
17 element in value-based care to put prevention
18 and investment upstream to improve health. As
19 Maryland was looking to develop that primary
20 care program, it reached out to CareFirst,
21 which is its -- one of the major commercial
22 payers in Maryland, to help identify and align
23 the Medicare primary care program with the
24 CareFirst PCMH⁵². So to help address provider
25 administrative burden for primary care

52 Patient-centered medical home

1 providers really was important to make sure
2 there was alignment -- strategic alignment for
3 the primary care program.

4 The second example in Maryland was a
5 bundled payment program. They called it EQIP,
6 Episode Quality Improvement Program. And it
7 really is a bundled payment program for
8 specialists in Maryland. And as the state was
9 putting it together, it is a Medicare -- it's a
10 Medicare program, but they used episode
11 groupers that the commercial payers used to
12 foster that alignment.

13 So not exactly, you know, a matched
14 program, but the underlying episode groupers
15 they did, the state really wanted to use
16 something that could be adapted by the
17 commercial payers when they were ready. And so
18 really enabling that connection during
19 strategic times as the -- in strategic
20 instances when the model was being developed
21 and when these tools, primary care tool and the
22 specialty bundle payment tool, was being
23 developed.

24 On the next slide is the next -- the
25 fourth lesson I wanted to talk about, which is
26 identifying statewide or regional priorities

1 that include shared objectives. And this can
2 really spur engagement and really make limited
3 resources go so much farther. When you
4 identify what priorities and programs payers in
5 your state or region are focused on, then you
6 don't duplicate resources, you can leverage
7 those existing underlying programs, increasing
8 feasibility and long-term success. Really
9 important because we know that states have
10 limited resources, payers have limited
11 resources, so to the extent that we can
12 identify where there are shared and overlapped
13 goals, we can leverage that instead of
14 duplicating.

15 And in Maryland, I want to talk
16 about two examples of how this played out in
17 Maryland. One was that the statewide
18 integrated health improvement strategy was kind
19 of the quality and population health addendum
20 to the contract, and it identified population
21 health goals and care coordination goals.

22 And one of the population health
23 priorities that both the state and CareFirst,
24 our commercial payer, had was around diabetes
25 management. It was a driver -- diabetes was a
26 driver of poor quality, poor outcomes, and

1 increased cost. And we really saw that as an
2 area where we could work together, public and
3 private partnerships working together, to
4 address a major chronic condition in Maryland
5 that would benefit both the residents in
6 Maryland and also the payers, Medicare,
7 Medicaid, and commercials.

8 And then the other example in
9 Maryland were our regional partnerships in care
10 transformation initiatives, and this encourages
11 hospitals, provider groups, and payers in
12 certain regions to work together on shared
13 goals. There was some state seed funding, but
14 still it encouraged and enabled that
15 collaborative -- a collaborative work for a
16 specific population in a geographic area.

17 On the next slide -- so, you know,
18 those were the four that I thought were really
19 important to point out to really increase and
20 improve the chances of success in multi-payer
21 models, driving value-based care and total cost
22 of care. And again, just to kind of reiterate
23 some of the themes that I've mentioned. Why
24 does this matter for multi-payers? One,
25 because we want to enable providers to actually
26 be able to implement models. And to the extent

1 that we can reduce administrative burdens, we
2 can create consistent incentives, we can
3 strengthen that provider participation by
4 aligning financial and cost -- or financial and
5 quality incentives across payers, it really
6 helps the provider community be able to
7 participate more fully. And of course enabling
8 that broad population impact and long-term
9 sustainability for value-based care.

10 I have just one more quick little
11 slide. This is really towards what -- you
12 know, how can we use some of Maryland's
13 takeaways as we look at what does the future
14 development of value-based care models look
15 like, specifically trying to facilitate multi-
16 payer alignment? Really, that is the key word,
17 is alignment. Having clear shared goals;
18 standardized quality and performance metrics;
19 transparent data; transparent quality and
20 financial methodologies and the development of
21 those methodologies; strong state and regional
22 conveners to make sure we know what's going on
23 on the ground, how can we give -- you know,
24 relay that back to payers and providers; and
25 engaging them early and often.

26 So, a few of my takeaways that could

1 hopefully inform and direct some future model
2 developments for value-based care.

3 That concludes my slides, and
4 looking forward to hearing the rest of the
5 panel.

6 MS. HARDIN: Thank you so much,
7 Katie. Very interesting.

8 We're saving all questions from the
9 Committee until the end of all presentations.

10 Next, I'd like to welcome Dr. Joseph
11 DeMattos, who is the Senior Vice President of
12 Public Affairs at Marquis Health Consulting
13 Services. Joseph, please go ahead.

14 MR. DEMATTOS: Thank you for the
15 warm welcome. And I wish it were doctor, but
16 it is not doctor. Thank you all so very much
17 for being here. I'm looking forward to hearing
18 more of my colleague presenters, as well.
19 Katie, my friend and colleague, did an
20 outstanding job teeing up our Total Cost of
21 Care Model and its evolution and how we can
22 continue to inform more efficient, better care
23 in the future.

24 I think the undercurrent word that I
25 heard in Katie's presentation was
26 collaboration. Collaboration at the start, in

1 the middle, at the end as we adjust. And
2 honestly, I think collaboration in Maryland
3 under Katie's leadership and others really was
4 a differentiator.

5 But going again in next slides, I'm
6 presenting here based on my experience as the
7 President and CEO of the Health Facilities of
8 Association of Maryland, which I had the
9 privilege of leading from 2009 to 2025. It was
10 at the time the largest, oldest provider
11 association, representing skilled nursing and
12 rehabilitation centers, senior living in
13 Maryland. We had 226 SNFs⁵³ and then a handful
14 of CCRCs⁵⁴ and a bunch of assisted livings.

15 More presently, I work for Marquis
16 Health Consulting Services. We provide
17 administrative and consultative support for 118
18 facilities in eight states. Here in Maryland,
19 our campuses provide more than 300,000 days of
20 post-acute and long-term care in Maryland or to
21 Marylanders in need.

22 Next slide, please.

23 And so, this I've already covered,
24 but I think the workforce is really, really,

53 Skilled nursing facilities

54 Continuing care retirement communities

1 really important, that the post-acute workforce
2 in many of the communities in which these 226
3 SNFs operate, they're the largest employer.
4 And most of those communities, that care
5 provided for, whether it's post-acute or long-
6 term care, to the patient or the resident is
7 closer to the home and to the family members of
8 those patients and those residents. So, with a
9 combined workforce of both direct and indirect
10 of about 72,000 workers here in Maryland.

11 Next slide, please.

12 Now, a key, key point, and something
13 that is a historic strength in Maryland, is
14 that we don't have LTACs⁵⁵ in Maryland, and so
15 Maryland skilled nursing and rehab centers,
16 SNFs, have been providing fairly high-level
17 post-acute care for close to 40 years in
18 Maryland. We led the nation in post-acute
19 ventilator care in the country. And there were
20 times when we had pediatric long-term care
21 units that were not present in the rest of the
22 country. And that's really important to the
23 throughput that's relied upon by Maryland
24 hospital providers under the total cost of care
25 contract.

55 Long-term acute cares

1 Next slide.

2 So, this begins a series of slides
3 about chronic care, and I tremendously admire
4 the work of the physicians on this call and Dr.
5 Howard Haft, who was instrumental in the
6 Primary Care Model under the total cost of care
7 contract and how it was designed and
8 implemented. You know, job number one of these
9 physician-led models is the management, the
10 cost-effective, but more importantly, the
11 clinically efficient methods of reducing, in
12 the case of the Total Cost of Care Model, the
13 number of Marylanders that convert to pre-
14 diabetes to full-blown diabetes.

15 And the good news is, is that the
16 work that we did on the total cost of care
17 contract made a difference on that front. The
18 bad news is, is that there's still so much work
19 to be done in Maryland and across the nation on
20 bending the clinical incidents and the cost of
21 managing chronic illness in our country. We
22 haven't fixed that yet, and we're not going to
23 fix it on this call, but maybe we can talk
24 about some ways together that we can work
25 towards fixing it.

26 Next slide.

1 So, this slide just gets into the
2 specific fact that Maryland is aging a little
3 faster than the rest of the country. And, you
4 know, we decided -- we on this call and the
5 leaders at PTAC, we all decided that this was
6 going to be a virtual meeting, brilliantly so,
7 given the snowstorm. But let me say that just
8 about three miles from where I am presenting on
9 -- for this conference, the life expectancy
10 goes down by more than a decade. Three miles,
11 in Maryland, where we have some of the greatest
12 health care in the world, where we're one of
13 the wealthiest communities in the country,
14 where we have more PhDs in Bethesda than in any
15 other zip code in the country. I go three
16 miles that way, cross over a street, and the
17 life expectancy, due to chronic illness, goes
18 down by a decade.

19 Next slide, please.

20 So again, this talks about the fact
21 that we're aging a little faster than the rest
22 of the country. And we are facing both, you
23 know, in economic communities across the
24 spectrum, pre-diabetes is a major issue in
25 Maryland. It is not just a poor person issue
26 or a socioeconomically driven issue. It's

1 worse in underserved communities. Dramatically
2 worse. It's something that's touched my family
3 directly in that way. But it's prevalent
4 across the board here in Maryland, rural, city,
5 socioeconomically.

6 Next slide.

7 So, I don't do any presentation
8 without reminding people, you all know this on
9 this call, on this Zoom, but you know, the
10 workforce crisis from physician to aide to non-
11 care workers was going to be a crisis. Pre-
12 pandemic, we knew of this crisis. We've been
13 focusing on it as a community. The pandemic
14 shone a bright light on it. But we haven't
15 fixed that yet either. We have not
16 dramatically increased the number of nurse
17 educators in our country. And as a result, we
18 haven't dramatically increased the number of
19 nurses that we need.

20 That first statistic about Maryland
21 is from the Maryland Hospital Association, and
22 the second one is a national statistic about
23 nurses' aides. And of course, I could have
24 just as easily put up one with regard to
25 physicians, right, where medical schools get
26 tens of thousands of applicants for hundreds of

1 slots.

2 Next slide, please.

3 As a recovering politician, this
4 slide always bothers me the most. We have
5 known that we needed to reform financially
6 Medicare in this country. Social Security, a
7 little less, but Medicare much, much more. We
8 have a national post-acute payment system in
9 Medicare. We still don't have a nationally
10 responsible system of providing for long-term
11 care. It's largely a Medicaid system, relying
12 on our friends, neighbors, and family members
13 to plan and/or go broke in order to have their
14 long-term care paid for in a center-based
15 environment. In a country of more than 300
16 million people, we have only 15,000 nursing
17 homes and just a little over a million beds.
18 So, this is just a tiny part of the continuum
19 of care.

20 Next slide, please.

21 So, getting to that point that Katie
22 was making, and I want to reinforce, and that
23 is that whatever success we have today and
24 going forward, or success that we had in the
25 past in fighting the pandemic, comes from
26 collaboration. And what people, providers, and

1 payers all seek, in fact, families in our care
2 seek as well, is they seek predictability.
3 They want to know when their family member is
4 going to be better and how much better and
5 where and when and what's going to be their new
6 normal.

7 And understanding predictability
8 happens at that intersection of having shared
9 goals and buy-in that are both driven by the
10 financial necessities and the clinical
11 necessities of the situation with regard to
12 bending the curve on chronic care in our
13 country. So, it begins with shared goals and
14 predictability.

15 Next slide, please.

16 Now, I think, and I -- and also,
17 this first point is one that I always make when
18 I speak publicly post-pandemic, I think it was
19 a huge advantage that Katie and I had each
20 other's cell phone numbers going into the
21 pandemic and that I had the cell numbers of the
22 hospital CEOs and of the long-term care
23 providers and then eventually the National
24 Guard commanders. We all knew each other
25 because of the work we did on the total cost of
26 care and evolving it over that time period. We

1 all knew one another. We all worked together.
2 We all had tough conversations together. That
3 collaboration, I'm convinced, saved lives
4 during the pandemic. And it elevates the
5 difficulty, the type of -- the kind of
6 difficult conversations that providers can
7 have, both clinical providers and physical
8 spaces, hospitals, nursing homes, assisted
9 living, home health care. Having those
10 relationships and working -- having a history
11 of working collaboratively kind of gives us
12 permission, gave us permission, to have what
13 the authors of the book Critical Conversation
14 speak of, you know, tough conversations where
15 we could get to some meaningful agreement.

16 Next slide, please.

17 So, you know, success going forward
18 means that we need to work to establish clear
19 shared parameters for quality, cost,
20 utilization, and outcomes across all payers.
21 Now, we did a really good job in that in
22 Maryland, but where we can advance that work is
23 moving from collaborative sense to an ownership
24 sense. Providers are willing to own upside and
25 downside financial risk, but they have to know
26 what the measurements are and know what the

1 rewards are and be in a position on the
2 decision-making side to decide how they can
3 affect that with regard to dollars or care
4 going forward.

5 And it's something that I think
6 Katie and I eventually started laughing about,
7 but moving from a transactional vendor
8 relationship to a long-term strategic continuum
9 of care partnership ownership, you know. So,
10 we so often look at the cross sort of
11 professional on-care being the physician and
12 the nurse caring team and the platforms, let's
13 say, being hospitals, nursing homes, assisted
14 living, home health, and those levels of care.
15 We look at them as upstream and downstream and
16 kind of vendor relationships.

17 And instead of looking at them as
18 upstream and downstream, looking at them as one
19 stream, where we're not actually vendors, but
20 we are full ownership partners, that's sort of
21 what the future looks like. And that's why I'm
22 really excited to learn more about the Vermont
23 ACO Model, and that's why I'm excited to
24 continue my work with Katie on the AHEAD Model,
25 because I'm convinced that that's part of the
26 success of those models.

1 Next slide, please.

2 So again, you know, one of the
3 things that we have going for us in our various
4 sectors right now, and I'm really proud of in
5 my current position with Marquis Consulting
6 Services, is the disease management programs
7 that various operators across the country,
8 including Marquis, have put in place. So,
9 physician-led chronic disease management
10 programs that are managed across the continuum
11 of care with our acute care partners on
12 congestive heart failure and pulmonary disease
13 and diabetes. And I'm just excited that -- on
14 the work that we do. And I'm excited that that
15 work has been augmented by those providers, but
16 only about 20 of them in the country that have
17 instituted I-SNPs⁵⁶. Again, I'm a huge fan of
18 I-SNPs, but one of the barriers is, is the
19 state-by-state regulation on the insurance
20 model and the cost of putting capital up front,
21 which excites me more about, sort of, the ACO
22 Model going forward, right.

23 Now, right now, I'm also excited
24 that in our sector we're using AI pretty
25 dramatically to determine risk and clinical

56 Institutional Special Needs Plans

1 match with regard to patient selection. But
2 that's only one use of AI, and I'm excited
3 about expanding the use of AI across the entire
4 continuum of care. But most specifically in
5 the post-acute long-term care environment.

6 Next slide, please.

7 So again, this is, I think, getting
8 down to the near -- second to the last slide.
9 You know, we have to serve as true partners at
10 the intersection of quality and cost. It can't
11 be quality, period. It can't be cost, period.
12 It has to be quality and cost. We have to
13 commit in advance to shared opportunities and
14 shared risks, and getting back we have to
15 collaborate to define what success looks like
16 in advance with regard to metrics, financial
17 accountability, and reinvestment strategies.

18 Next slide.

19 And then, this is just a synopsis of
20 my methodology and sources for the slide. So,
21 with that, I look forward to hearing my fellow
22 presenters and to the Q and A period.

23 MS. HARDIN: Thank you so much,
24 Joseph. Again, really rich content. Looking
25 forward to asking questions after each of the
26 presentations are over.

1 Next, we're very pleased to welcome
2 Ms. Ena Backus, who is a Senior Consultant at
3 Freedman HealthCare. Ena, welcome. Please go
4 ahead.

5 MS. BACKUS: Thank you so much. My
6 name is Ena Backus. I am a Senior Consultant
7 with Freedman HealthCare. Freedman is a
8 focused independent consulting firm dedicated
9 to improving health care access, affordability,
10 equity, and equality. And in particular doing
11 so by empowering our clients with actionable
12 data.

13 We can move to the next slide.

14 While I am a Senior Consultant with
15 Freedman HealthCare now, I was previously the
16 Director of Health Care Reform in the State of
17 Vermont. And prior to taking on that role, I
18 was the Chief of Health Policy at the Green
19 Mountain Care Board in Vermont and played a
20 role in negotiating and implementing the
21 state's All-Payer ACO Model agreement with
22 CMMI.

23 We can go to the next slide.

24 For my conversation with everyone
25 today, I'm going to talk first about the All-
26 Payer Accountable Care Organization Model

1 agreement and give you a high-level overview of
2 its multi-payer parameters. Then I'll take a
3 step back and talk about the State Innovation
4 Model grant and how these funds, which were
5 awarded to Vermont in 2013, helped to lay the
6 groundwork for the All-Payer Model. I'll touch
7 on a lot of the themes that Katie and Joseph
8 covered in their presentations relative to
9 governance, buy-in through strategic
10 engagement, collaboration, and the state's role
11 in supporting multi-payer alignment. And then
12 I'll talk about implementation of the ACO Model
13 agreement and some of the challenges and
14 opportunities in that work. And also circle
15 back to some of the structures that the SIM
16 grant and the state initially supported and may
17 have promoted continuous improvement and
18 alignment across payers and state partners, had
19 these structures been utilized more
20 consistently through the performance period.
21 So, we can go to the next slide now. And I'll
22 provide an overview of the All-Payer ACO Model
23 agreement.

24 Vermont certainly followed in the
25 footsteps of Maryland in working with CMMI to
26 develop a state-specific alternative payment

1 arrangement. We worked collaboratively with
2 CMMI over a number of years, informed by the
3 work that was going on in the State of Vermont
4 with the SIM grant to put together a statewide
5 transition to value-based care that was really
6 based in these pillars. Moving away from fee-
7 for-service reimbursement was a key component
8 of the agreement. Aligning payer programs for
9 ACOs in the value-based model was another
10 critical component of the all-payer agreement.

11 As well as scale targets. And scale
12 targets were both necessary for ensuring that
13 enough people were attributed to the model for
14 there to be benefits for providers in terms of
15 alleviating the administrative burden, having a
16 common incentive across payer groups. But the
17 scale targets were also very ambitious and were
18 a component of the model agreement that was
19 difficult to achieve, given the state's
20 regulatory purview over the self-insured payers
21 in the state in particular.

22 The model agreement also included
23 all-payer and Medicare total cost of care
24 targets, and these were consistent with the
25 state's overall total cost of care targets.
26 There was a per capita expenditure growth

1 target of 3.5 percent over the model agreement
2 period, with a ceiling of 4.3 percent. And
3 then there was a specific Medicare growth
4 target included in the agreement, as well, so
5 that the state's Medicare spending would stay
6 slightly below the projected national average
7 over the five years of the agreement. The
8 agreement also included ambitious population
9 health outcomes targets, which included
10 increasing access to primary care, decreasing
11 deaths due to drug overdose and suicide, and
12 lowering the prevalence and morbidity of
13 chronic disease, specifically COPD, diabetes,
14 and hypertension.

15 We can move now to the next slide.

16 And as I said, the State Innovation
17 Model grant was a really key component for
18 providing the groundwork for the state to enter
19 into the All-Payer Model agreement and to
20 develop its aligned priorities and requirements
21 for participation -- for participating in such
22 an ambitious model. The SIM grant for Vermont
23 provided \$45 million for the state. And these
24 funds were utilized to create a pretty
25 comprehensive system of work groups and
26 initiatives that were really testing value-

1 based payment arrangements, and also providing
2 a convening structure for stakeholders across
3 the continuum. These stakeholders, including
4 payers, health care providers, community
5 providers, state officials were overseeing the
6 convening, and these were critical pieces into
7 developing aligned structures for -- and these
8 would ultimately inform the all-payer
9 agreement. So, these included work groups that
10 were focused on payment reform and incentive
11 structures. And these work groups really
12 delved into ACO infrastructure development,
13 shared savings programs alignment, value-based
14 payment models, and the eventual evolution into
15 the ACO Model.

16 SIM structure also supported care
17 integration and care coordination. And this
18 included practice transformation support, care
19 coordination capacity building, regional
20 infrastructure strengthening, linkages with the
21 existing blueprint for health in Vermont, the
22 patient-centered medical home. And the SIM
23 infrastructure allowed for clinical and
24 economic data, health data infrastructure
25 expansion, the adoption -- supporting the
26 adoption of electronic health records for those

1 practices that had not adopted them previously,
2 interfacing, building analytics capacity, and
3 building standards for data, data
4 standardization efforts.

5 And just some examples of what was
6 accomplished through these work groups. And
7 there were, like I said, multiple simultaneous
8 work groups that were being supported with
9 state officials, contractors, meeting on a
10 regular basis, working collaboratively and in
11 partnership. And they were focused on
12 government -- governance requirements for ACOs,
13 payment methodology and calculation of shared
14 savings and risk payment for ACOs, patient
15 attribution for ACOs, and financial stability
16 provisions for ACOs, as well as significant
17 work on quality and performance measures to
18 align across payers participating in ACOs. The
19 standards were developed initially for the
20 shared savings program, which was also
21 implemented in Vermont with alignment across
22 Medicaid, commercial, and Medicare. And this
23 really was the springboard for aligned
24 standards for the ACO Model.

25 We can move now to the next slide.

26 So, I just covered some of the

1 standards, but here we can see in more detail
2 there -- these standards were developed. They
3 included governance, payment methodology,
4 payment attribution, financial provisions, and
5 quality and performance metrics. What I think
6 is really important about this work was that
7 the work was convened, supervised, encouraged
8 by the state. There were funds available for
9 contracted support through the State Innovation
10 Model grant, and everyone was at the table to
11 align in these standards and requirements.
12 That means that commercial payers were at the
13 table, providers were at the table, as well as
14 the state Medicaid program. And this is really
15 what fostered the state's ability to then
16 pursue the All-Payer Accountable Care
17 Organization Model agreement.

18 And we can go now to the next slide.

19 The regular work group participation
20 funded through the SIM program created shared
21 understanding, collaboration, and an
22 opportunity for payers and providers working
23 together in the state to move away from fee-
24 for-service, to workshop one another's ideas,
25 and to troubleshoot and engage in continuous
26 improvement. These structures were not in

1 place for the entirety of the agreement. And
2 those structures may have enabled more
3 coordination and more ability for addressing
4 some of the challenges that came up, had they
5 been maintained throughout.

6 Some of the challenges -- and I know
7 that my colleagues at OneCare Vermont will
8 likely talk about these challenges as well, but
9 there were some critical challenges with the
10 implementation of the model. One challenge was
11 fidelity to fee-for-service. The model was
12 really rooted in moving away from fee-for-
13 service. When we were doing the work to
14 negotiate the agreement, we understood that
15 Medicare would be offering the Medicare Next
16 Generation ACO program, and that program would
17 move aggressively away from fee-for-service.
18 However, when the payment methodology was
19 finally specified, there was a full
20 reconciliation still for Medicare to fee-for-
21 service. And that was more rigid than what we
22 had expected and was certainly a challenge for
23 aligning across payers, whereas the state and
24 the Medicaid program in the state had moved
25 fully to an unreconciled prospective fee-per --
26 prospective payment.

1 Another component that posed a
2 challenge for implementation of the agreement
3 was stakeholder participation and the scale
4 targets. And these scale targets, as I
5 indicated, were very ambitious, but there was
6 also, I think in part due to the way that the
7 model was being implemented, perhaps there was
8 not enough stakeholder engagement to support
9 the scale targets throughout. Keeping the
10 payers at the table was a really important
11 component. Bringing the payers to the table is
12 also a really important component to
13 implementing the Vermont All-Payer ACO Model
14 agreement, and the structures were not
15 maintained throughout the entire performance
16 period to keep everyone at the table.

17 Scope creep was another challenge
18 for model implementation, meaning that the All-
19 Payer Accountable Care Organization Model
20 agreement, which was being implemented with one
21 ACO participating statewide in the state, was
22 really looked at as a solution to all of the
23 issues for the health care system at once. And
24 that was a difficult piece for the ACO to
25 negotiate in terms of being able to maintain
26 focus, on improving value, delivering higher-

1 quality care. And also, another challenge was
2 the patient perception. This was a very high-
3 profile implementation in the State of Vermont.
4 Many people were aware that health care reform
5 was happening through the All-Payer ACO Model
6 agreement, but we're unable to understand how
7 those changes in care delivery were impacting
8 them.

9 And so, those were challenges for
10 implementation. There were many opportunities
11 as well, and there were many good outcomes to
12 the implementation of this model. I think that
13 my colleagues at OneCare will talk more in
14 detail about the savings that were generated
15 for the Medicare program in particular, the
16 quality improvement gains that happened through
17 the implementation of this model. And I also
18 think that this scale of participation does
19 speak to the state's support for collaboration
20 over the period of time leading up to the
21 agreement, and then throughout as well.

22 But eight hospitals out of 14
23 participated across all-payer programs in the
24 agreement. The primary care model that OneCare
25 put into place was extraordinarily successful.
26 It aligned multi-payer payment reform and

1 provided predictability and flexibility for
2 primary care providers where there had not been
3 previously. The data and analytics, in part
4 accelerated through the SIM process and the
5 work groups focused on data analytics and also
6 through the ACO's implementation, really
7 provided for improved data and analyses for
8 transformation. And there was better access
9 through the implementation of the agreement to
10 more appropriate levels of care, particularly
11 facilitated through the waivers that were
12 available to the ACO. And those waivers
13 similarly allowed for OneCare to leverage its
14 very large statewide network across the
15 continuum of providers.

16 And so again, I'll close my
17 presentation by emphasizing that in order for
18 there to be success with all-payer or multi-
19 payer reform, there really does need to be, I
20 think, a very clear focus on multi-payer
21 alignment, the carve-out of time, and time and
22 focus on work group activities, state
23 supervision to bring people together and keep
24 people at the table in terms of staying aligned
25 over time.

26 Thank you. I look forward to the

1 discussion.

2 MS. HARDIN: Thank you so much, Ena.
3 Again, really valuable content.

4 We'll be diving into questions after
5 this next session. And I'm very honored to
6 welcome OneCare Vermont's Chief Medical
7 Officer, Dr. Carrie Weigand, and Chief
8 Executive Officer and Chief Financial Officer,
9 Mr. Tom Borys. Welcome, Carrie and Tom.
10 Please go ahead.

11 DR. WEIGAND: Thank you very much.
12 We appreciate this opportunity. Like Lauran
13 said, I'm Dr. Carrie Weigand. I'm a family
14 physician. I've been seeing patients for more
15 than 25 years in the same practice in Vermont
16 and still love it. And I'm also the Chief
17 Medical Officer at OneCare Vermont. And I
18 asked Tom to join us today, too. I'm so glad
19 he has. He's going to go first -- more about
20 the operations of the ACO. And I will go after
21 him and share more about the clinical aspects
22 of the ACO that we've been working on in the
23 past few years.

24 I want to say thank you to Ena. I
25 think she did a great job of setting the stage
26 for what we want to talk about. We were told

1 we had 10 minutes, so we may not be as detailed
2 as you would like. I think we will be able to
3 answer questions in the question session later,
4 and always happy to come back if you have more
5 questions. I think you are going to hear some
6 repeat themes that were shared by our Maryland
7 friends, and I'll turn it over to you, Tom, to
8 go next.

9 MR. BORYS: Great. Hi, everybody.
10 Nice to speak with you today. So, a little bit
11 of context for OneCare Vermont. OneCare is an
12 administrative entity that manages multiple
13 Accountable Care Organization or ACO contracts
14 on behalf of provider organizations. We've
15 been referred to as the ACO in Vermont for
16 years. I actually don't think we're the ACO.
17 The provider groups are really part of the ACO,
18 but our job is to run and manage the complexity
19 within ACO contracting.

20 Organization was formed in 2012.
21 And we simultaneously manage Medicare,
22 Medicaid, and commercial arrangements
23 throughout our history. And our market was
24 really the State of Vermont, a little bit of
25 New Hampshire as well, so we had a broad reach
26 in the region. In 2018, the Vermont All-Payer

1 ACO Model initiative began. It's a complex
2 arrangement, but when you really boil it down,
3 to me, it's a test of scale. And ask the
4 question, if ACO participation is spread across
5 a region, will cost growth slow and quality
6 improve? So, that was, kind of, the hypothesis
7 of the program itself. As such, we positioned
8 OneCare as a come one, come all ACO, in spirit
9 of the APM's, All-Payer Model's, goals. Ena
10 spoke of the scale targets, which were targets
11 for a number of attributed lives. So, in
12 spirit of that statewide goal, we really
13 invited anybody to come in, as long as they're
14 willing to contribute and put in the effort.

15 What's a little bit unique is that
16 we're technically not a signatory or a party to
17 the Vermont All-Payer Model agreement or
18 contract, but our work slotted in underneath
19 that. And happy to talk about those dynamics a
20 little bit more. The All-Payer Model in
21 Vermont ran through the end of 2025. There
22 are, I think, thoughts of transitioning to the
23 AHEAD Model, but that didn't happen seamlessly
24 in the State of Vermont. And OneCare is
25 actually in the process of winding down
26 business operations now, so we're just going to

1 -- concluding our '25 business and then we'll
2 turn off the light sometime later this summer.

3 Next slide.

4 Multi-payer alignment, is it worth
5 the effort? Yes, with an exclamation point. I
6 think it's a great goal to pursue. The benefit
7 of aligned ACO or really other value-based care
8 arrangements is that it gives providers a more
9 holistic operating paradigm. That's really
10 important. And when these initiatives are
11 aligned across payers, the care delivery
12 approaches will be more patient-centered rather
13 than insurance-centered. And if a provider has
14 to look up a patient's insurance to know what
15 to do or what to prioritize, I think we've
16 missed the mark. And really just to, kind of,
17 move those dynamics of who's insuring the
18 patient to the back and moving the patient
19 forward is a good goal to aspire to achieve.

20 Once you get some multi-payer
21 alignment, other opportunities start to show
22 up. There's new opportunities for
23 collaboration and relationship building between
24 separate provider organizations, especially if
25 you're under one ACO umbrella. There are
26 opportunities for pilots and innovations that

1 start to make more sense when everybody's all -
2 - you're all in the same programs and have
3 alignment across the different payers.
4 Opportunities for payment reforms. We designed
5 and operated a program for primary care that
6 blended their Medicare, Medicaid, and
7 commercial revenue into one monthly fixed
8 payment. And that was a really successful
9 initiative for us and simplified revenue
10 generation and management for primary care
11 practices. And then you can also redirect
12 funding within the system, move it to high-
13 value areas like primary care or skilled
14 nursing facilities or home health care, to help
15 build the foundation of a strong and high-
16 functioning health care system.

17 Next slide, please.

18 I think this visual is really
19 important. Structure matters a lot here, and I
20 think a centralized entity is recommended, if
21 not essential to do this. One of the barriers
22 to multi-payer alignment is contracting. The
23 visual on the left shows the contracting model
24 without a central entity where every payer
25 needs to independently contract with every
26 provider organization, and it becomes this

1 super complicated matrix of contracts that is
2 burdensome everywhere. For the provider
3 organizations and upstream for the payers as
4 well.

5 So, when OneCare installed itself in
6 between the payers and the providers for this
7 type of work, we simplified the contracting
8 model, and it enabled us to grow and build a
9 broad network very quickly. So, we would have
10 every year one contract upstream with Medicare,
11 one with Medicaid, and then one with each
12 commercial insurer who wanted to do business
13 with us. And then we would singularly contract
14 downstream with the provider organizations, and
15 it made it much easier for especially small or
16 rural provider organizations just to sign up
17 once with us, and we would, kind of, manage the
18 details with the payers on their behalf. A
19 huge administrative burden relief for small
20 organizations who just don't have the time,
21 expertise perhaps, capability, to engage in
22 negotiations with each payer. So, I think this
23 is a really important concept, and I like this
24 visual to show how it can really be streamlined
25 and much more efficient if there's an entity
26 like this in the middle.

1 Next slide, please.

2 So, challenges. First, is it takes
3 significant administrative effort to do this
4 work, and the work shouldn't fall to the small
5 practices or organizations delivering the care.
6 So, that was really the idea behind OneCare
7 Vermont is it's an administrative entity, would
8 take the burden of those contract negotiations
9 and all the details within so that the provider
10 organizations didn't have to manage that
11 themselves. There needs to be a broad
12 willingness to commit, invest, innovate, and
13 collaborate. This is hard. First, you got to
14 fund this work. Because as I said before, it
15 takes a lot of effort. It doesn't happen for
16 free. So, there needs to be a funding model
17 and a commitment to support the organization.
18 I think it's really important that insurers,
19 that's all of them, Medicare, Medicaid, and
20 commercials, flex and customize in spirit of
21 alignment. This can be really hard, but when,
22 you know, a payer has a very rigid idea of what
23 they want to do, and it's different than what
24 another wants to do, that -- that's a barrier
25 or problem.

26 Buy-in from all sectors, that

1 includes payers, providers, regulatory
2 entities, state government, is really important
3 so that everybody's working towards the same
4 goals. And I think to get to this space, it
5 might require a push from state or federal
6 policymakers to just, kind of, nudge everybody
7 there. I mean, these aren't really novel ideas
8 in a lot of ways, but sometimes a little push
9 is really important to get everybody on board,
10 put aside their own personal priorities a
11 little bit, and focus on the greater good.

12 Next challenge is consistency and
13 stability over time. We found it's really
14 important. If you're constantly changing, it's
15 a distraction and hinders progress. And I
16 think that was actually a value of having
17 OneCare as a centralized entity is that we
18 could push back a little bit on the payers from
19 constant change and say, no, we actually want
20 to stay the course and continue focusing on
21 high-priority areas in Vermont. One being
22 hypertension, for example. That was something
23 that we really wanted to stick with over time
24 and ensure that that was in the suite of
25 quality measures that we passed down to the
26 providers, rather than changing them every year

1 or two.

2 All right. Next, I'm going to hand
3 it over to Dr. Wulfman.

4 DR. WEIGAND: Thank you. I changed
5 my name recently, so you can call me Dr.
6 Wulfman or Dr. Weigand. I -- I'll answer to
7 both. Thank you, Tom.

8 So, we certainly don't have all the
9 answers. And again, some of this will sound
10 like a repeat, but we want to share some more
11 of our experience and observations with you.
12 First of all, gaining alignment is a big lift.
13 It isn't easy, as everyone else has already
14 said. We made progress in this regard. We
15 convened some multi-statewide conversations on
16 controlling hypertension, for example, and
17 social needs assessment. And those were very
18 successful. But in my opinion, we didn't
19 really reach our ideal state. I wish we could
20 keep going and working with this model because
21 we did make some progress on alignment for
22 sure, but it takes building trust and building
23 relationships. And that takes time.

24 We cannot underestimate the factor
25 that motivations to do this work differ. So,
26 they differ from the payers, who focus a lot on

1 money. The government, who focuses also on
2 money and hopefully quality. Very important to
3 them, too. But also, on policy and who's in
4 charge, and sometimes that gets in the way in
5 my opinion. Patients also. Somebody else
6 mentioned this already. Patients need to
7 understand this. They need to understand that
8 we are trying to make the system more
9 affordable for them and more accessible for
10 them. And I think we have a ways to go on
11 educating the patients about what health care
12 reform is and how it can benefit them.

13 And then let's not forget the
14 clinical care staff, all levels. They also
15 really, in my opinion, didn't come to a full
16 understanding about this work during the last
17 seven years. They are focusing on providing
18 the best care possible while trying to maintain
19 their work-life balance, not become burned out.
20 And then also, they want to receive a livable
21 and fair income. So, those are some of the
22 factors behind what motivates people in the
23 different sectors.

24 Building trust and relationships,
25 again, takes time, and I think we have to be
26 consistent. We found that the consistency is a

1 little difficult to achieve when roles change
2 frequently. You know, programs change,
3 priorities change, there's policy turnover.
4 So, like others have said, consistency, shared
5 priorities, coming together and collaborating
6 on a regular basis, those are required.

7 Attribution was a difficult factor
8 for all parties in my experience. So,
9 patients, clinicians, administrators, EHRs, it
10 was, kind of, confusing to know who was
11 attributed and who wasn't. And then how to
12 look that up was also cumbersome. So, I
13 recommend that aligned models minimize this
14 confusion. Clarify the attribution. Make
15 everybody attributed. Somebody else already
16 said this too. Busy clinicians don't want to
17 look up whether somebody is attributed or not
18 or what their insurance is. We need that to
19 just be in the background. And so, we worked
20 on this, and we achieved it, but it was a
21 little clunky, and I think it could be
22 smoother.

23 How does a multi-payer plan share
24 data and analytics and who pays for it? That's
25 another big question. I think we made progress
26 on that. I know most states have a highly

1 functioning HIE⁵⁷. I personally feel like ours
2 has made progress and could be even better.
3 Sharing data sometimes feels conflicting. I
4 think clinicians, in particular, are very
5 protective sometimes of their own data, their
6 own patient data. And so again, that takes
7 building trust and understanding the reason
8 behind why we need to share the data. The data
9 has to be secure obviously. That's expensive.
10 Who owns the data? Who governs the data? And
11 again, who pays for all of that? Technology is
12 very expensive. And besides labor, I think
13 that was our most expensive component in
14 running the ACO.

15 So, I would like to speak a little
16 bit about oversight of the ACO, or lack
17 thereof. I think that also really matters.
18 And I'm happy to say we had a very supportive
19 board of managers throughout, as far as what I
20 could see. I think our leadership was
21 excellent. Parent companies need to believe in
22 and support this work. And I think we were
23 also fortunate in that UVM⁵⁸ Health Network and
24 Dartmouth, who were our two parent companies in

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58 University of Vermont

1 the beginning, were extremely supportive and
2 eager to work with us on this project.

3 In Vermont, we have a unique entity
4 that Ena already spoke about. And in fact, she
5 worked with the Green Mountain Care Board in
6 the past, and that's a unique case for us.
7 They oversaw our budget, and they also required
8 a very detailed annual certification process,
9 which I think is pretty normal for ACOs. And
10 we spent a ton of time on that every year. And
11 I think it's fair to say that we would've
12 appreciated more positive support from our
13 oversight governing entity. All of these
14 leadership entities should ideally believe in
15 the structure, understand the requirements of
16 the operation, be willing to back it
17 financially because it is expensive. You
18 cannot get experts in the field or the
19 technology you need, you know, on a little bit
20 of money. It's expensive.

21 And I think it would be ideal if
22 people working in leadership to oversee ACOs
23 and models like this had some kind of
24 background in the health care delivery setting.
25 I find that firsthand health care work
26 experience can bring valuable insights. So, I

1 would love to see more experienced clinicians
2 participating in health care reform. I think
3 if you're explaining, you're losing. And if
4 you're explaining, you're certainly wasting
5 time, so it would be great if, you know, we had
6 even more health care experts who wanted to
7 work on the health care reform.

8 I think we're ready for the next
9 slide.

10 So, during our tenure, we did
11 witness benefits in value, and I don't want to
12 underplay that. We gained alignment, we gained
13 efficiency, and we were able to innovate. So,
14 over time, the providers did collaborate more
15 and more. We had the visiting nurse
16 associations, mental health associations, area
17 agency on aging, primary care, whether that be
18 hospital-owned, independent, or FQHCs⁵⁹, all
19 collaborating.

20 And in some of these multi-state
21 collaborations, we had the Department of
22 Health, we had Medicaid leadership all at the
23 table talking about how to work on hypertension
24 control, for example. And so, that was
25 wonderful. That was unique. And probably in

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1 my experience, the most pleasurable part of
2 this work.

3 We did get payer buy-in, but you
4 heard already that that varied, especially in
5 the commercial space. But I want to say that
6 Vermont Medicaid was a part for the entire
7 seven years of the All-Payer model. And we
8 really enjoyed working with those people.

9 Patient confidence struggled, I
10 think. More education is needed for the
11 patient population at large on what we're
12 doing. And we need simple ways to explain the
13 benefits to them.

14 We did have a patient and family
15 advisory committee, and so we got some input
16 from our patients and families, but I think we
17 just barely scratched the surface as far as
18 educating the patient population.

19 In quality, also mentioned earlier,
20 we were able to gain alignment across the
21 payers in the list of quality metrics that we
22 wanted to work on. And I think because of
23 that, we made progress. So, some of the areas
24 we made -- especially made progress in are
25 chronic disease, conditions such as diabetes
26 control and hypertension control, as well as

1 preventive visits across the board, all ages.
2 We improved in all those areas over time.

3 In the area of efficiency, we made
4 some progress in shared data and analytics.
5 Again, more progress could be made, but we were
6 able to move the ball and our quality effort
7 consolidation, I already mentioned. And Tom
8 talked about our unified payment streams. I
9 think he did a good job. I love the slide
10 showing how we diminished the number of
11 contracts required.

12 In the area of innovation, we were
13 able to -- as we gained alignment and
14 efficiency in the areas listed above, we had
15 more time and energy to work on innovations and
16 try new things.

17 And you heard about our waivers
18 earlier. I'll mention an example, the skilled
19 three-day -- the three-day skilled nursing
20 facility waiver that allowed us to admit
21 patients to rehab without a three-day hospital
22 stay was an amazing focus of ours. And since
23 the end of the pandemic, more than 300 patients
24 got admitted to rehab without a three-day stay.
25 And that saved we calculated at least \$2
26 million. So, that and many other waiver

1 projects were exciting.

2 And we also were able over time to
3 really hone our population health model into a
4 streamlined model. So, we integrated our care
5 coordination requirements, mental health care
6 screening, and provision of care, and social
7 needs assessment as requirements into our
8 quality program. And so, our members had to be
9 focused on those areas in order to have access
10 to any of the incentive funding through our
11 population health model.

12 So, those are just a couple of
13 examples of the innovations that we started and
14 we got involved in closer to the end of our
15 model, because we had freed up some time and
16 energy, so we could work on those. Much more
17 we could say, but I think our time is up, and
18 I'll turn it back to you, Lauran.

19 MS. HARDIN: Thank you so much,
20 Carrie, and some really, really valuable
21 information and also personally, really
22 interesting. I'm sure we all crossed paths at
23 the beginning of the SIM model, so it's really
24 exciting to see all the development.

25 So, now we're going to open the
26 discussion to Committee members to ask

1 questions for the next 20 minutes. And for --
2 in the interest of ensuring balance for our
3 experts, we just want to encourage you to keep
4 your comments to a few minutes so we can get to
5 as many questions as possible.

6 So, I want to open it up to
7 Committee members. Encourage you to raise your
8 hand if you have a question. I have many. So,
9 if you don't jump in right away -- oh, Krishna,
10 please go ahead.

11 MR. RAMACHANDRAN: Oh, this is
12 fantastic. No. Thank you for hearing -- your
13 comments and the presentation, really fantastic
14 perspectives there. So, appreciate it.

15 I think the one thing that stood out
16 was this sort of the we are moving at the speed
17 of trust to some extent, right? Like, it's a -
18 - the alignment always has, like, the human and
19 trust elements within all the stakeholders
20 there.

21 Any sort of, like, guidance or
22 recommendations on how do we speed up that
23 alignment and trust? And I'd love some
24 perspectives on that. I know it's, like, a
25 hard question, and this is such a human
26 behavior thing, but curious to see if there's

1 any -- if you could do this again, like, what
2 would you do to make it faster? I'd love any
3 perspectives on that.

4 MS. HARDIN: Tom, please go ahead.

5 MR. BORYS: Yeah, great question. I
6 have a few thoughts. So, first is at least in
7 our experience, having the Vermont All-Payer
8 ACO Model program come to life was that policy
9 push that I think helped tip those who are kind
10 of on the fence say, all right, we'll jump in.

11 And when we were growing our
12 network, I remember, you know, talking to
13 hospitals or primary care practices, and they'd
14 finally say, okay, we'll jump in. But, you
15 know, don't tell us what to do kind of thing.
16 But over time, the trust built up once they
17 understood our intentions.

18 But I do think that that policy-
19 level push, to get those who are on the fence
20 who might otherwise kind of sit back and wait
21 to see what happens to others, was really
22 helpful for us to grow and get more
23 participants in our network.

24 MS. HARDIN: Ena, please go ahead.

25 MS. BACKUS: Thank you. I was just
26 kind of looking back on how long ago we started

1 on this work, which really was around 2013,
2 where we said in Vermont, we want all payers at
3 the table for payment reform. And we want to
4 understand which payment reform models are
5 going to provide the most bang for the buck and
6 move towards the Accountable Care Organization
7 Model because of its inclusiveness across the
8 continuum of providers.

9 I think that we struggled with trust
10 building in some ways, and also we benefited in
11 other ways. The state political climate when
12 we were getting going, had just been really
13 focused on single-payer system for the State of
14 Vermont.

15 And I think in the wake of that
16 single-payer effort, there was a lot of
17 excitement and willingness for providers and
18 payers to come to the table together to do
19 something other than single-payer that could
20 provide some savings and improve quality and
21 access for the people of the state. So, I
22 think that there's also that overlay of the
23 political climate that is very important in
24 terms of what kind of trust and how you
25 accelerate that trust building.

26 And I'll emphasize again that

1 meeting regularly with the stakeholders is
2 incredibly important. We had a series of
3 meetings in Vermont that were called the Monday
4 morning meetings. And it meant that every
5 Monday morning, the payers, the providers,
6 state officials, and community agencies were
7 all together around a table, working on those
8 standards for the Accountable Care
9 Organization.

10 And that -- it had to be very
11 consistent. It had to be a very regular
12 interval of time, one week in between, and
13 progress had to be shown between all of those
14 meetings. And when there was less of that
15 intensity, I think that that's when we started
16 to see more drift.

17 MS. HARDIN: So valuable to hear the
18 specificity.

19 And then Katie, you hand your hand
20 up, and then Joseph, and then we'll go to
21 another question.

22 MS. WUNDERLICH: And so, this is
23 just a real quick add-on to what the other two
24 just said is transparency. Consistent
25 transparency, even when there are challenges,
26 even if there's a challenge to what you're

1 trying to do, being consistently transparent to
2 the extent possible, really helps to continue
3 to build trust and relationships so that they
4 don't -- people don't think you're doing
5 something in the background or not really
6 bringing everyone along. Thank you.

7 MR. DEMATTOS: Yeah. Katie nailed
8 one of my five that I was going to share. The
9 five that I would share would be regular formal
10 and informal discussions. It goes back to the
11 idea of being transparent across all settings,
12 across all conversations. But you sometimes --
13 you want to share concerns and process them if
14 -- privately, if they're going to derail the
15 group discussions. So, formal and informal
16 touches.

17 Being data-driven is huge. Huge,
18 huge, huge. Focus on being driven by the data.
19 And I've already quoted the book, Crucial
20 Conversations. I'll quote Getting to Yes by
21 Ury and Fisher. Reinforcing conversations that
22 are based on shared interests and not
23 individual position.

24 MS. HARDIN: Valuable advice.

25 Let's go to Larry.

26 DR. KOSINSKI: Great session. I'm

1 always learning in every one of these sessions.
2 Multiple members talked about data. And Joe,
3 you just -- Joseph, you just mentioned data in
4 your answer.

5 There's a new term out today and
6 it's called SaaS⁶⁰pocalypse. We are in -- AI has
7 created a situation. We are in the apocalypse
8 of SaaS⁶⁰ providers. You have to own the data,
9 you have to control it. The data has to be,
10 you know, data by consent. That's the most
11 valuable data. So, in your models, who owns
12 the data?

13 MS. WUNDERLICH: Well, so Larry, I
14 think that's a really -- I'll just take a quick
15 one.

16 And I'm sorry, I didn't put my hand
17 up, Tom, so I jumped ahead of you.

18 But, you know, I think that's really
19 part of where the governance structure comes
20 in, because there's certainly state-based all-
21 payer claims databases or HIE that can get
22 funded through and the cost absorbed through
23 the state or some kind of broader mechanism,
24 broader state mechanism. But the data is so
25 important, and it's so important to share the

60 Software as a Service

1 data.

2 So, I -- you know, I am with you in
3 terms of how do we make sure we understand who
4 can share, who owns it? In Maryland, that was
5 really important to have a state infrastructure
6 and, you know, having a state health care good
7 that could build a data infrastructure so that
8 providers could share, especially providers
9 that cannot build their own.

10 So, if they can't put together their
11 own HIE or their own Epic, other -- you know,
12 the providers that can't really -- don't have
13 the kind of means and resources to have a
14 sophisticated data system, important for the
15 state to be able to support that.

16 MS. HARDIN: Super important
17 comment.

18 Tom, and then when you're done, if
19 you could pass it to Ena for comment.

20 MR. BORYS: Sure. I like that term,
21 SaaSocalypse. I'd have to remember that one,
22 but yeah, it's a great question. I think my
23 answer's going to come from the ACO
24 perspective, but when you sign an ACO contract,
25 they basically fill your life raft with a bunch
26 of data and push you out to sea and say, good

1 luck. So, it's the most important tool you're
2 given and how to use it well, and how to
3 leverage it well, is a critical problem to
4 address.

5 For us, in Vermont, we kind of
6 became the de facto data entity because we had
7 these contracts with all the different payers,
8 and we aggregated them into a system, which was
9 a SaaS system. And the data governance work is
10 incredibly complicated and important. But also
11 ensuring the right access is available to
12 participants in the network is really hard and
13 often layered and cumbersome, establishing who
14 has that care relationship when multiple
15 providers out there clearly do.

16 So I think it really should go
17 beyond an ACO. I can argue that it would be
18 much better to have a really strong state-level
19 HIE rather than ACOs that can make these data
20 available to participants in a governed way and
21 a really thoughtful way.

22 Because when it's done through an
23 ACO, it's just the attributed lives. It's just
24 for the payers that are contracted. So what we
25 did, I think, was effective for our use case,
26 but it could be done better at the state level,

1 in my view.

2 MS. HARDIN: Go ahead, Ena.

3 MS. BACKUS: Thanks. You know, I
4 think what Tom just said is really interesting
5 in terms of the ACO kind of becoming the
6 collection point for the data. And absolutely,
7 it required it to do its work, but it wasn't --
8 when we were talking about having a statewide
9 all-payer model, that was really focused on the
10 total cost of care for the population, whether
11 they were attributed or not attributed to the
12 ACO, having a broader source of data was very
13 important for that reason.

14 And as Vermont now transitions from
15 the All-Payer ACO Model to AHEAD and thinking
16 about the Medicare data that's so critical to
17 potentially working in the AHEAD Model, there's
18 a real difference in where the Medicare data
19 may come. The claims-based data may come to
20 the State of Vermont rather than to the ACO.
21 And for the State of Vermont to then have to
22 integrate with other data types is the question
23 and how they pursue that work.

24 MS. HARDIN: Thank you.

25 Lee, please go ahead.

26 CO-CHAIR MILLS: Sure. Ena,

1 something you said kind of perked my ears up.
2 We've been talking about, you know, the
3 importance of transparency and shared
4 interests. And I mean, that's all about how
5 you get people to the table. And I would love
6 to have that conversation for another hour from
7 you all's experience, just based in the state
8 where major payers and/or providers aren't even
9 willing to even say what their interests are
10 because that's competitive advantage and
11 they're not going to go there, right?

12 But assume you get them to the
13 table, and you made the comment about, you
14 know, it was hard to keep everyone at the
15 table. And maybe towards the end, there was
16 less at the table than when you started. And
17 so I would just love reflections on, with that
18 experience behind you, what types of strategies
19 and discussions would you use to try to keep
20 full involvement at the table throughout the
21 full process?

22 MS. BACKUS: Well, I do think
23 learning from the intensity that we had at the
24 outset of, again, very regular meeting cadence,
25 the state being a supervising entity in the
26 room for that. And then you know, I think that

1 was all pre-implementation, that regularity of
2 meeting and intensity of cadence with the
3 state's involvement.

4 And then I think that there was sort
5 of an approach for implementation that was more
6 like, oh, well, this is provider-led reform.
7 And so, maybe the state backs off on this kind
8 of engagement and partnership ongoing on a day-
9 to-day basis, and puts the model into the hands
10 of the providers to implement.

11 But I think what you've heard from
12 Tom and from Dr. Weigand as well is that, you
13 know, maybe more of a push would have been
14 helpful over the course of the model, over the
15 term of the engagement. And I think that that
16 may be a key learning that the state's role
17 really needs to be consistent, ongoing, and
18 throughout.

19 CO-CHAIR MILLS: Okay.

20 MS. HARDIN: Would any of our other
21 presenters like to comment on that question?

22 DR. WEIGAND: I would agree with
23 that, and I felt that while I've been working
24 at OneCare. It'd be really nice to have more
25 support from the state and not, you know,
26 shoving it down the provider's throat, so to

1 speak. But, you know, being a cheerleader --
2 you can do this, you know, let's work together.
3 Being a really positive force, but also
4 requiring it. Requiring those ongoing weekly
5 meetings, requiring alignment, requiring the
6 payers to stay in, I think would've contributed
7 to more success.

8 MS. HARDIN: I'm going to add a
9 follow-on question to that. So I'm going to
10 quote your line, Joseph, that what we're trying
11 to move people to is from transactional to
12 partnership models. And you've all referenced
13 some type of convening infrastructure, some
14 kind of regular integration, some kind of
15 regular communication, ongoing relationship
16 building and competency building.

17 And I'd like to ask each of you what
18 you've learned about what types of investments
19 are needed to continue that sort of
20 regionalization convening ongoing into greater
21 role, really, infrastructure, including do you
22 see things such as Medicaid waiver programs or
23 others supportive to that kind of
24 infrastructure?

25 I'll open that up to all the
26 experts. How would you find the answer going

1 forward?

2 MR. BORYS: I'm happy to jump in. I
3 actually have one other thought about the
4 previous question, just to go back really
5 quickly. But one of the lessons in Vermont was
6 that the Vermont All-Payer Model is a test of
7 scale, and that was set up based on
8 attribution, number of attributed lives.

9 And you all probably know,
10 attribution has a purpose, but it's highly
11 flawed. There are people that fall through the
12 cracks all the time. I actually think it
13 should have been based on the provider
14 participants.

15 So if I was setting up a new state
16 level initiative, I wouldn't use attribution as
17 the basis, really. I'd try to get a critical
18 mass of providers to be in this. And had the
19 model been set up that way, I think it would've
20 been viewed much more successfully in Vermont.

21 On the finance front, I'm jumping as
22 I'm going, money talks, whether we like it or
23 not. So in our model, we often -- I believe
24 this is the right thing to do anyway, but we
25 would give out some sort of a base PMPM⁶¹,

61 Per-member-per-month

1 particularly to primary care. And then we'd
2 have PMPM opportunities that they could earn
3 based on outcomes and results.

4 And we changed the blend over time,
5 started off with more free money, if you will,
6 and then moved it back over time. And that
7 worked pretty well for us, but it is a heavy
8 cost burden, and we're funded by hospitals in
9 Vermont.

10 And as the hospital financial
11 situation got worse and worse over time, due in
12 large part to a lot of regulatory action, it
13 just became harder and harder for them to come
14 up with the investments. So you know, one of
15 the many reasons I think we're shutting down
16 operations, but I think some sort of investment
17 is really important. It's just hard to
18 sustain.

19 MS. HARDIN: Super helpful.

20 We're going to go Joe, Ena, Katie.
21 We've got about four minutes, but want to
22 really hear from each of you, your response.

23 Joe, please go ahead.

24 MR. DEMATTOS: Yeah, so I think
25 declaring long-term commitment to process
26 change and outcome change regardless of the

1 framework of the change. I mean, look at
2 Maryland, right? We started with a Social
3 Security Act exemption, and then we went to a
4 relatively simple contract. Then we went to a
5 much more complicated all-payer contract. And
6 now we're going to AHEAD, right?

7 But we're still -- that's just that
8 part of it. Not counting the Social Security
9 Administration, you know, statutory, you know,
10 decades of change, just the contractual
11 evolution part of it. We're talking about, you
12 know, the last 15 or 16 years, right? So the
13 framework changed, but the idea that we're
14 committed to this process, that hasn't changed,
15 and money is always a big thing.

16 I would be remiss if I didn't talk
17 about a couple more barriers though, right? So
18 in nursing homes, one of the barriers is the
19 regulatory mismatch, right? So for instance,
20 in Maryland, we have a behavioral health
21 crisis, and we have some folks, not all, but
22 some folks that are in long acute hospital
23 stays with a primary clinical diagnosis, that
24 have, in addition to the clinical diagnosis, a
25 behavioral issue or a behavioral diagnosis.

26 And we're set up to help those

1 folks. But that is a regulatory risk for the
2 skilled nursing and rehab environment. So you
3 have to be willing to take that risk.

4 We have folks that clinically, for
5 what they were in for their acute episode,
6 let's say they were in for a broken hip, but
7 they were fighting cancer. And so we are set
8 up for their rehab part of their care, but
9 we're not paid for their cancer drug. Not
10 appropriate in our setting, right? So again,
11 there's a barrier for us helping that person.
12 So going forward, identifying those barriers
13 and figuring what the fixes of those barriers.

14 Another one is, for instance, by the
15 way, within our scope of care, we can do
16 transfusions, but there's no rate for it. So
17 you know, nursing homes are either eating that
18 and doing the right thing and paying for the
19 transfusion out of pocket in our setting, or
20 wrongly sending the patient back to the
21 hospital for the transfusion, where it's paid
22 for. It's within our scope of care, but
23 there's no rate for it, right? So sorry to
24 unload that at the end, but more work to be
25 done by all of us.

26 MS. HARDIN: That's an important

1 point.

2 We can go briefly to Ena, and then
3 we're at time.

4 Ena, if you'd like to comment.

5 Is that okay, Katie?

6 MS. BACKUS: Sure. Luran, I keyed
7 in on your question about funding, and I think
8 relative to the conversation we were having
9 about data in particular, that there is
10 opportunity for states to consider Medicaid
11 funding, implementation, advanced planning,
12 documentation that supports integrated data
13 models. And that promotes interoperability of
14 data.

15 These pieces, particularly if
16 Medicaid is a participant in the All-Payer
17 Model that the state or the state is pursuing,
18 I think is a really significant opportunity for
19 the states to draw down that 90/10 match and
20 support better data.

21 MS. HARDIN: Thank you all so much.
22 All excellent presentations. I know we could
23 keep talking to you for another hour, but we're
24 actually at the break. So I want to thank you
25 so much for joining us. And please, I
26 encourage you, if you'd like to stay on for our

1 next session, it will be also going into
2 another level on state value-based care models.

3 At this time, we're going to take a
4 10-minute break and we'll be returning at 2:50
5 Eastern. So please join us then. And we have
6 another great lineup focused on lessons learned
7 from state value-based care models that have
8 implemented multi-payer alignment. Thank you
9 for joining us.

10 (Whereupon, the above-entitled
11 matter went off the record at 2:40 p.m. and
12 resumed at 2:50 p.m.)

13 * **Session 3: Lessons Learned from State**
14 **Value-Based Care Models That Have**
15 **Implemented Multi-Payer Alignment:**
16 **Part 2**

17 DR. KOSINSKI: Welcome back. I'm
18 Dr. Larry Kosinski, one of the PTAC members.
19 In our second session this afternoon on lessons
20 learned from state value-based care models that
21 have implemented multi-payer alignment, we will
22 hear from four distinguished experts who will
23 discuss the multi-payer models in Pennsylvania
24 and Arkansas. You can find their full
25 biographies and slides posted on the ASPE PTAC
26 website and the public meeting registration

1 site.

2 At this time, I ask our session
3 participants to go ahead and turn on your video
4 if you haven't already done so. After all four
5 experts have presented, our Committee members
6 will have plenty of time to ask questions.

7 First up, we're happy to welcome
8 back Ms. Janice Walters, who is Chief Executive
9 Officer at Rural Health Redesign Center.

10 Great to have you back, Janice.

11 MS. WALTERS: Thank you so much. I
12 count it a privilege whenever I get to speak on
13 behalf of the work that we've done in the State
14 of Pennsylvania, so really appreciate the
15 opportunity to be here. So thank you for the
16 invitation.

17 So yeah, hopefully, just going to
18 hit on some high-level key lessons learned.
19 I've been informed that most of the members are
20 familiar with the program, so I'm not going to
21 spend a whole lot of time talking through the
22 specifics, but really focus on lessons learned
23 and some other things we're learning here at
24 the Rural Health Redesign Center specific to
25 rural health payment reform and what it takes
26 to be successful in those regards.

1 So if you could move on to the next
2 slide, please.

3 Short bio. I'm not one that likes
4 to see their picture on slide decks, but
5 certainly, you know, have spent the majority of
6 my professional career leading some rural
7 health innovation. Health care is my third
8 industry, so one of the things that I feel like
9 I bring to this work that is unique is I'm not
10 a lifelong health care professional. I have
11 other industry knowledge that I bring to the
12 table.

13 So when I think about some of the
14 problems that we're trying to solve as it
15 relates to rural health and even just broader
16 payment reform, population health and wellness,
17 really understanding the role that health care
18 plays within the macro system, and how
19 interdependent health care really is, and how
20 the broader system really is dependent. And so
21 I bring that industry lens, bringing in
22 manufacturing communication and then health
23 care and really take a systems approach to the
24 work that we do here at the center.

25 If you go on to the next slide real
26 quick.

1 Who we are, the Rural Health
2 Redesign Center. Our mission is really to
3 protect and promote access to high-quality
4 health care in Pennsylvania, as well as the
5 nation, all with a vision of really helping
6 rural communities thrive.

7 As I just stated in some of my
8 opening comments, health care is just vital to
9 broader economic development, and ensuring that
10 that access stays in the community is
11 fundamental if we want to have thriving rural
12 communities. So that's really our vision is to
13 use our knowledge to help rural communities
14 thrive.

15 And our team is actually made up of
16 a number of individuals. We have over 40
17 individuals, plus a lot of wonderful technical
18 partners that help us do the work here at the
19 center. And we most recently did a survey.
20 And while we're saying our team has over 200
21 years of combined rural relevant experience,
22 based on our team right now, that number is
23 500.

24 So really, we collectively have over
25 500 years of experience in dealing with rural
26 health issues specifically. Working with just

1 wonderful industry leaders that know what it
2 takes to run rural health care organizations
3 boots on the ground, and what type of change is
4 effective and what type of change is not.

5 Part of the creation of the Rural
6 Health Redesign Center, I just wanted to hit on
7 this point, it really was part of the CMMI
8 demonstration. So the Pennsylvania Rural
9 Health Model, which is certainly the flagship
10 program that I've helped run here at the Rural
11 Health Redesign Center, really was a
12 partnership with CMMI and the Commonwealth of
13 Pennsylvania.

14 But part of that model, the
15 Pennsylvania Rural Health Model, called for the
16 creation of the Rural Health Redesign Center
17 specifically, really hoping to create an entity
18 that could be leveraged to serve as a technical
19 assistance center, not only for Pennsylvania,
20 but really, the country.

21 And so part of the vision of our
22 work was understanding what works with rural
23 health innovation specifically, and then being
24 able to use that, create an entity that can
25 then be leveraged and serve as a technical
26 assistance organization for the country through

1 consultative arrangements.

2 So it's been just a wonderful
3 pleasure and highlight of my career to be able
4 to lead such groundbreaking work, not only on
5 behalf of the state, but really, the country
6 and see this organization come to life.

7 And certainly, that was before the
8 RHTP⁶² happened last year, but really to just
9 see this organization come to life and, you
10 know, bring to purpose, creating a center that
11 we can take lessons learned so that other
12 states pursuing and other organizations
13 pursuing similar interests don't have to make
14 maybe the same mistakes we did, but can get to
15 better solutions quicker.

16 If we go on to the next slide,
17 please.

18 So real quick, the Pennsylvania
19 Rural Health Model, acronym PARHM, really was
20 looking to achieve two things, or excuse me,
21 three things with two pillars, two objectives.
22 And so really, we were looking to improve rural
23 hospital financial viability or stability,
24 improve population health outcomes of people
25 that lived in those communities, that the

62 Rural Health Transformation Program

1 hospital served, and then reduce the total cost
2 of care over time.

3 And we had two mechanisms within our
4 program to really achieve that. And the first
5 was the global budget. Paying hospitals a
6 fixed payment to provide predictable cash flow,
7 and then ask them in exchange for that
8 predictable cash flow to put together
9 transformation plans. That really the goal was
10 moving away from volume to a value-based
11 delivery system.

12 If we go on to the next slide,
13 please.

14 So just some data to show that
15 within the program, we were able to reduce
16 potentially avoidable utilization. So that was
17 one of the mechanisms. And one of the things
18 that we were trying to do is provide the right
19 care in the right setting. And so we do have
20 data that shows that over the course of the
21 program, for most of our hospital and payer
22 relationships, we actually did indeed reduce
23 avoidable utilization over the life of the
24 program.

25 And just like to note that there was
26 a pandemic in the middle of all of this. And

1 so the fact that we could actually achieve
2 these objectives and manage through the
3 pandemic was certainly noteworthy.

4 The most important thing, if you go
5 to the next slide though, is really what we've
6 learned from the demonstration. And so while
7 nationally, you might hear that the
8 Pennsylvania Rural Health Model or publicly,
9 you hear that the Pennsylvania Rural Health
10 Model is sunseting, is coming to completion,
11 the work does continue here in the State of
12 Pennsylvania.

13 And so I continue to work with the
14 payers that were part of the first program and
15 many of the providers. And the hospitals as
16 well. We've expanded that stakeholder base to
17 say, what worked well, what have we learned,
18 and where can we make improvements and really
19 iterate on what we call a next generation
20 strategy?

21 So the program really provided a
22 robust learning laboratory for what worked and
23 what didn't work within rural APM structure
24 specifically, because again, ours was a rural-
25 only model. And then now we're really
26 iterating on that to take that into the future

1 to say, okay, how do we continue to iterate and
2 build a next generation program? So that's the
3 work that I'm currently leading in the State of
4 Pennsylvania, is really iterating on the first
5 version with the goal of getting a next
6 generation program off the ground.

7 Transparently, we don't have CMS at
8 the table right now, but we felt the work in
9 the State of Pennsylvania was too important,
10 that we have to keep going on it. And
11 hopefully, we'll be able to figure out a way to
12 get CMS back to the table as a partner with us
13 in this work.

14 But some of the most important
15 things that we've learned, relationship and
16 trust, stakeholder alignment is fundamental if
17 we want a change to happen. We need, in
18 addition to payments, alternative payment, we
19 need broader infrastructure. And of course,
20 really, really need good planning.

21 I like to say this work is really,
22 really hard. If it were easy, it would've been
23 done. But the fact that our stakeholders are
24 staying at the table to really continue to
25 iterate and move forward to me is a huge win.
26 A huge lesson learned as well.

1 If we go on to the next slide.

2 Some of the overarching things that
3 we've learned from again, the first
4 Pennsylvania Rural Health Model, the
5 experiment, as I like to call it. As we think
6 about a next generation program, what do we
7 actually need? You know, and one of the things
8 that first and foremost, it's got to be
9 palatable for both our payers and our
10 hospitals. Provides the right care within the
11 local community. So one of the things that
12 we're not sure the first program did was
13 actually preserve the right care in each
14 community, so we're spending a lot of time
15 defining these essential services.

16 What does essential service actually
17 mean? Where do these services need to be
18 provided, and something that can be customized
19 at the local community level? We know it has
20 to take into consideration costs. So the first
21 program was revenue only, and that's created
22 some issues and an extreme inflationary period.

23 So figuring out how to bring costs
24 into the equation. Something that provides
25 truly predictable revenue. So some of the ways
26 our program was administrated undermined the

1 predictability that we were trying to achieve.
2 And so really getting to predictable revenue.

3 And is easily understood by program
4 participants and reduces administrative burden.
5 Those last two really being informed by, you
6 know, we built a pretty heavy, cumbersome
7 program. And so are there ways to get to the
8 ideal end with less burden?

9 If you go on to the next slide.

10 The other thing that I wanted the
11 Committee to know about that, in addition to
12 the Pennsylvania Rural Health Model, we also
13 are working with hospitals that are pursuing
14 the Rural Emergency Hospital designation, so
15 the new CMS licensure. And really, again, it's
16 a step in the right direction in terms of
17 changing payment for rural hospitals. And that
18 fixed facility payment that the Rural Emergency
19 Hospitals are now receiving, you know, has
20 really first stabilized cash flow, providing
21 predictable revenue, getting some of those
22 hospitals to sustainability.

23 So while we've worked with over 200
24 organizations, you know, to assess the
25 feasibility of that licensure, only around
26 between 45 and 50 -- so there's always -- that

1 number's always changing as we continue to
2 work, but I think the last publicly reported
3 number was 44 hospitals have converted because
4 the math worked. But the cool thing that I
5 wanted this Committee to know is that these --
6 you know, through the alternative payment,
7 through that fixed payment within the REH⁶³
8 space. We do see some of the hospitals, the
9 early adopters, moving into population health
10 and wellness and really starting to use that
11 fixed payment in a different way. And so to
12 me, that's exciting because once hospitals have
13 a different payment mechanism, we've seen them
14 step into the population health and wellness.
15 And I just wanted to share that as an example
16 of alternative payment working.

17 If you go to the next slide, please.

18 So just to wrap it up, this is
19 really, really hard work. If it were easy,
20 like I said earlier, if it were easy, it would
21 already have been done. And so some of the
22 things that it takes in order to achieve such
23 broad, sweeping innovation, relationships, and
24 trust is certainly in the middle of all of
25 that. Building relationships with the

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1 stakeholders. Understanding that we're all
2 pulling in the same direction and aligning on
3 purpose. And then the leadership skills that
4 it takes.

5 And so just listing on this slide
6 for you, some of the key things that from my
7 experience and those that I've worked with
8 within the program, what it really takes to do
9 this type of work: perseverance, tenacity,
10 humility, honesty and communication, alignment
11 of purpose. There's a lot that goes into that.
12 But more importantly, it takes time. This is a
13 marathon, not a sprint. And so again, I just
14 thank you for the opportunity to be here.

15 Next slide is contact information,
16 but, you know, we're really excited about the
17 work that we've done in the State of
18 Pennsylvania and where we're taking our next
19 generation program. And again, back to who we
20 are as an organization, I really do see us as
21 the puzzle piece in the middle that holds it
22 all together. We're a neutral convener. And
23 so in order for any APMs or alternative
24 frameworks to work, you've got to be able to
25 get all of the stakeholders together and get
26 that alignment of purpose in order to move

1 forward. So that's my final comment. And
2 again, thank you so much for being here, and I
3 just look forward to the conversation.

4 DR. KOSINSKI: Thank you, Janice.
5 We are all -- we're saving all questions from
6 the Committee until the end of all
7 presentations.

8 Next, we are pleased to welcome Dr.
9 John Bulger, who is the Chief Medical Officer
10 at Geisinger Health Plan. Welcome, John.

11 DR. BULGER: Thank you, and thanks
12 for having me. It's great to be back and talk
13 to the group, and I think really talk about
14 something I'm passionate about, and we've been
15 passionate about in Pennsylvania, and give you
16 my perspective, at least, as one of the payers
17 involved in the Pennsylvania Rural Health
18 Model. Next slide. Actually, you can go two
19 slides. This slide kind of just gives you a
20 little bit of bio on me.

21 If you look at where we've been over
22 the last 10 years, and it has been -- and
23 Janice talked a little bit about it -- it has
24 been a journey. It's interesting for me
25 because Geisinger's been involved in this both
26 as a payer in Geisinger Health Plan and as a

1 provider. So one of our hospitals, a rural
2 Critical Access Hospital in Jersey Shore,
3 Pennsylvania -- which is not on the Jersey
4 Shore, that probably story for another time --
5 has been involved in this model since it
6 started. And Geisinger, we were very committed
7 to that, really because we're committed to the
8 communities we serve and making care better in
9 rural Pennsylvania. But it has been a journey,
10 and there's been just so many different lessons
11 learned as we went through that. We'll talk a
12 little about some of those today. Next slide.

13 The -- you know, what is the value
14 proposition? And I think that's a question,
15 and I'll hit on that a few times as we go
16 through this. I think, first and foremost, it's
17 about access to care, and these value
18 propositions really align across whether you're
19 a hospital or a payer. The hospitals are there
20 really to provide care in these communities.
21 And as a payer who serves these communities,
22 one of the biggest things we're focused on is
23 making sure our members are able to get care in
24 those communities.

25 So I think it's, first and foremost,
26 access to care. And then you roll into the

1 other ones of population health and being able
2 to really think about what does the population
3 need? I think population health is one of
4 those terms that gets overused a lot. But I
5 think about it in this sense is, what's needed
6 in those communities? Not necessarily what
7 some want to have in the communities. Not
8 necessarily what do those communities have to
9 do to pay for or bring in the dollars to get
10 care in those communities in a fee-for-service
11 system, but what's needed? What is needed in
12 those communities, and what services do we want
13 to get? So that's the population health piece.

14 It is important to remember that
15 many times in rural communities, in all states,
16 it's certainly that way in Pennsylvania, health
17 care and the hospitals in those communities are
18 the economic engine. Many of these communities
19 have had decreases in their manufacturing base
20 and other bases. And it's the hub of the
21 community is the hospital. It's the people
22 that work in the hospitals. It's the people
23 that drive, that come into the hospitals and
24 use other services in the community. And it's
25 what those hospitals give back to the
26 community. So keeping them alive and vibrant

1 is extremely important.

2 And in the end, we want to be in a
3 learning health system. We want to be able to
4 test and take away and understand what's
5 happening. And that's really the other piece
6 of this value proposition. As Janice said, a
7 lot of this is a great unknown. It's not like
8 there's a playbook out there that you can
9 Google and say, you know, how do we keep rural
10 hospitals thriving? It's on the tip of
11 everybody's tongue from a policy standpoint.
12 And a lot of what we've done with this program
13 and a lot of what we'll continue to do moving
14 forward is really trying to collectively learn
15 so that we can make things better for future
16 generations. Next slide.

17 So one of the things that were
18 required in transformation plans and I think,
19 you know, one of the -- you know, why does a
20 payer do this? The payers do this because,
21 one, when you're taking risk from a payer
22 standpoint, the more certainty you can have,
23 the better the process is. So this created,
24 the global budget model created a lot of
25 certainty around what the payments were going
26 to be and how we were going to work with the

1 payers. We also want better outcomes, and we
2 want to try to find ways to have better
3 communication between the payers and the
4 providers.

5 And one of the hooks that's part of
6 this is from a payer standpoint, we'll change
7 the payment model. We'll, you know, give up-
8 front payment and have that knowledge. But at
9 the same time, we want to do something
10 different, and that was what the transformation
11 plans are about.

12 What you see is there's some things
13 that -- you know, care management, this whole
14 notion of how do we get services in the
15 community to help the most vulnerable in the
16 community? You see access being the second
17 one, but then you see kind of this -- and I
18 just highlight ED utilization, which would
19 probably be on the tips of all of our tongues.
20 But then the areas like social determinants of
21 health, substance abuse, behavioral health.
22 Those are things that we know are lacking in,
23 quite frankly, all communities, but in rural
24 communities, it's really tough to get those
25 things to exist and then to thrive.

26 And those were areas that were being

1 neglected, but because of the transformation
2 plans, because of this program, we were able to
3 get the hospitals and get the payers to be
4 talking together as to how are we going to
5 change those things in the communities. And
6 really this hook of saying, okay, we're going
7 to stabilize things, but we also need to
8 transform. We're not just going to stabilize
9 things and stay the same. Next slide.

10 So you know, this -- and, you know,
11 Janice kind of connected on this of saying,
12 aligning on the purpose, but -- and this was
13 really the purpose we tried to align on is, you
14 know, trying to preserve the right care for our
15 rural communities. And the global budget was a
16 vehicle to do that, but it's only one vehicle,
17 and it was the vehicle we were using. But I
18 think one of the biggest take-homes was, and
19 you'll see it in further slides, is this piece
20 of collaboration.

21 You can go to the next slide.

22 And it's interesting because when
23 you look at -- we did a survey with the payers
24 and the hospitals and said, what worked well,
25 and what needs improvement? What's interesting
26 is the top in what worked well is communication

1 between hospitals and payer. And the second
2 one in what needs improvement is communication,
3 hospitals, payer. And it's one of those things
4 where I think there was a generally felt to be
5 a lack of communication perceived on both ends,
6 both hospital and payer, when we started this.
7 And that increased a lot as we went through the
8 program. But as you might expect, the more
9 that you get of that, the more we were
10 communicating, the more we wanted to
11 communicate, we wanted more of that good thing
12 we were creating, which is why you see that on
13 both these.

14 I think a great piece of this is
15 that every hospital that was involved in this
16 from the beginning and further is still
17 providing care to patients in Pennsylvania.
18 And we all know the statistics on rural
19 hospital closures. And to me, when people ask
20 me, what was the biggest success with the
21 program? From overall, but a from a payer
22 standpoint, it's that none of these hospitals
23 had to close. They're all still able to be
24 vibrant parts of the community they're in.

25 But you also see in this that
26 there's some lessons learned that we need to

1 take to the future. So the budget methodology,
2 even though it's somewhat standard, it is --
3 you know, anytime you need a, I kid with people
4 at the health plan, anytime you need an actuary
5 to help you with something, you probably have a
6 barrier to overcome. And, you know, the
7 reality of the way the budgets worked and, you
8 know, in spite of all the awesome work that
9 Janice and her team did, it does create a
10 little bit of, I'd say, angst with the people
11 working with it. And that's why that's number
12 one. You see, the other things that were the
13 needs improvement were, you know, much smaller
14 in that standpoint. Next slide.

15 So you know, as Janice said, the
16 thing we're working on moving forward is what's
17 it going to look like in the next generation?
18 And we're lucky to have attendance between
19 hospitals and payers. We're lucky to have our
20 state involved, and we're lucky to have other
21 interested partners that want to look at this
22 moving forward.

23 But, you know, I'll finish just with
24 saying the things we're focusing on, why our
25 payers want to do this. Again, it's the
26 certainty. We did see better outcomes as a

1 payer with this, and it really has brought
2 everyone to the table, and I don't think we've
3 seen payer collaboration in Pennsylvania
4 outside of this in the same way we did in the
5 Rural Health Program. And we haven't seen
6 collaboration between the payers in any
7 hospital community, whether it be rural and
8 urban, but this program has brought them
9 together.

10 I think in the provider side, it's
11 provided stability for those providers. It's
12 allowed them to do things that they've wanted
13 to do, but weren't able to do, because if
14 you're in a fee-for-service system and your
15 survival is a reality, is a problem, then you
16 have to go do the things that fee-for-service
17 gets you. And many times we did a survey to
18 say, if you look at what rural hospitals that
19 do versus what they want to do, what you see,
20 what they do are the things that they get paid
21 more from a fee-for-service standpoint. What
22 they want to do generally are the things that
23 are on that list in the transformation model.
24 Things like care management, things like
25 substance abuse, behavioral health, SDOH⁶⁴,

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1 palliative care. There's that mismatch there.
2 And what this program did, is it let the
3 hospitals survive, but still be able to do the
4 things they want to do. And from a payer
5 standpoint, those are the things we want to do
6 as well. So there was just this kind of
7 alignment of purpose was incredible with the
8 program. Next slide.

9 So that's the end of my talk, but
10 I'm really excited to continue discussion and
11 answer questions as we move forward. Thank
12 you.

13 DR. KOSINSKI: Thank you, John.
14 Next, we are excited to welcome Dr. Dawn
15 Stehle, Director of Early Childhood Systems,
16 Policy, and Planning at ZERO TO THREE, and Ms.
17 Alicia Berkemeyer, Executive Vice President and
18 Chief Health Management Officer at Arkansas
19 Blue Cross and Blue Shield.

20 Please go ahead, Dawn and Alicia.

21 MS. BERKEMEYER: Thank you, Larry.
22 Appreciate that. I'm very excited to be here
23 today to speak to the group, especially for the
24 fact that I've heard so many similar and
25 repetitive consistencies of today around this
26 value work.

1 So in my regular job, I day to day
2 work with the medical management provider
3 networks, certainly our pharmacy and health
4 economics, but really have a passion around
5 value-based care. And as you'll see here
6 today, Dawn and I, in our typical collaboration
7 across the State of Arkansas, we are going to
8 talk about this Arkansas value journey
9 together, because it is a journey. I think
10 what has been said by Janice recently is about
11 finding that common interest, that common
12 passion, and ours is really improving health
13 care in Arkansas, and we're excited to tell our
14 story.

15 Dawn, I'll pass it to you.

16 DR. STEHLE: Thanks so much, Alicia,
17 and thanks so much, Larry, for the warm
18 introduction. Rarely do people pronounce my
19 last name correctly, so I just wanted to just
20 give an extra special thank you for that as
21 well, but just excited to be here with everyone
22 today, and as Alicia said, tell you a little
23 bit about our story. You know, we really felt
24 like it was important that since we started
25 this journey together, and we've continued on
26 this journey together, that we actually share

1 then the story of our work together.

2 So as you may have noticed, I am
3 currently with ZERO TO THREE, but I want to
4 talk a little bit about, like, the work I did
5 with Alicia and many of our other partners when
6 I was with the Arkansas Medicaid program of
7 which I served as the Medicaid Director for
8 eight years. So excited to be here today and
9 talk to you a little bit about our journey
10 together.

11 So if you would, next slide, please.

12 Before talking a little bit about
13 how we got here, we thought it was helpful to
14 talk a little bit about sort of who we are and
15 a little bit about the State of Arkansas
16 because I know many people when they think
17 about Arkansas, they probably think about
18 rolling hills and lots of rivers and streams.
19 And while we have lots of those as well, we
20 also want to talk a little about the people,
21 because at the end of the day, that's what this
22 is about. It's about the people that we serve
23 and the -- and our neighbors and our fellow
24 community members.

25 So in Arkansas, we have a little
26 over three million people. As you may not

1 know, we are a popular destination for
2 retirees. So as you can see, we have almost 20
3 percent of our population is actually over the
4 age of 65. And so that's definitely something
5 we have to think about in terms of the health
6 care system. On the other end of the spectrum,
7 we actually have just over 20 percent of our
8 population that's actually under the age of 18.
9 So as we think about, you know, sort of what
10 the landscape looks like, we have to think
11 about both our youngest, as well as our oldest,
12 and of course, all of us in between as well.

13 Arkansas is a very rural state by
14 definition. That said, we have about 72
15 percent of our counties that are actually
16 considered rural, but when you look at it,
17 about 44 percent of the population actually
18 lives in a rural area.

19 Taking a minute to focus on some of
20 the economics for a second. We are slightly
21 above average in terms of when it comes to the
22 percentage of individuals living below the
23 poverty level. Compared to the United States,
24 we were at about 16 percent of the population
25 that actually meets that criteria.

26 And then along with that, we also

1 thought it's helpful to just talk a little bit
2 about sort of what our primary care landscape
3 looks like. So as you can see from the map
4 there on the right side of the screen, we are a
5 area that has a lot of things going for us, but
6 one of those is that we are actually a primary
7 care shortage designation area, which means, as
8 you can see from the picture on the screen, we
9 only have about 9.4 active primary care
10 physicians per 10,000 residents. So that's
11 definitely something that helped to inform our
12 journey, which I'm going to turn to Alicia on
13 the next slide to talk a little bit about what
14 this means for us and helping think a little
15 bit about the landscape of how we got here.

16 MS. BERKEMEYER: Thank you, Dawn.
17 The fun in this is we do get to tell the story,
18 and our start of this is quite interesting. We
19 are a state that was agreed upon that -- the
20 governor at that time, Mike Beebe, came to
21 Dawn's boss at that time, John Selig, and said
22 that health care is not sustainable, we've got
23 challenges in Arkansas, and we've got to look
24 for some answers to fix this. At the same
25 time, he came to my boss, Mark White, at that
26 point, our CEO, and said the same thing. I

1 think that set us on our journey from the
2 public and private sector that I think after
3 that point, we met at least weekly, if not more
4 often. And very quickly, we decided that it
5 doesn't matter if it's Arkansas Blue Cross, it
6 didn't matter if it was Centene or at that
7 point, QualChoice, or Medicaid. We were trying
8 to accomplish the same things. We needed
9 better, healthy state. We needed better care
10 for Arkansans. And so from that point on and -
11 - you know, we -- in this model here we're
12 showing that we really truly joined hands and
13 became lockstep in trying to improve health
14 care.

15 If you'll go to the next slide.

16 This is the fun slide to talk about.
17 This -- we call it our building blocks of value
18 because it truly is a journey, it takes time,
19 and it's very hard. And those are all things
20 you've heard today about these challenges. But
21 I'd like to first of all point out the color
22 coding on here. So the dark blue here are two
23 initiatives that were strictly just Arkansas
24 Blue Cross and Blue Shield. And from an
25 Arkansas Blue Cross journey, we started in 2010
26 when my boss came to me and says, "what is a

1 patient-centered medical home, and how do they
2 work?"

3 So we started a pilot, and I brought
4 on two vendors and I had thought, well, I have
5 one with the transformation support, one with
6 the data support, and then we're going to make
7 magic happen. I wish I could tell you that in
8 2026 that magic was happening, but what I
9 learned a lot of things. And even though we're
10 one of the larger payers here in the State of
11 Arkansas, practices said, number one, Arkansas
12 Blue Cross, if you're going to do that, you've
13 got to be here by our side. But number two,
14 you can't pay me enough to change my entire
15 practice and to support those changes needed.
16 And that's where we were very fortunate to come
17 into the play of CPC. The Comprehensive
18 Primary Care initiative really allowed us all
19 to lock hands, to come together, to really join
20 in quality measures and metrics and really have
21 some amazing outcomes.

22 From there, and I'm sticking on the
23 column here of the primary care, then we moved
24 into the statewide or patient-centered medical
25 home. That basically the red -- two red ones
26 are things that are still in place, active

1 today. And the patient-centered medical home,
2 what's so important in that is to be a payer on
3 our Marketplace in the State of Arkansas,
4 Medicaid has defined what those medical homes
5 are and how we have to support and reimburse
6 them. So we're all aligned in that state
7 effort.

8 Then we moved into the CPC+ and the
9 Primary Care First Models. Going back to 2012,
10 when Dawn and I started those regular meetings,
11 it truly was the episodes of care. And those
12 are where we aligned in our reporting systems
13 and other things that were very, very important
14 to us.

15 Dawn, do you want to talk a little
16 bit about the episode work? Because that
17 really was our starting together.

18 DR. STEHLE: Absolutely. Yes. It
19 was pretty novel at the time when we started
20 down this pathway. You know, I think that
21 people kind of questioned, like, what it was
22 and what it could do. And we really saw it as
23 really sort of our first, you know, sort of
24 entree, if you will, into the world of value-
25 based, you know, purchasing. Not that we
26 hadn't been doing things before, but really, I

1 think in terms of trying to sort of all point
2 in the same place -- that's one of the things I
3 love that Janice said in kind of talking about
4 some of the work in Pennsylvania was we
5 recognized that if we were going to do this, we
6 had to be able to do this in a way that
7 providers felt like that they really were
8 engaged in the process, but also that we as a
9 payer community were all sort of pointing
10 towards the same values and incentives that we
11 felt like were so important.

12 And so that really was sort of the
13 kickoff to us being able to kind of come
14 together with the providers, with patients, and
15 with other payers to really, you know, think
16 about sort of what these could look like and
17 really thinking about sort of where we had the
18 most opportunity for value within the system.
19 And so that really kind of led us on our
20 journey of thinking about, sort of, those sort
21 of condition-specific type opportunities versus
22 things that were more focused on sort of
23 chronic care or overall health and wellness in
24 general, so -- but that was a little bit about
25 our episodes of care work.

26 MS. BERKEMEYER: Thank you, Dawn. I

1 think throughout all of these programs you see
2 here on our map today, we really worked hard as
3 a state to align in our quality measures, our
4 data and reporting to the practices, and the
5 attribution. So really coming up with common
6 definitions to support this work was so very
7 important for us.

8 I think all-payer claims databases
9 played a big part into that, as well as our
10 HIE. We also carried this work through the
11 State Innovation Model support and State
12 Transformation Collaborative and the Multi-
13 Payer Healthcare Expenditure Dashboard.

14 Dawn, would you like to add anything
15 about that or any of the others that I've
16 covered?

17 DR. STEHLE: No. I thought you did
18 great. Thanks, Alicia.

19 MS. BERKEMEYER: Okay. Well, what
20 we'll talk about here on the next slide, we're
21 going to talk about one of the keys, I think
22 that's been very important for us and very
23 successful is our State Health Information
24 Exchange. We are very fortunate that we have
25 one in our state, and our HIE sits underneath
26 the Arkansas Health Department.

1 I think with that model through our
2 value programs, we have encouraged and really
3 supported and driven data through that, as well
4 as some -- in order to be a patient-centered
5 medical home practice in our State of Arkansas,
6 you had to sign up for our HIE. We have well
7 over 95 percent of the hospitals that are
8 signed up through the HIE, and also from a
9 payer perspective to participate in some of the
10 value work and through our exchange and things
11 of that such, we've really tried to get as much
12 as we can to the practices. So the admission,
13 discharge, and transfers, the information about
14 with the hospital discharge and things like
15 that, has been so very important, not only to
16 the practices, but, for example, our case
17 managers, our nurses as well, receive that
18 information. So really looking at use cases
19 and driving that information. Next slide,
20 please.

21 This is another little bit example
22 of just the roster. So we as payers submit our
23 attributed lives to the HIE, then we get the
24 information back and this prevents -- initially
25 we had started where the practices were having
26 to submit that, and then we moved into all the

1 payers. Now we do that on behalf of the
2 practices because some of those small rural
3 practices really struggled with that. So
4 trying to simplify the process to make it
5 really successful for all of us.

6 So we can go on to the next slide.

7 Because one of the things that I'm
8 very proud about is because of being a state
9 utility, we actually have had many uses for
10 this. So this is just an example of the
11 hospitalization reports that those care
12 managers receive every morning. We also used
13 it during COVID. So very quickly because we
14 already had this utility in place, our nurses,
15 the nurses and practices had that information,
16 could understand. When beneficiaries are
17 losing coverage, we do some outreach and
18 collaboration, and also some foster home
19 children be able to have consistent care if
20 they're in and out of different homes.

21 Another key project through the HIE
22 is really immunizations. And you probably all
23 are familiar with that sometimes we have some
24 trouble with having baby 1 or 2, or girl or
25 boy, and then we kind of get a name. And so
26 we've really done a lot of work through that

1 and trying to clean up our data and
2 coordinating the HIE, as well as the all-payer
3 claims database. Next slide, please.

4 I think on the foundation, you'll
5 hear the message that we try to go through this
6 is really looking at the patient. How do we
7 put the patient at the center of all the
8 decisions we make around this care and
9 collaborate around that patient? Next slide,
10 please.

11 And as Dawn talked about, people
12 like to retire, like to visit Arkansas. So
13 many of these pictures are to entice you to
14 come visit us in Arkansas. We'll take you to
15 any rural practice or any rural place you'd
16 like to see.

17 One of the keys to our success has
18 certainly been collaboration and coordination.
19 I think that is something that we are very
20 proud of. And this is a picture of an example.
21 Our -- one of the key stakeholder meetings that
22 really made a difference and an impact on some
23 of these wins we've had was in 2017. This was
24 at the Arkansas Hospital Association, and
25 you'll see that it included the payers, it
26 included the employers, as well as some

1 patients at the table. And that was one of the
2 things that I certainly learned when we started
3 our patient advisory councils, trying to -- how
4 do we onboard patients? Because we circled
5 through a few patients before we could get them
6 to feel comfortable in that environment to
7 really speak up and help us understand what
8 they needed and wanted.

9 It's been mentioned earlier by
10 others too, but we really took a day and
11 whiteboarded what's going really well in
12 Arkansas in health care, and what do we need to
13 improve? And so you'll see some of the focus
14 areas then we decided to be collaborating on.
15 We're looking at data and interoperability. We
16 were looking at, you know, red tape. How do we
17 empower patient and behavioral health
18 integration?

19 So I've already spoken to you about
20 the Health Information Exchange that we really
21 put all hands on -- you know, in, and said,
22 we're going to do this. And it's going well.
23 The other thing I'm extremely proud about is
24 behavioral health integration. So through this
25 initiative, a not-for-profit, Arkansas
26 Behavioral Health Integrated Network, was

1 created and spends quite a bit of time, you
2 know, on a regular basis, having the
3 conferences, educating and training individuals
4 to feel confident and successful through those
5 primary care practices. Next slide, please.

6 A couple more stories here on this
7 slide. So on the slide you see right there at
8 the Fayetteville Police Department, as I had
9 done -- invited and hosted CMS staff and others
10 to come to Arkansas, one of the areas we
11 stopped -- and this is just an example to show
12 that it goes beyond just patient-centered
13 medical home, it goes beyond the journey, but
14 in how do we engage the community, and how do
15 we look at areas that are gaps that we can
16 fill? So the Fayetteville Police Department
17 was one of our stops on that visit because of
18 the fact that they have done a phenomenal job
19 working with the University of Arkansas and
20 deploying social workers out with the squads,
21 and the improvements that they have done and
22 the success that they have done by including
23 those social workers. Now, where it started
24 out some grants and pilots, the City of
25 Fayetteville now funds those social workers and
26 continues to grow that social worker numbers.

1 The one on the bottom is an example,
2 is a conference where we had patients,
3 providers, as well as payers at that table.
4 Truly hearing what having behavioral health
5 integrated into a clinic can -- how it changes
6 their lives.

7 And then the final one is looking
8 for resources. This is very intense. It takes
9 a lot of time. It had the convening, the
10 facilitating, and things of that such. We
11 started back in -- and during CPC+ with the
12 payer, all the payers in Kansas City, as well
13 as Oklahoma and Arkansas, we all -- it takes us
14 about the same amount of time to travel up to
15 our Northwest Arkansas location. And we really
16 have had some amazing opportunities to
17 collaborate in training practice coaches to
18 look at resources and tools because anything we
19 can share and spread we benefit from. We even
20 are doing the three states. We're doing
21 provider training and education together in
22 these value programs. Next slide, please.

23 Alrighty. On this next one, Dawn,
24 and I'll share here, it just shows that some of
25 the things that we've done in Arkansas to help
26 with legislation. And, Dawn, do you want to

1 start and talk about it?

2 DR. STEHLE: Sure. And so it's one
3 of those things where -- and I know it's -- you
4 know, it could be a bit of a double-edged
5 sword, but at times thinking about what are the
6 things where we feel like we need legislation
7 to be able to move something forward versus
8 those times where we feel like maybe it's
9 better to not actually have legislation. And
10 so but we do think in these instances, you
11 know, it's been important to be able to talk a
12 little bit about those places where we did feel
13 like it was important.

14 And one of those was, you know,
15 really, after we had made the decision that we
16 wanted to try to implement episodes of care,
17 you know, we felt like it was really important
18 to be able to have, you know, that -- sort of
19 that buy-in, but I think also that decision as
20 a key value strategy from, you know, on behalf
21 of the state and really having that solidified
22 as part of, you know, some of our key
23 legislation.

24 And so you know, as part of that, we
25 actually then went ahead and began developing
26 the episodes and then actually put them into

1 practice, you know, through the -- you know,
2 through the reforms, but then also had
3 legislation to support that. And likewise,
4 with our patient-centered medical home, you
5 know, once we had the support of, you know, our
6 provider partners and patient community, we
7 felt like, you know, in order for this to
8 really be something that we could implement
9 statewide, that we also wanted to go ahead and
10 then put that in place.

11 You know, much like Alicia had
12 mentioned, you know, it started out with, you
13 know, requirements within Medicaid, but then
14 ultimately became a statewide requirement for
15 participation within the Marketplace and really
16 helped to be able to set the standard for what
17 we felt like was important when it came to
18 implementing patient-centered medical homes in
19 Arkansas, both what it was and what it is, but
20 also those components that we felt like were so
21 important to the Arkansas model.

22 And then Alicia, do you want to talk
23 about the last two?

24 MS. BERKEMEYER: Sure. I'm happy to
25 do so. I've talked briefly a little about our
26 HIE and some of the requirements to participate

1 in the value programs, but I'll spend a little
2 bit here on the primary care spend.

3 I'm very proud of our state. I know
4 Arkansas Blue Cross and Blue Shield since 2012,
5 we've been measuring and monitoring -- in the
6 back of the references here we have the Milbank
7 publication on how the return on investment and
8 increase in primary care spend that we've been
9 tracking. But there was recent legislation
10 that was just passed that a working group, a
11 committee has been established, and the
12 report's due in April to the legislature.

13 What we've done to this point is
14 gotten a consistent definition of what is
15 primary care spend, which clinicians are
16 involved in that, and how that will be
17 reviewed. And then a data structure field for
18 the -- all payers to submit the data into our
19 insurance department and working along with the
20 all-payer claims database.

21 One of the key things that we've
22 really had to do -- much of that work today in
23 the files do not include the value-based
24 payment. So trying to get some fields added
25 into our all-payer claims database files. So
26 going forward, we ensure -- because that's

1 where we've really increased our money is in
2 the care management fees, utilization, and the
3 equality incentive areas.

4 We can go to the next slide. And
5 I'll pass it, Dawn, if you start out on the
6 challenges?

7 DR. STEHLE: Thanks so much, Alicia.

8 And I know we've told you a lot
9 about many of the successes, as well as a lot
10 of the things that have gone well on the
11 journey. And there are many of those, but they
12 were not without challenges, both then and now.
13 And so we also wanted to make sure that we
14 spent a little bit of time talking about those
15 today, I think the first of which is payer
16 participation.

17 I know -- and John touched on this a
18 little bit, with regard to the State of
19 Pennsylvania, but much like, you know, in
20 Arkansas, we recognize in this case, we
21 literally could not have done this without
22 coming together as a multi-payer effort.
23 Because, you know, as you saw in some of the
24 data, yes, you know, we have a significant
25 portion of the population, which is children,
26 which, you know, in Arkansas is, in many cases,

1 covered through Arkansas Medicaid. But then we
2 also have a large adult population, which is
3 also covered through Arkansas Medicaid, but
4 also a significant number of those patients, as
5 well as those providers, are actually within
6 the Blue Cross and other private payer
7 networks.

8 And so as we sat down to look at it,
9 we said we knew we couldn't just focus on the
10 children or the adults. We had to do it
11 together, and so that's really what kind of led
12 us to be able to then say, yes, like, A, do we
13 want to do this, and B, if we're going to do
14 it, like, the only way for us to do it is
15 together. And so that was one of the important
16 challenges that we had to overcome, which is,
17 how do we do that? Because as you'll see, you
18 know, kind of as we go through some of these
19 other bullets, there's a lot of that, that we
20 can do together, but there's also some things
21 that we have to do separately when it comes to
22 the legal side of the house.

23 But inherent within that was being
24 able to get the employer buy-in, because, you
25 know, much -- there are many things in Arkansas
26 that we're proud of, and one of those is that

1 we actually have a very thriving self-insured
2 and small-business community. And so as part
3 of that, you know, even though a lot of those
4 do use, you know, plans and payers, such as,
5 you know, Arkansas Blue Cross Blue Shield, to
6 be able to take care of their members, there's
7 a lot that also, you know, are very involved in
8 that, you know, as small businesses or as self-
9 insurers.

10 And so one of the things that was so
11 important in this was getting the employer buy-
12 in to do this. And so as part of this,
13 actually, setting up, we had an employer --
14 employer-sponsored health council. And so we
15 brought together the employers and talked to
16 them about what's important, and actually
17 getting their buy-in and helping not just to
18 move forward with the initiative, but actually
19 helping to design and develop it.

20 Like, I can remember, you know, some
21 of you may be aware that, you know, one of the
22 sort of flagship employers that we have here in
23 Arkansas is Walmart, and so, you know, they
24 were very involved in helping us be able to
25 actually develop and support this initiative,
26 as well as many of our other small employers --

1 smaller employers within the state.

2 And there's several others I think
3 we can walk through, but Alicia, any that you
4 want to add at this point?

5 MS. BERKEMEYER: I think you're
6 good.

7 DR. STEHLE: Great.

8 Just a couple others that I want to
9 hit on, that I think are very important, is, as
10 you can see, there's simplification. There is
11 a lot that goes on behind the scenes to make
12 these things work, as I know, you know, many of
13 you on this call already know, but I think
14 there's a lot when it comes to also then
15 simplifying, how we communicate about it. And
16 so for us, because this really is a patient-
17 centered initiative, we began with that, right,
18 where we sat down and basically said, what is
19 the patient journey?

20 And surprisingly, you know, many
21 people might say, "Oh, okay, well, I know
22 clinically, this is how you get from A to B to
23 Z," right? And then a patient might say,
24 "Well, this is how my experience has been."
25 But one of the things that I think made us
26 unique was that we came together and said,

1 "Let's do that together," right? Like, it's
2 important to understand what's the patient's
3 journey and perspective on what this looks like
4 and how it works, and where are those
5 opportunities to be able to improve?

6 But then likewise, from a provider's
7 perspective, because, you know, the providers,
8 you know, we heard very loud and clear, like,
9 they didn't want us telling them how to
10 practice medicine. But they also realized the
11 value in us coming together and really talking
12 about where we could identify areas for
13 improvement, and that would increase value, but
14 also as well as the satisfaction within the
15 health care system. So it was very important
16 that we developed a common language and a
17 common way for how we communicated and really
18 developed those initiatives together.

19 And then you know, John talked about
20 this as well, and it's just so important, but
21 really thinking about, like, what are those
22 metrics that are most important? Because there
23 is any number of -- there's probably 100
24 different things during any, you know,
25 particular visit that you could say, well, it
26 would be so helpful to know this or to know

1 that, and that this particular, you know, value
2 has this impact on this particular outcome.
3 But at the end of the day, it was so important
4 for us to say, what literally are those three
5 to five, right, that are going to -- that are
6 most impactful, that we can come together and
7 agree on as a community, that would best
8 influence both the outcomes, as well as the
9 value for this particular approach to value-
10 based care and purchasing?

11 And then along those lines, thinking
12 about the resources. You know, one of the
13 things that we realized as we started thinking
14 about sort of what is it that we need from a
15 data perspective, what do we need from, you
16 know, the hospitals, you know, many of them did
17 not have the resources to be able to connect to
18 the state's Health Information Exchange. And
19 so one of the things that was important for us
20 was to say, okay, then we will help support
21 that, right, you know, both through our public
22 and through our private opportunities, you
23 know, being able to do that, to at least be
24 able to get them connected and start to report,
25 like, some of that basic admission and
26 discharge data, but then ultimately being fully

1 connected to the systems.

2 And then the last thing I know that,
3 you know, has come up, both as a challenge and
4 then as a lesson learned, was really dealing
5 with some of those antitrust issues, because,
6 you know, we definitely want to make sure,
7 like, I love all of our friends and colleagues
8 that are attorneys. I am not one of them. I
9 appreciate them. But I also know that, you
10 know, we also can't let things stand in the
11 way, right, when we're trying to focus on, you
12 know, what's best for the health care system
13 and for our patients and providers.

14 And so you know, one of the things
15 that we had to really spend some time thinking
16 through was then, what are those conversations
17 and those things that we can do together, you
18 know, versus those things that we have to do
19 separate? And through that process, we
20 actually found out that about 90 percent of,
21 like, the work in developing out these models
22 can be done together, which was so great. You
23 know, the things that then, like, how much are
24 you going to pay, and what is the payment going
25 to look like, those things all have to stay
26 separate, and it was very easy for us to do

1 that. But it also, I think, really pushed us
2 to think about, like, yes, there's a whole lot
3 of things here that we actually do have in
4 common, and that there is a way and a path
5 forward for us to be able to work together to
6 do that.

7 Alicia, anything you want to add?

8 MS. BERKEMEYER: No. But I'll tell
9 you what, if we can go to the next slide, and I
10 -- what I will do, just for an interest of
11 time, I'll go through these next two pretty
12 quickly.

13 So from a lessons learned, one of
14 the things that I'll call out on this slide
15 specifically, one of the challenges, if we
16 don't have CMS at the table, it's difficult.
17 And I think what we've learned is, with these
18 programs, we have attached and tried to align
19 with CMMI as much as possible. But what
20 happens is, like, when we were in CPC+, and the
21 attribution for those Medicare members were in
22 our share, our HIE, and then when we changed
23 that program, those lives came out. Well, the
24 doctors would go, "Well, why can't I see Ms.
25 Smith anymore?"

26 And so I think that's been one of

1 the challenges that CMS gets tired of hearing
2 me talking about, like, "Can I please just have
3 all your attribution in our HIE?" So it's
4 those type of things that, really, our
5 providers and practices do their best work when
6 they see everybody's patients, everybody's
7 admissions, discharges, transfer, and can work
8 off of that. So they're -- you've got to
9 conform to their practice and what they do in
10 their clinic. And so that's been a gap, or a
11 lesson learned, certainly, is trying to figure
12 that out. And many of these others, we've
13 already talked through.

14 Dawn, is there anything before we go
15 to the next slide that you want to hit on this?
16 Okay.

17 Let's go ahead to the next one,
18 because we want to allow time for questions
19 here. We'll do the same thing on this Arkansas
20 successes. I think we've talked about our
21 collaboration and communication, our HIE.
22 Practice participation, we've been very, very
23 fortunate because the providers and the
24 practices enjoy our collaboration that's coming
25 together. I can't tell you how many times
26 they've thanked us.

1 We actually have a recording of
2 video from one of our learning and diffusion
3 sessions that was a part of CPC+. We did a
4 video and heard, actually, from the practices
5 how these value-based programs have impacted
6 their patients, their lives, and changed things
7 for them as well. So I get excited, could talk
8 all day long, but we're going to be very
9 respectful of everybody's time, and we can go
10 to the questions.

11 DR. KOSINSKI: Thank you, Dawn and
12 Alicia.

13 Now, we'll open the discussion to
14 our Committee members. At this time, PTAC
15 members, please raise your hand in Zoom if you
16 have a question for our group. Additionally,
17 we'll want to encourage our experts to ask
18 follow-up questions of each other. Feel free
19 to do so. You can signal that you have a
20 question by raising your hand in Zoom as well.
21 In the interest of ensuring balance across
22 different perspectives and questions, we
23 encourage experts to keep each response to just
24 a few minutes.

25 Okay. I think Krishna is first.

26 MR. RAMACHANDRAN: Yeah. Excellent

1 work. Really good to see the -- a -- have a
2 light shined on these states and the awesome
3 work there. I was just curious to get sort of
4 both thoughts on just as we think about scaling
5 this work nationwide, like, any sort of
6 reactions, thoughts, advice, if you, like,
7 export this, you know, to the whole country.
8 Like, what would your advice be? So --

9 MS. WALTERS: I'm happy to take --

10 MS. BERKEMEYER: You go, Janice.

11 MS. WALTERS: Yeah. Certainly, as
12 we approach our work -- great question, so
13 thank you. As we approach our work, that's one
14 of the things we always have in mind, is, how
15 do you build scalability and processes? You
16 know, one of the -- one of the lessons learned
17 in our program was, especially our rural
18 partners, our rural hospitals, don't have a lot
19 of resource in terms of being able to engage.
20 And so as we build our programs, our education,
21 it's really built about that framework of,
22 what's the balance between cohort-based
23 learning, where you create opportunities for
24 participants to learn from each other, and so,
25 again, they're not starting, you know, from
26 square one?

1 And then -- so cohort, as well as
2 individual, and, you know, as we think about
3 building methodology, everything that we build
4 is with a lens of, okay, how do we start with
5 this cohort, then how do you take it to the
6 next cohort? And so I think -- and I would say
7 that would be the same of how we approach the
8 rural emergency hospitals. So like, running
9 that technical assistance center for the
10 country, it's very much about building
11 repeatable processes, and then -- so it's not,
12 every time you go into an engagement, you're
13 starting from square one, whether it's
14 templates or talking points or education. It's
15 80 percent of it is already prepared, and then
16 you go in and you tweak it for the 20 percent
17 that might be site-specific or community-
18 specific.

19 So going back to one of our lessons
20 learned, you know, was planning. How do you
21 plan well? And part of planning well is, how
22 do you build scalability into that planning?
23 And leverage, you know, broad tools, broad
24 think, wherever possible, and then allow for
25 the customization that might be needed within
26 the program. So that's how I would answer that

1 question.

2 Alicia?

3 MS. BERKEMEYER: And I --

4 MR. RAMACHANDRAN: Okay. Thank you.

5 MS. BERKEMEYER: -- I'm very aligned
6 with you, Janice, on those answers.

7 And I say health care is local, but
8 when I say, health care is local, it's almost
9 down to the county level. So even within
10 Arkansas, we couldn't do it consistently. We
11 had to understand the different counties or
12 different areas. And so understanding the
13 community, what resources are in the community,
14 who are your champions in that community, and
15 how do you get that playbook and adjust it for
16 that community?

17 So that's example I mentioned
18 earlier with the Oklahoma, Kansas City, and
19 Arkansas. There are some things that Kansas
20 City does really well, there were some things
21 that Oklahoma does well, and there's some
22 Arkansas. So when we all came together to get
23 our best practices, as well as payers, then we
24 can kind of make a bigger impact and a faster
25 impact with that work.

26 MR. RAMACHANDRAN: Excellent. Thank

1 you.

2 DR. KOSINSKI: Any other comments
3 from our experts?

4 Okay, Lauran, you're next.

5 MS. HARDIN: Really excellent and
6 exciting work. It's great to hear about the
7 diversity of application. So across the day,
8 we have heard consistently from our presenters
9 that it's really important to have some kind of
10 convener role that's financed, so -- and then
11 that infrastructure is involved in capacity-
12 building, trust-building, most importantly
13 trust-building, and shared metrics across
14 stakeholders, practice change, and then also,
15 really, some of those integrated system
16 improvements that it's no one's specific job to
17 do. But having that kind of convener role is
18 really important.

19 So I'm curious, when you -- for the
20 Rural Health Redesign Center, when you talked
21 about the behavioral health integration
22 network, how you're seeing those roles
23 financed. I get to work with a lot of
24 different communities, and sometimes the payers
25 financing it, sometimes funding out of Medicaid
26 waivers has financed it, sometimes it's another

1 stakeholder. So I wonder if you could speak to
2 the financing of that and the importance of
3 that convener integrator role in the community.

4 DR. STEHLE: Yeah.

5 And Larry, if it's -- if it works,
6 I'm happy to help kick it off for Arkansas, and
7 then I know others will have things to add,
8 too.

9 But it's just -- it's such an
10 important question, because yes, you know,
11 people often think, like, oh, that work of,
12 like, planning and convening, like, people
13 recognize the importance of it, but they don't
14 often think about the fact that it's like,
15 that's people's time, right, that they're
16 coming together to be able to do those things,
17 but also the infrastructure, right, to support
18 that.

19 And so you know, for us, it was so
20 critical. Like, we -- when we began this work
21 here in Arkansas, you know, we really had to
22 think about, like, what can we do? Like, we're
23 kicking this off. This wasn't something that
24 had gotten a lot of attention at that point.
25 And so we actually used some of our own
26 resources between, like, Arkansas Medicaid, and

1 then between Arkansas Blue Cross and Blue
2 Shield, actually, to pay for some of that
3 initial convening work, right? Like, we
4 brought in a consultant to be able to help us,
5 you know, think about sort of, what does this
6 look like? You know, what -- you know, what
7 are some of the different design features and
8 options that we have to think about?

9 And then you know, kind of once we
10 got going, we said, okay, we need to be able to
11 think about where we can, you know, secure
12 other funding, because we couldn't, you know,
13 separately or collectively, like, continue to
14 finance this all on our own. And so
15 thankfully, at the time, you know, CMMI had the
16 State Innovations Model program, and
17 particularly the grants, and so we applied, and
18 thankfully, we were one of the, you know,
19 handful of states that were initially selected
20 to do that. And so that brought a major
21 infusion into the state to be able to then
22 support the design and development and the
23 implementation of that work.

24 But I think the other part of it was
25 also, then, to your point, being able to think
26 about, how can we actually then change our

1 payment models to support that? And so for
2 Medicaid, yes, that was very much thinking
3 about what state plan amendments, what waivers,
4 what other types of authorities could we use to
5 be able to then actually sustain, you know, the
6 work of these different models? And likewise,
7 you know, I know, like, you know, with our
8 friends from, you know, Arkansas Blue Cross and
9 Blue Shield, it was also thinking about, okay,
10 how do we sustain this, right? And thinking
11 about through payer contracts, thinking about,
12 you know, the work with providers, as well as
13 then what those reimbursement and payment
14 models look like, you know, because that was a
15 big part of the change.

16 And then I think the last thing that
17 I think is important to mention is, you know,
18 as you said, kind of that infrastructure piece.
19 And, you know, I think one of the greatest
20 things that I feel like that we were able to do
21 was to actually develop and then utilize, like,
22 that shared infrastructure, like, for data, for
23 reporting, you know? And so for a long time,
24 like, when, you know, practices were reporting
25 information to us, it was actually through,
26 like, a shared portal that, you know, from a

1 payer perspective, we use together, and we sent
2 out our reports together, like, through that.
3 And so -- because if we're asking them to do
4 some of the same things, it didn't make sense
5 to say, okay, we'll go over to this portal here
6 and enter your information there, and then
7 likewise go over here and do the same thing.

8 So it was so critical that we be
9 able to do as much as we could together, and
10 would definitely encourage that as people think
11 about sort of looking at, you know, taking some
12 of these models to scale across the country,
13 thinking about where can we find that
14 consistency and that shared infrastructure, so
15 that way we're not asking providers or patients
16 to do -- you know, to do the same things time
17 and time again that's just, you know, adding
18 more, you know, waste and inefficiency to the
19 system.

20 MS. BERKEMEYER: And I'll add as,
21 we've work through that. I think it's been
22 brought up today about the trust and building
23 the community and the trust, how you know, if
24 you're transparent, you understand where you're
25 going. So throughout our different programs
26 with CMMI, sometimes it funded conveners and

1 sometimes it didn't. And so we, as a state,
2 really rallied together, and I'll give you an
3 example of -- show you how thick. So Dr.
4 Richard Armstrong that was with QualChoice at
5 the time, one of the kickoff meetings that CMS
6 was having for us in D.C., he was not able to
7 attend.

8 And so I'll never forget this
9 conversation where he told me, it's like, hey,
10 Alicia, you're not just Arkansas Blue Cross.
11 You're representing QualChoice at this time,
12 too, for this trip.

13 It was that -- we knew things we
14 could talk about and could get out of line
15 with, and there were things that we couldn't
16 talk about, and so it's truly building that
17 trust and collaboration.

18 DR. KOSINSKI: Any comments from our
19 Pennsylvania team? John, Janice?

20 MS. WALTERS: Yeah. I would just
21 add similar as, you know, good planning,
22 funding for this work has to be part of the
23 planning. So as part of the Pennsylvania
24 program, you know, CMMI recognized the need for
25 the convener, and so that was part of the seed

1 funding, was to create the RHRC⁶⁵. As we're
2 doing our next generation work, you know,
3 funders like the Appalachia Region Commission,
4 you know, going to other types of funders that
5 are willing to pay for that planning.

6 And so -- but it's good planning.
7 It's a function that has to happen. Somebody
8 truly, in order to advance it, needs to be
9 there, service that convener, do all of the
10 heavy lift, because again, it's -- it --
11 there's a lot of work that goes into this, and
12 that has always -- has already been mentioned,
13 you know, the infrastructure and the planning
14 and how to be efficient. And so just good
15 planning, and then there are folks willing to
16 fund this.

17 And so our next generation work, a
18 bulk of it is being funded by the Appalachia
19 Region Commission, as well as the PA Senate.
20 So as we're continuing to evolve, you know,
21 leveraging that, and then getting specific
22 funding to advance the planning, and then
23 certainly, where we sit with Rural Health,
24 we're hoping that our implementation will be
25 funded by the Rural Health Transformation plan

65 Rural Health Redesign Center

1 specific to Pennsylvania. And in other states,
2 I think, you know, there's a lot of money there
3 that, if planned well, can be leveraged to do
4 this work.

5 DR. BULGER: Yeah. And I just would
6 add, too, I think long term, and it gets to a
7 little bit of the first question, too, you
8 know, from a payer perspective, all the payers
9 were not involved. So some of them were. I
10 think it -- you know, making this work will, I
11 think, work better if all the payers are
12 involved. And obviously, that includes the
13 state and federal government.

14 And then I think the savings, if you
15 will, that you end up getting when this is done
16 right, you know, can be pushed back into some
17 of that infrastructure payment as well. And
18 again, I think that ends up being all-payer,
19 including state and federal government. So you
20 know, those are kind of, I think, looking-
21 forward opportunities and thinking how it could
22 look.

23 MS. WALTERS: But it's a great
24 point, because all of our work is to get to the
25 point of it being self-sustaining. So in order
26 to do the work, you need that investment of

1 capital, you know, the financing mechanism, as
2 I think you coined it. We need that up front,
3 but the goal is then it's self-sustaining
4 within the program. And to Dr. Bulger's point,
5 it really is, you know, the savings that are
6 generated are then helping to fund the
7 infrastructure and some of the platforms that
8 are needed to be successful.

9 MS. HARDIN: Great comments. Thank
10 you.

11 DR. KOSINSKI: Thank you.

12 Lee?

13 CO-CHAIR MILLS: Yes.

14 Janice, like, you had made a comment
15 that providers really emphasized, when you're
16 doing your multi-stakeholder engagement and
17 pulling at everybody's interests, that they
18 were mostly interested in reliable cash flow,
19 reliable revenue, they can count on. And then
20 you also commented about, you know,
21 simplification the need to easily understand
22 the program. That's certainly important when
23 you get lost in the world of quality metrics.
24 Just ask you to comment further, and then
25 everybody else, what, you know, actionable,
26 concrete pieces did you find the provider

1 community most emphasized in your stakeholder
2 engagement, that wind up being, you know, kind
3 of contracting avenues to design a program that
4 brings everybody alongside?

5 MS. WALTERS: Yeah. So I'm just
6 going to answer with a little bit of
7 illustration first. So within our first
8 program, the Pennsylvania Rural Health Model,
9 we had two payment mechanisms. And you'll see
10 some of this language even in the AHEAD
11 framework, again, because our work directly
12 informed that. But we pay from the state side
13 of the program, or the commercial side of the
14 program. We use something called virtual cap,
15 versus on the Medicare side of the program, the
16 payment was truly facilitated in biweekly
17 payments. We calculated a budget, we divided
18 it by 26, and every two weeks, the hospital
19 knew what their check was going to be.

20 Key lesson learned is that, by far,
21 was far better than the virtual cap, because
22 the virtual cap was still providing a lot of
23 fee-for-service payment. So in the virtual
24 cap, we calculated the global budget the same
25 way, but the payment mechanisms were different.
26 A lot of the payments still came through the

1 fee-for-service claims, with then true-up
2 payments along the way, and our hospitals have
3 really found, you know, being able to count and
4 know what that biweekly payment was going to
5 be.

6 So that's a key lesson learned, as
7 we iterate -- it's like, we truly want to know
8 what our payment is going to be, and we don't
9 want a lot of surprises at the end of the year,
10 because there were some reconciliations that
11 are done that, based on market shift, you know,
12 you never quite knew what your final payment
13 was going to be until after the program year
14 was over. And so really trying to minimize all
15 of that retrospective reconciliation, and
16 getting to more of a straight-lined approach to
17 -- and that's also for the payers too, you
18 know, be an accountant.

19 So my formal training was an
20 account, and at the end of the year, you've got
21 to do accruals and all of that. And so really,
22 moving away from their retrospective
23 reconciliations, getting to a point where we
24 know what our payment is going to be, and then
25 we move forward, so any adjustments to the
26 budgets would be made moving forward, versus

1 any type of a retrospective type of a
2 calculation. So that's the thing that we've
3 heard both from the plans and the hospitals,
4 is, like, we want predictability, we want to
5 know what the payments are, and we really want
6 to move away from reconciliation.

7 Also, I would say -- and again, the
8 trust, you've heard that theme, trust and
9 relationships. Our hospitals, and even
10 probably some of our plans, there's still a lot
11 of black-box magic. We send stuff in, you
12 know, to us, the TA⁶⁶ Center. They don't
13 necessarily know how. They generally know the
14 frameworks, but really, getting to just
15 straightforward, this is how we calculate it,
16 and again, doing away with the retrospective
17 reconciliation, the market-shift adjustments,
18 and some of the things that we had in ours,
19 will just make it much easier for both payers
20 and hospitals to understand, and then hopefully
21 other partners.

22 Because one of the things that we've
23 recognized is, you know, we're -- our first
24 focus is sustainability, preserving, but we
25 recognize we've got to bring in primary care.

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1 We've got to align more holistically across the
2 continuum of care. And so using easily-
3 understood and really reducing, I would say,
4 the black-box calculations that are happening,
5 that folks just don't understand. And to
6 reiterate a point that Dr. Bulger made, anytime
7 actuaries are needed to explain things, it
8 becomes really different -- difficult. So
9 taking just a much more straightforward
10 approach to calculating the fixed payment, as
11 well as the actual payment mechanism, is really
12 where we're landing.

13 DR. KOSINSKI: Other comments?

14 MS. BERKEMEYER: I'll come at a
15 little bit different area, the providers
16 feedback perspective, the -- what we've heard.
17 In the programs where we've offered the care
18 management fees and allowing them the
19 flexibility to meet the patients where they're
20 at, we've seen some really good examples of
21 success.

22 Allowing those, when we talk about
23 being, you know, local care in the communities,
24 you know, one of the examples to this day that
25 still resonates very well with me is that there
26 was a physician that was having a lot of

1 trouble with the care coordinator, reaching the
2 patients and getting to the patients in some of
3 the different chronic conditions. So he set
4 up, next to his little clinic with some of the
5 funds, a little gym. It wasn't too fancy, but
6 it was a gym, and offered it to the patients
7 for free. And then the care coordinator was
8 able to wander through the equipment as the
9 patients would come in and talk to them about
10 their health conditions.

11 Another one, very, very rural part
12 of our state, very poor part of our state, the
13 practice bought a washer and dryer because
14 these children were going to school with their
15 dirty clothes, and it just didn't feel really
16 good. But when the patients would come in to
17 wash and dry their clothes, the care
18 coordinators go in there and talk to them. So
19 really trying to find those patients, meeting
20 those people where they're at, and having the
21 flexibility of those value dollars to do those
22 type of very unusual things.

23 The other thing I think a big
24 discussion is around, the burden of the quality
25 measures. And we all talk about reducing the
26 burden for the providers, and we can reduce the

1 measures in our value programs. We support
2 that. We -- you know, we're trying to get some
3 systems up and create that efficiency and
4 interoperability. But at the end of the day,
5 for example, myself as a payer, I have over 120
6 quality measures that I have to report upon, be
7 it state or federal government requirements.
8 And if I have to report those, I have to get
9 them from somewhere. So they might not be in
10 my value programs, but I still have to go get
11 them, and so that's still creating that
12 unnecessary -- frustrating burden for those
13 practices. So a couple different perspectives
14 of feedback from providers, but it's different.

15 DR. STEHLE: Yeah. And a couple of
16 things I would add to that, I think that was so
17 well said, I think is really thinking about,
18 much like to Lauran's question earlier, about
19 sort of what does it take to be able to do this
20 work? You know, we also have to think about
21 that at the practice level. And so it was so
22 important, you know, one of the feedback we --
23 you know, some of the feedback we heard when we
24 started doing some of this was, you know, this
25 is great that you're, you know, paying for
26 experts to come together and to be able to have

1 these discussions, but, you know, here in my
2 practice, when I have to actually implement
3 this, like, you know, I need tools and
4 resources to do this, too.

5 And so it was so important that we
6 did that, right? Like, we actually invested
7 practice transformation dollars in helping
8 support practices to be able to do that work.
9 You know, it was one thing we heard loud and
10 clear, like, when, you know, at the time, there
11 was a lot of pressure for us to say, well,
12 adopt, like, the Medicare model, or adopt the
13 NCQA⁶⁷ model, or, you know, whatever it was.
14 And, you know, we heard loud and clear from our
15 practices, like, hey, we want to do this.
16 Like, we want to be able to help, you know,
17 figure out where there's value and efficiency,
18 but we need some help and support to get there.
19 And so that was a big part of, then, us hearing
20 them and being able say, like, yes, we can do
21 this, you know? So I think that was a big
22 piece of it.

23 And I think the other part, and
24 Alicia touched on this a little bit during, you
25 know, our opening comments, is, health care is

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1 local, right? Like, I mean, it is so much
2 about, like, what we do, and the patients we
3 serve, and our neighbors and our communities.
4 And so the other thing that we heard was, yes,
5 tell us what it is -- you know, be very clear,
6 you know, as Janice said, like, be very clear
7 about sort of what it is you're asking us to
8 do, but then let us also figure out how we do
9 that, right?

10 And so it was just -- it's just so
11 amazing, like, I think about, you know, like,
12 between, like, the different groups and the
13 patient councils and stuff like that, where
14 practices would come together and say, this is
15 how we figured out how we're going to do this.
16 Like, I remember, you know, different practices
17 would say, well, we have the blue team, and we
18 have the red team, and we'd have all these
19 different sort of ways that they would then
20 actually make it their own, which was so great.
21 Because at that point, you know, just like any
22 of us, right, when I have the opportunity to
23 make something my own, it's more likely that
24 I'm going to actually do it and I'm going to
25 stick with it.

26 And so I just offer that as you're,

1 you know, thinking about, you know, both
2 whether it's how to take this to scale or what
3 is it that's important to the providers, I
4 think it's definitely just like the rest of us,
5 right, to be listened and to be heard, but also
6 to be able to actually be part of the change
7 and not just be sort of impacted by it as a
8 downstream participant.

9 DR. KOSINSKI: Well, thank you. I
10 have a question myself. I was really intrigued
11 by the prospective payment to the hospitals in
12 Pennsylvania, where you allow them to craft a
13 budget around it. I really think that's a
14 fantastic idea. What about the physician? Do
15 they get prospective payment?

16 MS. WALTERS: So not yet. So again,
17 our first program was hospital-specific, but
18 one of the lessons learned that's coming out is
19 we've got to figure out how to align this with
20 primary care. And so as part of our next
21 generation work, that's -- and I don't know if
22 it's going to be a budget or if it's going to
23 be incentive-type payments, but that's
24 certainly part of what is we're iterating with,
25 you know, our stakeholders. Like, we know so
26 much of this work needs to be done in the

1 outpatient space with primary care providers
2 sitting at the table, and so trying to figure
3 out what that alignment strategy looks like and
4 take that into consideration as we're building
5 the budget.

6 So for example, for a lot of our
7 rural communities, you know, they also employ
8 the primary care and maybe even specialty
9 providers. And so if we need more primary care
10 within a community, as part of that development
11 of that global budget, should we be assessing
12 what we're going to need within that community
13 to get to an adequate level of primary care?
14 And do we take that into consideration as part
15 of the budget in order to recruit the providers
16 to the community, cover all of that cost?

17 So that's the type of conversation
18 we're having. I don't have the answer to your
19 question, Larry, specifically, but certainly,
20 as we iterate, we know it's got to be more than
21 hospital-focused. Our goal is to continue to
22 stabilize, and then really big, I would say
23 build a broader-continuum payment
24 infrastructure that's going to meet the needs
25 of the community. I certainly would ask Dr.
26 Bulger his thoughts on that. He sits at the

1 table with me, engaging in these conversations.

2 So anything you would add to that,
3 Dr. Bulger?

4 DR. BULGER: Yeah. Briefly. It's a
5 great question, because and as Janice said,
6 it's a shortcoming of the original program, it
7 was only hospitals, and I think you got to
8 figure out a way to have, you know, clinically
9 integrated network or something else that's
10 baked into it. And then that organization,
11 whether it's the same, you know, it's a
12 hospital and it's CIN⁶⁸, or it's the hospitals
13 and a larger CIN, because we have some
14 statewide clinically integrated networks.
15 Like, for example, the Pennsylvania Medical
16 Society started a clinically integrated network
17 statewide a few years ago.

18 But there has to be a way to get the
19 providers involved, and many rural hospitals
20 don't have -- the providers are independent
21 providers that are, you know, they aren't
22 associated with them, which is sometimes
23 different from large academic medical practices
24 that might be in other places. So then
25 figuring out a what -- and you have to bring

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1 those together. You can't have them separated.

2 I think there's also a question of -
3 - to say, you know, other types of providers in
4 the community, whether that's physical therapy,
5 or home nursing, or skilled nursing, you know,
6 all those, how do you wrap those in as well
7 into one model? Because sometimes, they're all
8 under the same payment umbrella within the
9 community, but many times, they're not. But
10 you really need all those people that are
11 swimming in the same direction if you're going
12 to make this work.

13 DR. KOSINSKI: How about Arkansas?
14 Any prepaid models there for providers?

15 MS. BERKEMEYER: Yes, we do. And so
16 I can add, on the value programs, we talk
17 about, you have multiple programs you have to
18 coordinate. So we have our Patient-Centered
19 Medical Home, our Primary Care First, like
20 Blueprint Primary Care, but we also have our
21 ACOs, our risk ACO products, that are kind of
22 the hospital contracts. They've got your
23 providers. And so we've really had to work
24 hard to combine and coordinate those efforts.

25 One of the things that we were
26 hearing from the physicians independently in

1 the primary care specifically is, hey, the
2 hospital is getting that payment, and I'm not
3 seeing it in my practice where I need to get
4 changes, or I need the funding in my practice
5 to buy this or to do that. And so we just kind
6 of work through that with some transparency
7 tools.

8 So with that, each time we do a
9 performance summary for the year, a thank-you
10 letter goes out to that individual physician,
11 thanking them for participation in the program.
12 It tells them their attributed lives, it tells
13 them how much care management fees, as well as
14 their utilization quality incentive. So it's
15 kind of a thank-you note, but it's a report
16 card too, that goes out. And then two weeks
17 after that, the similar goes to the CIN or the
18 hospital with a whole summary and listing of
19 all of them, of the performance and how that
20 went for that participation. So what it did is
21 it allowed conversation between the providers
22 and the hospitals and how they can negotiate
23 and coordinate that funding on those value
24 dollars that they had earned. And, you know,
25 it's been a -- I will tell you, I still to this
26 day get a text when it's about value time.

1 About, hey, Alicia, where's my letter? Can I
2 get my heads up? And so it's definitely
3 important for us to coordinate those dollars
4 and to ensure that they are being used in areas
5 of need. And so the pre-funding is really in
6 the primary care area, but because so many of
7 our clinics are being purchased by the
8 hospitals around here, it had -- we're moving
9 to that tipping point where more are employed
10 versus not employed.

11 DR. KOSINSKI: With some of those
12 same services you just mentioned that you're
13 able to provide by having a prepaid model is
14 one of the major stimuli for prepaid concierge
15 practices --

16 MS. BERKEMEYER: Yeah.

17 DR. KOSINSKI: -- developing all
18 around the country. And I know it's region- --
19 city-specific, and it might not be as
20 applicable in the rural areas of Pennsylvania -
21 -

22 MS. BERKEMEYER: It is.

23 DR. KOSINSKI: -- but certainly in
24 the major cities, you could see where a model
25 you have with prepaying physicians could
26 actually provide the mechanism for a hybrid

1 type payment model between prepaid value-based
2 payments tied with, you know, fee-for-service -
3 -

4 MS. BERKEMEYER: Yes.

5 DR. KOSINSKI: -- payments with it.

6 Any other questions from any of my
7 other PTAC colleagues?

8 Well, I guess we're going to get
9 some time back. Excellent. Thank you,
10 Committee members. If you have any other
11 questions for our participants, you know, feel
12 free to bring them. But I'd like to thank our
13 four experts for joining us this afternoon for
14 a robust discussion. You're welcome to stay.
15 Oh, no, we're done. If you want to listen to
16 the rest of the meeting if you want, but at
17 this time, I think maybe we go to an early
18 break.

19 And Lee, do we want to meet earlier
20 after the break or keep it at the same time?

21 CO-CHAIR MILLS: We're going to go
22 to a standard 10-minute break and return
23 earlier. Say --

24 DR. KOSINSKI: Okay.

25 CO-CHAIR MILLS: Yeah. Say 25
26 after.

1 DR. KOSINSKI: Okay. You're all
2 free until 25 after.

3 MS. BERKEMEYER: Thank you.

4 DR. KOSINSKI: Thank you.

5 (Whereupon, the above-entitled
6 matter went off the record at 4:20 p.m. and
7 resumed at 4:25 p.m.)

8 * **Committee Discussion**

9 MR. RAMACHANDRAN: Welcome back.
10 I'm Krishna Ramachandran, one of the PTAC
11 members. As you know, PTAC will issue a report
12 with the Secretary of HHS that will describe
13 our key findings from this public meeting on
14 improving multi-payer alignment in value-based
15 care.

16 We now have time for the Committee
17 to reflect on what we've learned from our
18 sessions today. We will hear from more experts
19 actually tomorrow, but we want to take the time
20 to gather our thoughts before adjourning for
21 the day.

22 Committee members, I'm going to ask
23 you to refer the potential topics for
24 deliberation documents during this discussion.
25 To indicate you have a comment, please raise
26 your hand in Zoom. Yeah, I'd love to start

1 with some volunteers here.

2 Lauran.

3 MS. HARDIN: I'll get us started.

4 MR. RAMACHANDRAN: Thanks for being
5 the first one. Yeah, thank you.

6 MS. HARDIN: So I'm really struck
7 today by the universal lesson. So one quote
8 that sticks out to me is what we're really
9 trying to do is move communities, integrated
10 systems from a transactional relationship to a
11 partnership model. And that involves deep
12 trust building amongst partners and providers
13 to have shared values, a payment model that
14 works or a way of doing that and metrics that
15 work. But also, a really important role that
16 continues to come up is that convener role, the
17 investment and the practice change, the
18 capacity building, and also some of the work
19 around systems change and redesign of systems
20 of delivery.

21 The funding of that kind of role is
22 really critical. We saw that in OneCare
23 Vermont. We heard that from the last sessions.
24 I think really thinking about how do we
25 continue to invest in those integrator roles?
26 I've seen on the ground in practice what

1 happens when we do early investment and then
2 take that infrastructure away, how difficult it
3 makes it for the change to continue. So very
4 important for success in multi-payer alignment
5 and roles. And then also thinking about shared
6 infrastructure, what a difference that makes.
7 So the difference in multi-payer alignment in
8 states that had one HIE and support for the
9 data analytics, advanced payment to really
10 equalize the table with who's at risk, and also
11 thinking about integrated care coordination
12 structures and how that can be disseminated,
13 especially for rural outreach can equalize the
14 table with access to specialty.

15 MR. RAMACHANDRAN: Yeah. Well said,
16 Lauran. Yeah. I think the convener, the
17 infrastructure, I think key elements that we
18 heard as well, like a sort of through line
19 across many sessions, too.

20 Lee?

21 CO-CHAIR MILLS: It was well said,
22 Lauran. I one hundred percent agree with
23 everything that you said. I was struck by --
24 really what these experts who have all been
25 there and done that in the real world
26 emphasized is this isn't really about a metric,

1 a program, an incentive. This is operating at
2 a level way larger than that. This is culture
3 change in a community with community leaders,
4 employers, government agencies at multiple
5 levels, and providers at multiple levels. And
6 so I think that just really struck me that it's
7 clearly not -- you can't issue a program and
8 think it's going to be successful, right?
9 You've really got to take it and do the hard
10 work of culture change management throughout a
11 community, which is, when it's as large as a
12 state, is a multi-year process. So that was
13 very striking.

14 Again, as I'd commented earlier,
15 within the first session especially, was really
16 struck by the unanimity of the opinion that
17 Medicare Advantage has to be part of the
18 portfolio, because only when it's included do
19 you get to, you know, the 60 or 70 percent of a
20 patient population that's required to get
21 engagement, get health systems and providers
22 willing to change what they do. So I think
23 that was really striking. And I guess this
24 last session, just kind of talking about what
25 were the elements that were necessary to get
26 providers to change, and they spoke -- looking

1 for my notes, but they spoke to reliable
2 revenue, multi-year projected reliable revenue,
3 they spoke about simplification and making it
4 easy to understand by the practicing doc and
5 the patients, both. You have to have an
6 actuary to explain it, it's not simple enough,
7 right? So the programs have to essentially
8 insulate both providers and patients from that
9 level of complexity, decrease the burden of
10 program administration, and emphasize the
11 criticality of just predictabilities, which
12 speaks to, you know, a one-year plan with
13 changing metrics and/or benchmarks every year
14 is just probably not going to move the needle.
15 It takes a longer time horizon to affect
16 culture change in a practice environment. So
17 those were all things I took away.

18 MR. RAMACHANDRAN: Great addition.

19 DR. KOSINSKI: I can go next.

20 MR. RAMACHANDRAN: Yeah. Go ahead,
21 Larry. Yeah.

22 DR. KOSINSKI: I'm going to just
23 pile on to what Lee just said. We heard
24 simplification all through the sessions today
25 from multiple speakers, even one saying we
26 should abolish MIPS and revamp the Star

1 program, and I couldn't agree more because from
2 my provider days, I mean, when you've got
3 multiple ACOs, you're participating in multiple
4 health plans you're trying to hit measures
5 with, it's just, it's crazy. So that came out
6 loud and clear. The second point -- oh, and on
7 that simplification, I love the line, whenever
8 you need an actuary to calculate something, you
9 have a barrier. So simplification was one of
10 them. The second line was push from above. We
11 heard that multiple times. And one person even
12 said, if we don't have CMS at the table, it's
13 difficult.

14 So again, that power from the top
15 pushing down on this thing to make sure
16 everybody's participating and we're all going
17 towards the same end. And, you know, the line,
18 believe in it, understand the nuances, and
19 fully fund it, you know, somebody's got to have
20 that kind of influence over it. And the final
21 thing I was intrigued about was in that
22 Pennsylvania program giving the hospitals --
23 abounding their budget. Now, I didn't ask
24 whether they got extra payments for, you know,
25 high-risk, high-intensity services. I'm sure
26 there was a reconciliation that brought all

1 that into the end, they did mention
2 reconciliation, but what was the line? You
3 need predictable revenue to build
4 infrastructure. And so that applies to the
5 physician side, just as well as it provides to
6 the hospital side, though I think, you know,
7 there's infrastructure necessary for the change
8 we're talking about, you need predictable
9 revenue. So you know, in the multi-payer
10 environment here, those three pillars, simplify
11 the system, have push from above from the
12 biggest entity, meaning Medicare and Medicaid,
13 and then revamping the structure of prospective
14 payments. I thought it was a good day.

15 MR. RAMACHANDRAN: Yeah, well said,
16 Larry. Other thoughts, comments?

17 DR. BHANSALI: I can go next. So I
18 really like the way Mike outlined the five key
19 components that need to be simplified around
20 attribution, quality, risk adjustment. I can't
21 remember the other two, but those five key
22 pillars I thought was a good summary of how we
23 need to think about simplification. Fewer
24 programs was another one. And the attribution
25 piece came up again when Karthik spoke, is even
26 if we want to allow Medicare Advantage payers

1 to have creativity around how they create their
2 programs, there are certain components of the
3 program that can be made standardized without
4 necessarily impacting their ability to be
5 creative or innovate, like attribution, for
6 example. And I remember Karthik saying that
7 one of their payers does attribution really
8 well, others don't, and that has a huge impact
9 on how they're able to manage their population.
10 And if Nicholas was able to take a couple of
11 those key things away is that we don't want to
12 stymie innovation and creativity but, at the
13 same time, having certain standardization will
14 allow for better population-based management I
15 think was a good takeaway.

16 MR. RAMACHANDRAN: Great, Henish.
17 Thanks.

18 Other thoughts, folks?

19 DR. LIAO: Yeah, I can jump in.
20 Yeah, I agree with a lot of what's been said.
21 I think one of the grounding things, and I'm
22 glad this was our first session today, was
23 really about kind of like being, kind of
24 entering with humility and being humble about
25 what we're trying to achieve and what we can
26 achieve here. I think it's a little bit more

1 than that. I think as I've listened today and
2 heard responses from our subject matter
3 experts, it strikes me that, you know, where
4 we're talking about alignment, there's kind of
5 this pull towards, like, standardization, what
6 we've called in the PCDT kind of more exact
7 alignment, and then flexibility, which might be
8 -- you think of as, like, directional. You
9 know, as long as you're working on quality in a
10 chronic disease way, we don't have to line up
11 around the details and the specifications. And
12 I don't think they are opposing principles, but
13 I think they're kind of complimentary design
14 levers, what I would call them.

15 And, you know, I think
16 standardization promotes comparability. It
17 helps with oversight. I think flexibility
18 allows innovation, responsiveness to local
19 needs, which is what you want. I think MA
20 provides a really important example of that. I
21 think -- you know, Larry mentioned things
22 around mandatory versus voluntary. I think all
23 these things that we talk about lives on the
24 spectrum of do we want to standardize or
25 promote flexibility? I think I mentioned this
26 a little earlier, but I continue to grapple

1 with what is the policymaker's role in that
2 then? And I think perhaps the best word I can
3 think of, at least today, is calibration,
4 right. So changing flexibility affects certain
5 things and vice versa. There's always a trade-
6 off there. So I think simplification's good,
7 but it has its limits, right? With greater
8 standardization, reduces administrative noise,
9 it makes things simpler. This is good. But it
10 also limits choice and limits ability to be
11 flexible to local needs to kind of map the
12 culture that Laurant and others are talking
13 about.

14 I think we just need to be humble
15 and acknowledge that there's a trade-off there
16 and not pretend it doesn't exist. And I think
17 our speakers helps us kind of realize that
18 today in a kind of real world way. I guess the
19 last thing I would say here is just that, you
20 know, I think we can simplify things. I agree
21 with Henish. I think I agree with Henish. I
22 think we can simplify and align attribution,
23 risk adjustment, quality measurement, et
24 cetera, but I would humbly push back on this
25 idea that, like, these models that we're
26 talking about are inherently hard, right. We

1 just, like, need to acknowledge that, like,
2 fee-for-service works because you know time and
3 materials, parts and labor, and you can kind of
4 map that out as a clinician or as a group.
5 When you're, like, risk-adjusted for what the
6 spending should be for these populations that
7 may or may not be -- it's hard. So you're
8 going to need actuaries, you're going to need
9 statistics, and that's just an inherent part of
10 this. And so I don't want the simplification
11 to overlook that point. Can we make it more
12 rational and standard? You bet. I think it's
13 a dial to calibrate against flexibility and
14 local needs, and I think some of these things
15 are just inherently complex and that's the
16 world we live in. But anyway, great day.

17 MR. RAMACHANDRAN: Yeah --

18 DR. KOSINSKI: You know, Josh, on
19 what you just said, it would really help if
20 what CMS did was to set all those risk
21 adjustment rules, because they're different.
22 Whatever payer you're getting a risk adjustment
23 from, they all have their nuances. And you
24 always suspect that they've created their
25 special nuance just to decrease what they have
26 to pay you so, you know, some standardization

1 there would really be welcomed by everybody.

2 DR. LIAO: Yeah. And I think Larry,
3 I know of all people, you know this, it's like
4 -- I think we all know this, to some -- it's
5 not, like, a yes or no, standardized or not,
6 but it's like what would you standardize and to
7 what degree? And, you know, I thought we
8 started with the easier task today. In the
9 morning, we were talking about insurance
10 vehicles for the elderly in America MA versus -
11 fee-for-service in different flavors of MA.
12 We're wading into much harder case of, like,
13 you know, children and women against seniors in
14 America against employee populations. As we do
15 that, I just think this trade-off is going to
16 be hard, right. Like, acknowledging some
17 complexity is structural and that you can't
18 undo the net cons without losing some of the
19 pros I think is the point here. So --

20 MR. RAMACHANDRAN: Yeah, well said,
21 I think, both of you. I mean, inherently, I
22 think it's harder to simplify it in my mind,
23 where we can align, and these models are just
24 complicated, as Josh has said. Like, when you
25 think about anything that does that global
26 budget, it's like, well, like, how does it

1 compare to my fee-for-service? What's the
2 comparison? What's the adjustment? How do I
3 set the rate for the population? There's a ton
4 of, like, complexity just built in, especially
5 coming from a world where I've had to design
6 some of these models. But I think can be
7 aligned better, can be streamlined better.
8 There's still some, like, good nuggets, I
9 think, today we had. Other folks' thoughts?
10 Happy to share mine, but I figure I'll give you
11 all more room just to share thoughts.

12 DR. LIN: I'd be happy to jump in.

13 MR. RAMACHANDRAN: Yeah, thanks.

14 DR. LIN: Yeah, I agree. It's been
15 a great day. No, I think my big picture
16 takeaway from today is what PTAC has been
17 saying for a long time now, namely that multi-
18 payer alignment is essential to scaling value-
19 based care. But I think what today shed light
20 on is that this alignment must be very
21 pragmatic. So from today's morning session,
22 it's clear that CMS' convening role and/or
23 regional conveners have the potential to
24 accelerate collaboration, yet durable progress
25 really requires standardization around timely
26 data, clear attribution, ideally a concise core

1 quality measure set and equitable payer cost
2 sharing, so providers aren't forced to cross-
3 subsidize transformation. No, I think it's
4 also evident from today's session that a
5 primary care focus seems to be the common
6 linchpin. Strong PCP relationships and
7 reliable attribution methodologies enable early
8 engagement and lower utilization.

9 From the morning session, I was
10 struck by the extent that Medicare Advantage
11 often outperforms Medicare ACO, I think
12 primarily because of better attribution,
13 timelier data, and an expanded toolbox,
14 including, I think as Karthik mentioned,
15 utilization, management, and narrow networks.
16 The afternoon sessions demonstrated valuable
17 state experience showing how to operationalize
18 this Multi-payer reform seems to succeed when
19 a strong mutual convener and inclusive
20 governance facilitates sustained engagement
21 from payers and providers. Also, predictable
22 prospective payment structures and allowing
23 primary care funding seem to reduce provider
24 burden and enable transformation, as well as
25 shared metrics, interoperable data,
26 infrastructure, and up-front investments in

1 practice transformation and analytics are also
2 essential to scale and sustain progress. Some
3 of the unanswered questions for me include how
4 to operationalize Medicare Advantage engagement
5 at scale when managing MA plan heterogeneity.
6 That was mentioned this morning. Which kind of
7 specific core quality measures should be
8 standardized across Medicare project lines
9 without stifling innovation? What kind of
10 legal waiver or market flexibilities are needed
11 to enable sustained payer collaboration and
12 long-term financing and convening? You know, I
13 look forward to hearing how our subject matter
14 experts think about addressing these challenges
15 and others more in tomorrow morning's session.

16 MR. RAMACHANDRAN: Excellent. Thank
17 you, Walter. Lindsay, I think I thought I saw
18 you go off mute, so --

19 DR. BOTSFORD: Yeah, it was a
20 competition there for a minute. Yeah. I mean,
21 I think some of the themes we heard today,
22 while not necessarily specific to multi-payer
23 alignment, warrant probably repeating, and
24 maybe this is repetition again, if I missed it.
25 But, you know, from Michael Chernew was talking
26 about, you know, what do you need to succeed

1 and talking about, you know, systems need
2 stability, not for next year, but for 2030 and
3 years into the future for systems to actually
4 transform. And I think the quote that stood
5 out to me from him was, you know, do less more
6 simply for a longer time horizon. And it seems
7 like we're starting to learn some of those
8 lessons but, you know, maybe it's not just a
9 complex new model as refining existing ones
10 with doing less.

11 I think we heard a couple times just
12 themes around HIE-enabled data sharing, helped
13 increase communication and reduced low-value
14 care by understanding what's been done before
15 and the broader health care ecosystem. And I
16 think also themes of it as the HIE is a public
17 good and how might that further some of the
18 multi-payer alignment, if there were common
19 data. And then I think, you know, when
20 explicitly, kind of, talking about what's the
21 role of the state or the federal government for
22 that matter in multi-payer alignment, you know,
23 it sounds like, and from the Vermont learnings
24 at least, a little more push would've been
25 helpful. And it's not just performance, but
26 it's actually meaningful help along the way and

1 not just quality metrics or whatever it may be.
2 And then similarly, that requirement that
3 payers stay in. So maybe not dictating the
4 exact terms, but there has to be participation
5 and communication for success. Those stood out
6 to me. Thanks, Krishna.

7 MR. RAMACHANDRAN: Yeah, well said.
8 Well-rounded there. Any other ones? Any other
9 folks that haven't gone? I have some comments
10 to add, but I think I'll -- okay, wonderful. I
11 think the challenge of going last is that
12 you've covered much of my own observations as
13 well during the day, but in the spirit of
14 rounding it out, interestingly, I think this
15 whole, you know, back to sort of the speed of
16 trust comment I made in our ask -- one of the
17 questions on it, comes back to that trust
18 alignment, I think, was still such a key piece
19 of this as well. And so that was -- yeah, I
20 thought it was another sort of through line
21 that stood there. And I think there was a
22 comment made on just, like, stakeholder
23 motivations. There's just, obviously, you
24 know, you know, bringing people together, but
25 also making sure that the various parties,
26 payers, providers, other stakeholders, are

1 actually aligned, and we have the motivation to
2 actually align, I thought that was key there.

3 Similar to Lauran's observation, the
4 role of a convener I thought was helpful and
5 needed, whether it's regional or broader,
6 particularly the contracting example, because
7 that's the true reality, right. When these
8 things happen, that multi-payer to multi-
9 provider, there's just sort of a mess of
10 contracting. And certainly the convener has
11 the opportunity to sort of align the
12 contracting, maybe less about reducing
13 complexity as much as just, like, same but
14 different variability. I think the interesting
15 opportunity there from a contracting data, the
16 core dataset, some of you have mentioned as
17 well, I thought that was helpful. And then the
18 shared infrastructure, Lindsay, you and others
19 mentioned that as well from our data reporting.
20 How can technology be a -- consistent
21 technology be an enabler, whether it's an HIE
22 or some other methodology there?

23 Certainly the advancing payments
24 stood out. It just is one of those challenges
25 we've had with just fee-for-service value-based
26 care, particularly the ACOs. It's so delayed

1 and time delayed, and so where we can front
2 load, I think is good, and certainly will help
3 with the engagement and alignment.
4 Particularly, it was good to see the global
5 budget work in Pennsylvania as well on this
6 space there. I also appreciated some of the
7 speaker's comments on just planning as a
8 strategic sort of function there as well. How
9 do we make sure we can create the artifacts
10 that we can reuse to scale I thought was just a
11 sort of under-emphasized, but I thought it was
12 helpful. Be like, you know, it's good
13 governance and good organization can be
14 helpful. And then the sort of push from state
15 policymakers that nudge, I think, was key, as
16 well as just continued stability from our
17 payers and policy folks as well, that it's
18 funding or measures and other things as well.
19 So yeah, those are things that stood out for
20 me, and I think many sprinkled in with all --
21 any of your comments as well. So I appreciate
22 you all.

23 David, I don't know if you were able
24 to get off -- if there anything else you wanted
25 to add as well, so -- we can't hear you if
26 you're saying anything. No, we still don't

1 hear you, David. But maybe just if you want to
2 send out your thoughts via email too, that
3 would be good. We can incorporate it.

4 Yeah, there's no other thoughts,
5 team, yeah, thank you all for obviously your
6 contributions and your, you know, sharing your
7 insights and observations during the day as
8 well. I loved this session a lot just because
9 I feel like you all just look at the world so
10 differently and bring such unique perspectives
11 from your worldview. So it is just always
12 awesome to see how you all see the day and how
13 you bring it together. So one of my favorite
14 parts of these meetings, so thank you all.
15 Maybe I'll give it to Lee for just logistics
16 about tomorrow or other things as well.

17 * **Closing Remarks**

18 CO-CHAIR MILLS: Very good. Thank
19 you so much, Krishna. This time, I want to
20 thank everyone who participated today. Our
21 wonderful session experts, my PTAC colleagues,
22 all the amazing staff that make this possible,
23 and those listening in.

24 We will be back tomorrow for our
25 next session at 9:00 a.m. Eastern time. We'll
26 be joined by four more incredible experts who

1 will share their perspectives on addressing
2 challenges to advance multi-payer alignments.
3 There will also be an opportunity for public
4 comment tomorrow morning at approximately
5 10:50, that's five, zero, a.m. before the
6 meeting concludes with the Committee
7 discussion.

8 * **Adjourn**

9 We hope you will join us then. We
10 look forward to continuing the conversation
11 tomorrow. And thank you for today. The
12 meeting is adjourned. Be well.

13 (Whereupon, the above-entitled
14 matter went off the record at 4:50 p.m.)

C E R T I F I C A T E

This is to certify that the foregoing transcript

In the matter of: PTAC Advisory Committee

Before: PTAC

Date: 02-23-26

Place: virtual meeting

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